



TEAM SHEET

PLEASE COMPLETE IN BLOCK LETTERS



DISTRIBUTION: Top Copy - To be handed to opponents prior to kick-off;
Second Copy - To be handed to Referee prior to kick-off; **Bottom Copy** - To be retained.

TEAM:			DATE OF MATCH:		
COMPETITION: <small>i.e., Essex Saturday Junior Cup, Essex Cassels Under 16s Cup</small>					
ACTUAL KICK-OFF TIME:		ROUND:		MATCH No:	

Colours					
OUTFIELD	Shirts		Shorts		Socks
GK	Shirt		Shorts		Socks

EXTRA-TIME
If scores are level, extra-time is played in all County Cups, with the exception of the Essex Senior Cup, Thames-Side Trophy & Tolleshunt D'Arcy Cup

TEAM DETAILS

Shirt No.	Surname	Firstname

NOMINATED SUBSTITUTES

*Five (5) substitutes can be named and five (5) used. REPEATED substitutes are permitted in ALL competitions with the exception of the below:
 Essex Senior Cup: Maximum five (5) named and maximum three (3) used, not repeated.
 Women's Cup, Tolleshunt D'Arcy Cup, Thames-Side Trophy: Maximum five (5) used, not repeated.*

Shirt No.	Surname	Firstname

REFEREE DETAILS

Referee Name:

Assistant Referees: &

Note sin bins are used in all County Cup ties (except Essex Senior Cup).

Signed Club FC