



## Support Cumberland FA's KEEP UP PLAY SAFE campaign

Cumberland FA's 'Keep up Play Safe' campaign is to highlight that everyone involved with youth football, 16/17-year-olds in open football, and those who work with Adults at Risk have a role to play in safeguarding, whether you are a spectator, volunteer, or player.

**We ALL need to take responsibility!**

**Here are some things that you can do (this list is not exhaustive) to support safeguarding across grassroots football in Cumberland:**

### Clubs

- As a club chairman, I '**Keep Up to Play Safe**' by knowing that all committee members need to have done safeguarding training
- As a club secretary, I '**Keep Up to Play Safe**' by making sure our club has an up-to-date safeguarding policy.
- As a member of my club committee, I '**Keep Up to Play Safe**' by knowing what the FA's whistle blowing policy is.
- As a club welfare officer, I '**Keep Up to Play Safe**' by ensuring that all our club coaches and volunteers have up to date DBS checks.
- As a club welfare officer, I '**Keep Up to Play Safe**' safe by making sure that coaches and volunteers have in date safeguarding training.
- As a club welfare officer, I '**Keep Up to Play Safe**' by ensuring that everyone in my club knows who I am.
- As a club welfare officer, I '**Keep Up to Play Safe**' by making sure club members know how to report any concerns they may have to me.

### Coaches

- As a coach I '**Keep Up to Play Safe**' by signing up to my club's code of conduct and understand what behaviour is expected from me.
- As I coach I '**Keep Up to Play Safe**' by knowing who my club welfare officer is and how to report concerns I may have about a child.
- As a coach I '**Keep Up to Play Safe**' by keeping my DBS and safeguarding training up to date.
- As a coach I '**Keep Up to Play Safe**' by checking in with my players regularly and can recognise when something isn't right.
- As a coach, I '**Keep Up to Play Safe**' by keeping the number for the NSPCC in my phone.



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### League Welfare Officer

- As a League Welfare Officer, I '**Keep Up to Play Safe**' by ensuring the clubs in my league know who I am and how to contact me with concerns.

### Parents / Carers

- As a parent, I '**Keep Up to Play Safe**' by knowing that we all need to take responsibility for safeguarding.
- As a parent, I '**Keep Up to Play Safe**' by knowing who my child coach is, and that they are DBS checked.
- As a parent, I '**Keep Up to Play Safe**' by knowing who my club welfare officer is and how to contact them if I have any concerns.
- As a parent, I '**Keep Up to Play Safe**' by signing up to my club's code of conduct and understand what type of behaviour is expected from me.
- As a parent, I '**Keep Up to Play Safe**' by reading my clubs safeguarding policy.
- As a parent, I '**Keep Up to Play Safe**' by encouraging my child to talk to me about any concerns they may have at football.
- As a parent, I '**Keep Up to Play Safe**' by knowing what poor practice looks like and how to report it.
- As a parent, I '**Keep Up to Play Safe**' by knowing that I can contact the NSPCC for general advice.

### Players (u8 to and including U14 and to include disability teams)

- I '**Keep Up to Play Safe**' by knowing that football should be fun
- I '**Keep Up to Play Safe**' by knowing that I should always feel safe when I play football
- I '**Keep Up to Play Safe**' by knowing that if a coaches behaviour makes me feel uncomfortable or worried that I need to tell someone
- I '**Keep Up to Play Safe**' by knowing that I have signed up to my club's players code of conduct
- I '**Keep Up to Play Safe**' by knowing what behaviour is expected from me at training and matches
- We need you all to '**Keep Up to Play Safe**' to help make sure that we can play the game we love in a fun and safe environment



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### Older children (16/17/18-year-olds and adults at risk)

- I 'Keep Up to Play Safe' by knowing that my coach is DBS checked.
- I 'Keep Up to Play Safe' by knowing that we have a club welfare officer that I can talk to if I need to.
- I 'Keep Up to Play Safe' by knowing what appropriate behaviour looks like and how to report something that isn't right.
- I 'Keep Up to Play Safe' by knowing I have the right to feel safe on and offline.
- I 'Keep Up to Play Safe' by knowing that I have the right not to be discriminated against for any reason.

### Referees

- I 'Keep Up to Play Safe' by knowing my DBS check and safeguarding education are up to date.
- I 'Keep Up to Play Safe' by wearing a yellow armband to show I am a youth referee in football.
- I 'Keep Up to Play Safe' by knowing how to report any concerns I may have relating to a child or poor practice to my County FA Designated Safeguarding Officer.
- I 'Keep Up to Play Safe' by reporting any misconduct against me during a match.
- I 'Keep Up to Play Safe' by helping to ensure that football is played in a fun and safe environment using the laws of the game to help protect players during matches.

**Cumberland FA's Designated Safeguarding Officer is Mel Sandwith**

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**Do you know who your Club and League Welfare Officers?**