



Guidelines for Temporary Dismissals (sin bins) – Adaption for Disability Football Leagues

The temporary dismissal period

There have been questions around how long the dismissal period in disability football should be with the games being a lot shorter.

We recognise that disability football leagues tend to play at a central venue, with between 10 and 20 minute games, so the recommended 10 minute dismissal for a 90 minute game would need to be reduced.

After taking advice from The FA Judicial Services Department, we suggest:

- 10 to 15 minute games = 2 minute suspension
- 16 to 20 minute games = 3 minute suspension

With a common sense increase in suspension time if the games are any longer.

Please refer to the generic guidelines for temporary dismissals (sin bins) for any other queries.

Disability Development Team

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