

Hemel Hempstead Town FC ProFormance Fives

This tournament is sanctioned by the Hertfordshire FA

U7 to U16 Tournament

All age groups will play 5v5

Maximum squad size is 8 players

2020/21 Season age groups

The competition is an open format, entry will only be confirmed once an entry form is completed, and the fee to play is paid.

The tournament will operate in accordance with the laws of association football In addition the following rules will also apply:-

The tournament will operate as a league format with multiple divisions in each age group. Each game will consist of ten minutes one way.

Following the group stage, there will be a knock-out stage. Two teams from each group will progress. In the event of the scores being equal after normal time, then each team will take five penalties alternately. Any player in the squad can be selected to take the penalties. If the scores are still level after both teams have taken five penalties, then penalties will continue on a sudden death basis.

Roll on roll off substitutes throughout with acknowledgement of the referee.

No drop kicks allowed by goalkeepers in any age group.

We will operate a retreat rule at U7 to U10

There will be no retreat rule from U11 to U16

Goal kicks will be taken from the back line

At restarts, all opponents must be 3m away from the ball

Goalkeeper may not pick the ball up from a back pass at any age

In the event of a clash of colours, the first named team should provide alternative shirts or bibs.

All players must wear shin pads.

Players must wear football boots with moulded studs, the majority of the studs must be round and not blades

Teams shall not contain more than two guest players. Tournament officials will undertake random checks of player eligibility during the group and knockout stages. Players will be expected to produce their league ID cards/team sheet from the Match Day (or if not available some form of proof of age). If a player is unable to produce the appropriate documentation, they will be deemed ineligible and unable to continue playing in the tournament.

A player may only be registered to and take part for one team in the competition.

Points for the league stages are awarded with 3 points for a win, 1 point for a draw, 0 points for a defeat.

All age groups will be run on a competitive basis with knockout stages and published results.

In the event of non-attendance of a team the result will be declared a 0-0 draw.

The first named team shall provide the match ball in accordance with the following; Size 3 for Under 7, 8, 9 and 10, Size 4 for Under 11, 12, 13 and 14 and Size 5 for Under 15 and 16.

League positions will be decided by the following order of priority:-

- Highest number of points awarded
- Head to head result
- Highest goal difference
- Highest number of goals scored
- Toss of a coin

Referees shall control all matches where possible and all misconduct or straight red card offences will be reported to the appropriate County FA.

Sin bins of 2 minutes will apply for yellow cards. A second yellow card will result in a red card for that game, and missing the next game of the tournament.

A red card will mean that player will miss the next game of the tournament.

Teams must arrive at and complete their registration on time, (by 8.45am for the morning sessions and 12.45pm for the afternoon sessions).

All team managers must attend the managers briefing, (at 9.00am for the morning sessions and 1.00pm for the afternoon sessions).

All managers are responsible for ensuring that no single player exceeds the FA guidelines for 'total playing time in one day'.

The referee's decision is final

Covid 19 - Government guidance must be followed when attending this tournament.

Any matter not covered above, will be decided by the Tournament Committee