



**Wash**  
your hands  
often



Use your **OWN** drink and  
make sure it's **labelled**

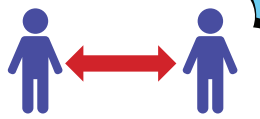


# HOW TO PLAY YOUR PART

For junior footballers



**Avoid touching**  
the ball and equipment



Keep a **2 metre**  
distance  
where possible



Be **KIND**  
and be **SAFE**



**Don't attend** training or  
games if you do not feel well

