



NEED SOMEONE  
TO TALK TO?

CONTACT  
YOUR CLUB'S

WELFARE  
OFFICER

Name:

Tel:

Email:

If you are unable to contact your club's Welfare Officer and it is essential you get immediate help/advice call the NSPCC 24hour Helpline for advice on: **0808 800 5000** or contact the Police or your local Children's Services Office. For more general information on safeguarding go to: [www.TheFA.com/Safeguarding](http://www.TheFA.com/Safeguarding)