

Introduction to discipline

All club discipline is now administered via the Whole Game Portal.

The Whole Game System allows clubs to administer disciplinary paperwork. Clubs will be notified about any disciplinary actions immediately via the online system.

Please note; the below are to be used as general guidelines and may differ depending on the offence / situation. For more detailed information, please contact the County office.

Cautions (Yellow Card);

When a club receives a caution, the secretary must acknowledge this via the Whole Game System by the due date.

Cautions **on average** cost £10.

If a player receives a SIN BIN then no fine will be applied, unless the player receives two in one match.

A player can pick up a suspension from a caution/SIN BIN from accumulating too many during certain time periods (Please note that cautions in a friendly match do not count towards these thresholds;

5 cautions before 31st December = 1 match ban

10 Cautions before the second Sunday of April = 2 match ban

15 cautions before the end of the season = 3 match ban.

Stand Charge (Red Card);

When a club receives a caution, the secretary must acknowledge this via the Whole Game System by the due date.

Red cards for two yellows / SIN BINS cost £30.00

Straight Red cards cost £40.00 - £55.00 depending on the offence.

A suspension is always applied when a player receives a red card, the duration of the suspension depends on the offence and details of this can be found on the Whole Game System.

Suspension's start 7 days after the date of the offence. This means a player CAN play in-between the date of the offence and the suspension start date.

Misconduct Charge;

If your club receives a misconduct charge, please contact the County HQ on 01626 332077 for more information on how to proceed.

SINE DIE;

If a player appears as suspended (SINE DIE) on your Whole Game System, this means they owe money to the County, a club or League. Contact the County HQ for more information.

Appeals;

The time frame for appeals against red cards is 48 hours after the fixture (Not including Sundays). Be sure to submit intent to appeal (email) as soon as possible to avoid your appeal being refused.

Whole Game System - <https://wholegame.thefa.com/Account/Login>.

Instructional Video - <https://www.youtube.com/watch?v=r0IT0HJ3c0Q>

Sin Bins

Temporary Dismissals - otherwise known as 'sin bins' - will become mandatory for matters of dissent across all of grassroots football from the 2019/20 season.



HOW DO YOU FIND YOURSELF IN THE SIN BIN?



Players will only go in to the sin bin for dissent cautions



For use of words or gestures questioning or undermining the ref's decisions



EXAMPLES OF DISSENT

- Shouting at the ref
- Questioning ref's ability
- Slamming the ball in to the ground
- Sarcastically clapping a decision

DURATION OF A SIN BIN



For matches of 90 minutes, players spend 10 minutes in the sin bin



For matches of all other lengths, players spend 8 minutes in the sin bin



If the sin bin period has not expired at the end of:

- 1st half: Continues into 2nd half
- 2nd half: Continues into extra time
- Extra time: Player can participate in penalties

THE MATCH DAY PROCESS



Dissent



Dissent caution: Ref issues a yellow card and directs the player to the touchline



Player can't be substituted until period expires and not if all subs have been made



Whilst in the sin bin, if the player commits a yellow or red card offence they can't take any further part in the game and can't be substituted



If the player commits a 2nd dissent caution and has already been booked, they will take no further part in the game and can't be substituted



If the player commits a 2nd dissent caution and no other offences, they will receive a 2nd sin bin. After which they can't take any further part in the game but can be substituted



If the player commits a yellow card offence on the field of play in addition to a period in the sin bin, they will continue to play



Ref decides when player returns to play

FOUL AND ABUSIVE LANGUAGE IS STILL A RED CARD OFFENCE!