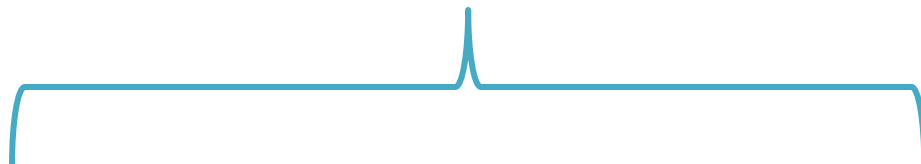




Young Leader Academy





Local football wouldn't exist without the army of volunteers who turn out each week to support our national Game.

Part of this army are young volunteers that undertake a variety of roles within local football from coaching and refereeing, to finance and marketing. Now more than ever, local grassroots football can provide young volunteers with a platform to develop professional skills in practical situations.

Do you love football? Perhaps, you're playing the game on a regular basis, coaching at your local club or refereeing in your spare time but want to do something more.

Look no further, the CFA Young Leader Academy is for you!



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What is the CFA Young Leader Academy...?

The Young Leader Academy (YLA) offers young people aged between 14-21 a hub to gain valuable experiences and develop skills that can be applied to all walks of life. The YLA Programme allows young people to further their knowledge and gain insight into various roles within football. For many the programme can offer the start of a great adventure through volunteering in sport.

What is involved in the YLA...?

From courses and qualifications, to supporting events and local projects, to coaching in clubs and developing the game; the YLA programme offers a selection of strands young leaders can focus their learning. These strands include:

- Respect
- Refereeing
- Coaching and Working with Teams
- Promoting the Game
- Running and Supporting Events
- Developing the game

With regular hub nights, meet up's and events the YLA programme is a great way to meet likeminded Young Leaders from around the County with opportunities to attend a National Young Leader camp at St Georges Park.

What will I get out of the YLA...?

- The chance to gain new skills and experiences to put on your CV.
- Employability Skills.
- Recognition and Awards for your volunteering and work.
- Opportunity to gain Qualifications.
- Be part of the future of the CFA Volunteer Workforce.

How to get involved...?

Register online here -

Don't miss out, register before 10th September 2018. First 10 applicants to sign up get a 18/19 YLA Nike T-shirt.

All YLA applicants will be invited to an Intro night on Wednesday 19th September 2018 6pm at Cumberland FA HQ, Cockermouth.

1. Coaching and Working with Teams

Whether this be with school teams, college teams or in a charter standard club we will support you in finding the right environment for you to work and coach with teams. This can be anything from assisting an experienced coach, to running one-off sessions, to working with a team on a regular basis.

2. Refereeing

Whether you have a referee qualification already or not, we can support you in gaining the right experience through our referee development programme. You can referee games in clubs, schools or leagues, anything from mini soccer to disability football to Womens football.

3. Running and Supporting Events

This can be anything from supporting your local club run a summer festival or working with the County FA to run large scale county events. We will provide you a calendar of events and opportunities for you to sign up to and support.

4. Running and Developing the Game

Assisting in the running of a charter standard club or league or schools football. This can involve supporting the fixture secretary, taking minutes at committee meetings or writing development plans to increase participation.

5. Promoting the Game

Promoting the game can be simple, anything from creating and monitoring social media accounts for clubs, leagues or programmes; to photography, report writing, website editing. With a designated Marketing and communication officer, we aim to support young people with a passion to promote our wonderful game.

6. RESPECT Ambassador

This area of the game is one of the most important; ensuring players have signed up to the Respect Code of Conducts, putting up Respect barriers, ensuring teams understand the competition rules and regulations etc. This work will ensure clubs, leagues, schools and colleges Respect Practices are adhered and is rewarded through the programme.

Events / Courses / CPD

Event / Programme	Strand	Date (s) & Times	Venue	Price
Girls County Futsal Competition	Running & Supporting events / Refereeing M&C Promoting	Jan/Feb 2019	Sands Centre, Carlisle & Multi Sites	Free
County Cup Finals Juniors and Adults	Running & Supporting events / M&C Promoting	May 2019	Multi sites	Free
Cumberland FA Charter Standard Festival	Running & Supporting events / Refereeing M&C Promoting	Saturday 1 st and Sunday 2 nd June 2019	French Field, Penrith CA11 8UU	Free
The Cumberland Ability Counts League	Refereeing Coaching and working with teams Running & Supporting events	Every 2 nd Tuesday of the month	Penrith Leisure Centre, Penrith	Free
CPD Events & Courses				
How we Coach – Age & Phase Coaching Philosophy	Coaching and Working with teams	Thursday 27 th September 2018 18:15 – 20:45	Gillford Park, Carlisle	Free for YLA members
How we Coach – Coaching Practices to Deal with Difference	Coaching and Working with teams	Thursday 6 th December 2018 18:15 – 20:45	Whitehaven AFC, Whitehaven	Free for YLA members
How we Coach – Preparing for Match Day	Coaching and Working with teams	Thursday 7 th February 2019 18:15 – 20:45	Gillford Park, Carlisle	Free for YLA members
How we Coach - Preseason Training across three phases	Coaching and Working with teams	Thursday 30 th May 2019 18:45 – 20:45	Frenchfield, penrith	Free for YLA members
FA Level 1 Coaching Course	Coaching and Working with teams	September/October 2018 TBC	TBC	£150
FA Level 2 Coaching Course	Coaching and Working with teams	4 th November 2018 start date	Frenchfield, Penrith	£250
FA Level 3 (UEFA B) Prep course	Coaching and Working with teams	14 th September 2018	Frenchfield, Penrith	£105

For more information on Courses and CPD events, please contact James.Reid@CumberlandFA.com or call 07918083637