

GUIDE TO A COACHES WORKSHOP

#PlayYourPart

Creating a united grassroots football environment
which delivers football opportunity For All



WHY HOLD A COACHES WORKSHOP?

- Align coaches with the club's Mission, Vision & Values
- To introduce key club committee members and meet other coaches
- To prepare for the season ahead

WHAT COULD BE INCLUDED?

- Highlight positive coaching behaviours
- Signpost to learning and support opportunities
- Promote good practice and share coaching ideas
- We have created a template presentation which you can personalise for your club – downloadable from our website www.essexfa.com/leagues-and-clubs/matchday-environment

WHEN IS THE BEST TIME TO HOLD A WORKSHOP?

- Ideally before the season starts
- You could also arrange a mid-season & end of season get together
- Consult with the coaches, in order to maximise attendance

WHERE COULD YOU HOLD THE WORKSHOP?

- Club venue
- Local school hall
- Community centre

HOW COULD THE WORKSHOP BE DELIVERED?

- It could be led by your club's Chairperson, Secretary & Welfare Officer
- Keep it brief – no more than one hour
- Try to engage coaches with a mixture of information giving & engaging discussion

Many clubs have fed back that this is a great way to kick-off the season, with coaches feeling more confident and supported in their roles.

We'd love to hear from Clubs that host a Coaches Workshop.

Please tweet @essexcountyfa @clubname have hosted our Coaches Workshop #PlayYourPart

For more information or support please contact your local Coach Development Team in the first instance: www.essexfa.com/about/contact-us

