

HFA Armed Forces Mental Health Awareness Festival 2019

Information of all the Charities/Organisations that supported the Festival can be found here.



Herefordshire Mind – Are a local mental health charity, they believe in supporting people to live lives they want, as fully as possible.

Email info@herefordshire-mind.org.uk

Phone 01432 271643

Website www.herefordshire-mind.org.uk

Address Herefordshire Mind, 130-132 Widemarsh Street, Heffernan House, Hereford, HR4 9HN



St Michaels Hospice – Their mission is to make sure palliative and end of life care is available to all who can benefit from it, regardless of age, gender, diagnosis, social group or location. This includes supporting those people close to the dying person throughout the pre- and post-bereavement stages too.

Email info@st-michaels-hospice.org.uk

Phone 01432 851000

Website www.st-michaels-hospice.org.uk

Address St Michaels Hospice, Bartestree, Hereford, HR1 4HA



Herefordshire Samaritans – Is a unique charity dedicated to reducing feelings of isolation and disconnection that can lead to suicide. Every six seconds, we respond to a call for help.

Email jo@samaritans.org

Phone 116 123 (free on any phone)

Website www.samaritans.org/branches/hereford

Address Herefordshire Samaritans, 44a Berrington Street, Hereford, HR4 0BJ



Hereford Help 4 Heroes/Hereford Volunteers (Army) – thanks to the extraordinary generosity of the public, they are here to provide lifelong support to our wounded and their loved ones.

Email clive.lee@h4hcounty.org.uk

Phone: 07917928810

Website www.helpforheroes.org.uk



Civilian Military Task Group – Are a cross-sector partnership, which is responsible for implementing the Herefordshire Armed Forces Covenant Action Plan.

Email Kate.labarre@herefordshire.gov.uk

Phone 07792882022

Website www.herefordshire.gov.uk/armedforces

Address Corporate Support Division, Herefordshire Council, Plough Lane, Hereford, HR4 0LE



The HFA Youth Council – Are a group of 16-24 year olds who want to support youth players and football in general. They look to encourage young people to have a voice in football. They are always looking for new members to join the Council.

Email: youthcouncil@herefordshirefa.com

Phone: 01432 342179

Website: www.herefordshirefa.com

Address: County Ground, Widemarsh Common, Hereford, HR4 9NA



The Cart Shed – Is a charity based in North Herefordshire that offers opportunities to try something new and improve well-being; to find friendships, a sense of belonging and a place of calm, in a supportive, caring environment.

Email info@thecartshed.co.uk

Phone 01544 318231/07796421373

Website www.thecartshed.co.uk

Address: The Cart Shed, Deverux Wotton, Norton Canon, Herefordshire, HR4 8QN.



Supporting disabled people since 1996

Service for Independent Living –They provide services that enable disabled and older people to live independent lives in their own homes within their own community. They support people with learning difficulties, physical impairments, mental health issues including dementia, older people and family carers.

Email contactus@s4il.co.uk

Phone 01568 616653

Website <https://www.s4il.co.uk/>

Address Services for Independent Living, 1 Owen Way, Leominster Enterprise Park, Leominster, HR6 0LA

Couple of people we would also like to thank;

Mike Darley – Festival Official: Was our official for the day refereeing all 3 games on the day. He did a cracking job and brilliantly donated all his match fees to mental health, extremely generous gesture.

Helen Warwick – Photographer: Her dad was in the Armed Forces and offered her time for free to get some great action shots on the day. (Credit all photos to Helen) You can see all photos on this link <http://bit.ly/2LdfUY3>

Sponsors

Big thank you to our two main sponsors who donated a overwhelming amount to sponsor the festival. The money they donated will go a long way in helping people in Herefordshire who are seeking help, support or guidance with mental health. It is brilliant to see local companies invest in the community and I know everyone associated with the HFA Armed Forces Mental Health Festival are very grateful for their generosity.

SC Joseph Ltd – With over 50 years experience in the construction industry, S C Joseph Ltd work on domestic, commercial and industrial projects across Hereford and Herefordshire. They employ a dedicated team of personnel who are all fully qualified in their fields, carrying out their duties with utmost professionalism and delivering fantastic results.

County Building Supplies – were established in 1987 by Martyn Rees and David Lloyd, with one old Transit pickup and a single employee. Today the company employs over 90 staff in 10 locations, with a fleet of vehicles offering deliveries daily to customers throughout Cheltenham, Coventry, Drotwich, Evesham, Malvern, Hereford, Monmouth, Nuneaton and surrounding areas.

Useful contacts who also supported the festival

Hereford Times

The Hereford Times – Email news@herefordtimes.com | Phone 01432 845805 | Website www.herefordtimes.com | Address Hereford Times, Holmer Road, Hereford, HR4 9UJ



Sunshine Radio – Phone 01432 360246 | Website www.sunshineradio.co.uk | Address Penn House, 9-10 Broad Street, Hereford, HR4 9AP



United In The Community (UITC) – Email admin@uitc.uk.com
Address UITC, Field Grove View, Hereford, HR1 1AW



Hereford United Supporters Trust (HUST) – Website www.hufctrust.co.uk

Sandys Food Bar – Email sandysfoodbar@gmail.com | Address Sandy's Food Bar, Widemarsh Street, Hereford HR4 9HF

iDoEntertainments – Email iDo-Entertainments@outlook.com

Other Useful Links

- Mental Health Foundation <https://www.mentalhealth.org.uk/>
- Mind www.mind.org.uk
- NHS www.nhs.uk
- Mental Health UK <https://mentalhealth-uk.org/>
- Better Health www.betterhelp.com
- Wish Herefordshire www.wisherefordshire.org
- NHS 2gether www.2gether.nhs.uk
- Rethink Mental Illness www.rethink.org

Mental Health articles can be found here;

- Guardian newspaper <http://bit.ly/2U3DtnP>
- Mental Health <http://bit.ly/2ZcKx7l>
- Help Guide <http://bit.ly/33JxhWe>
- BBC News <https://bbc.in/31SORp2>

BIG THANK YOU

To everyone who supported the Festival it has been truly phenomenal and without doubt has helped emphasise the importance of looking after your mental health and wellbeing across Herefordshire. We look forward to next years Festival and hope to make it bigger and better.

Team Herefordshire FA.