

CHOOSE

RESPECT

CHOOSE RESPECT IN GRASSROOTS FOOTBALL CLUBS THIS ANTI-BULLYING WEEK & ODD SOCKS DAY 2024



In grassroots football, respect, inclusivity and safety are not just essential on the pitch but also off it. These values underpin the spirit of working together, fair play, and enjoyment within your club. Ensuring a safe and inclusive environment for everyone is crucial, where differences are embraced, and all participants are valued.



ANTI-BULLYING WEEK 2024: CHOOSE RESPECT

Anti-Bullying Week is a campaign coordinated by the Anti-Bullying Alliance. This year it is taking place from **Monday 11th to Friday 15th November** with the theme "**Choose Respect**". We want to encourage conversations this year about the fine line between banter and bullying.

Odd Socks day falls on **Tuesday 12th November** and we want to encourage adults and children to wear odd socks, to celebrate what makes us all **unique!**

"This Anti-Bullying Week we want to empower children and young people to not resort to bullying, even when we disagree and remind adults to lead by example, both on and off the football pitch." -Martha Evans, Director of the Anti-Bullying Alliance.

The Anti-Bullying Alliance defines bullying as: "The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. Bullying can be physical, verbal or psychological. It can happen face-to-face or online."

FA 'Give respect' standard: 'we always treat others as we'd like to be treated'

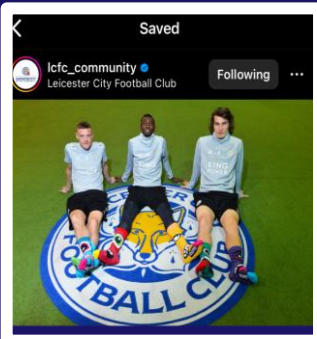
HOW CAN YOUR CLUB GET INVOLVED?

- 1. Choose Respect:** Spread the message of Anti-Bullying Week by choosing respect. Encourage a culture of kindness and acceptance, and remind adults to lead by example. We have activity resources on our [website](#).
- 2. Parent resources:** Share Anti-Bullying resources for parents and carers within your club. You can find our parent and carer toolkit [here](#).
- 3. Odd Socks Day:** Join the fun by wearing odd socks on any day of Anti-Bullying week. You can also take photos and tag us in any that you post online. Find out how to get involved on social media [here](#).
- 4. The FA Grassroots code** helps children understand how they should behave whilst at football by giving respect and being inclusive. Find the code and how to help children understand them [here](#)

SHARING YOUR ACTIVITY: Let football know how your club is promoting Anti-Bullying Week and Odd Socks Day on social media. Tag us (@abaonline on X and @AntiBullyingAlliance on Instagram and TikTok) and use the hashtags **#AntiBullyingWeek**, **#ChooseRespect** and **#OddSocksDay**. Choose Respect this Anti-Bullying week!

Learn more about Anti-Bullying Week and Odd Socks Day at www.anti-bullyingalliance.org.uk/abw and get in touch with us at aba@ncb.org.uk. Join us in fostering a culture of respect and acceptance on and off the pitch.

 ANTI-BULLYING ALLIANCE



© National Children's Bureau - Registered charity No. 258825. Registered in England and Wales No. 952717. Registered office: 23 Mentmore Terrace, Hackney, London E8 3PN. A Company Limited by Guarantee.

 ANTI-BULLYING ALLIANCE

ORGANISER

 CHOOSE RESPECT

#ANTIBULLYINGWEEK