

Cumberland FA

YOUR GAME, YOUR COUNTY FA...



SUNDAY 6 SEPTEMBER 2020

SUNDAY CUP FINAL

Northside FC

v

Inter Pirelli FC

Brought to you by

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Cumberland FA

County Cups

Supported by



A Message from the Chairman of Cumberland FA

Season 2019-20

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Fred Conway

Chief Executive

Ben Snowdon

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www.CumberlandFA.com

On behalf of Cumberland Football Association, I would like to welcome you to the 2019-20 Sunday Cup Final.

In a year which has seen football curtailed, we are delighted to be able to conclude a number of our County Cup competitions, supported by Cumbrian Cottages with the Sunday Cup the first of 6 Finals to be played in September.

Football was quite rightly put on hold earlier this year and we have seen how important the phased return of football across the County has been to everyone, from players, volunteers, referees and supporters. With this in mind, the County Cup Final experiences will be different this time (as everything is at the moment), but we are grateful to the teams and local football volunteers who have enabled us to provide this occasion.

Our sincere thanks are also due to the volunteers of the host venue Mirehouse AFC, who's support has enabled us to conclude this competition.

We're expecting some entertaining and quality football to be played with two highly rated Sunday league teams.

Good luck to all involved, may the best team win.

Mr Fred Conway
Chairman, Cumberland FA

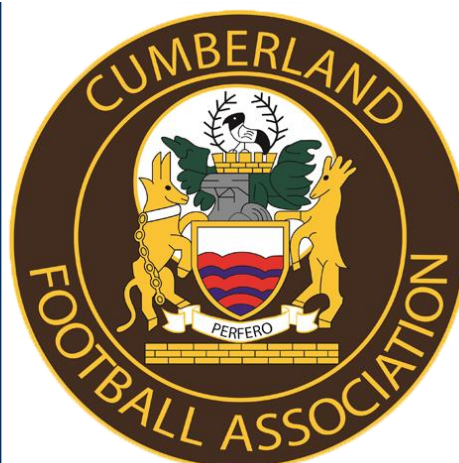


Cumberland FA are proud to partner with Cumbrian Cottages for the 2019-20 County Cup competitions.

It's the first time Cumbrian Cottages have got involved in the Grassroots game in Cumberland which has helped to raise the profile of the beautiful County, with holiday cottages and football in fantastic locations.

The partnership brought a number of live Facebook draws from some beautiful holiday cottages across Cumberland raising the profile of both the County Cups and Cumbrian Cottages.

The 'Team of the Round' also returned in the Cumberland Cup thanks to the support from Cumbrian Cottages.



Who are Cumbrian Cottages?

Cumbrian Cottages is part of the Cottages.com family, the UK's number one holiday letting agents. Cumbrian Cottages provide a friendly and face-to-face service to help those with homes across Cumbria let their property to holidaymakers.

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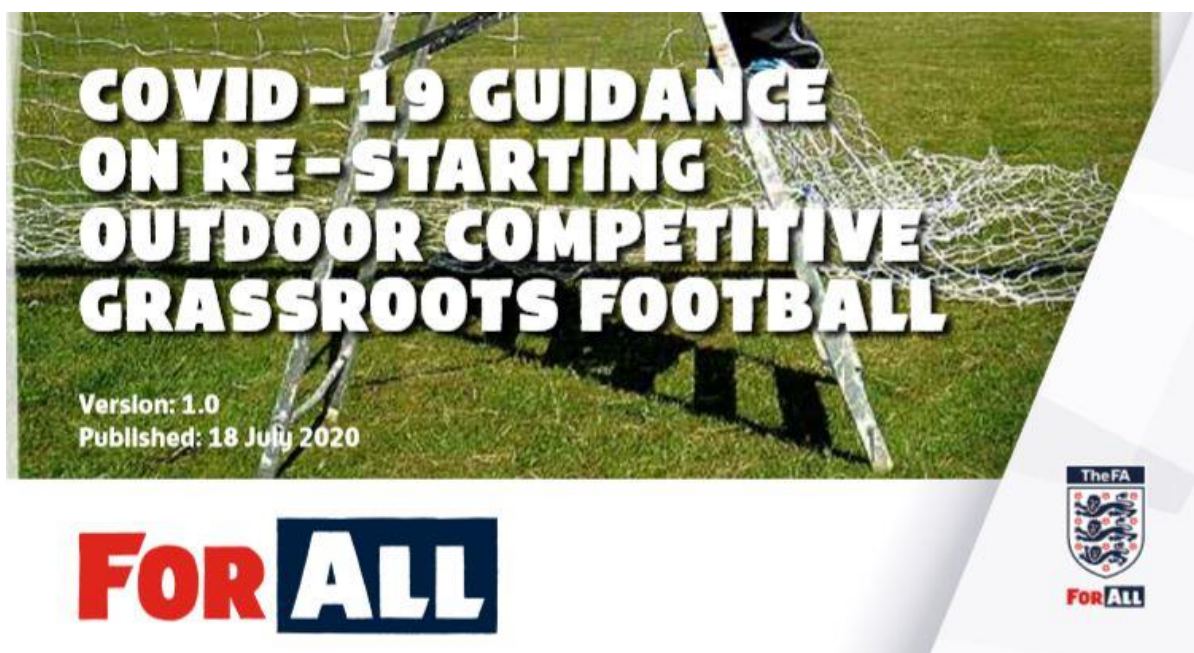
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Visit our website for the latest FA Guidance

[THE FA ISSUES GUIDELINES FOR THE RETURN OF OUTDOOR COMPETITIVE GRASSROOTS FOOTBALL](#)

Updated Guidance 18 July 2020

RESPECT NEEDS YOU

The FA's **Respect** Programme is based on a collective responsibility to promote what is good about football and deal with anything that diminishes the nation's favourite game.

Whether you're a Referee, a Player, a Coach, a Parent, a Spectator or a Club or League Official we all have a responsibility to create a fair, safe and enjoyable environment in which children can play football.

For more information please visit www.thefa.com/my-football/more/respect/

*Who encourages respect for
players and supporters
on your match days?*



SUNDAY CUP FINALIST

2019 / 20

NORTHSIDE FC



Route to the Final

Round One	Northside FC	18 - 1	The Junction Workington FC Sunday
Round Two	Northside FC	6 - 1	St Bees Athletic
Round Three	Northside FC	2 - 0	Deer Orchard
Quarter Final	Northside FC	6 - 1	Dearham Commercial
Semi Final	Northside FC	3 - 1	Glasson Gardeners

Team Squad

Jamie Moore, Jamie Glover, Callum Doyle, Jamie Bramley, Steven Hampton, Byran Todd, Andrew Mitchell, Tony Berwick, Mike Kilgour, Adam Kilgour, Darren Little, Callum Killick, Kyle Galea, Antony Zajac, Dean Anderson, Jamie Williamson, Gareth O'Leary, Mark Surtees, Dylan Kenny, Lee Bowman, Stefan Scott, Kurt Scott, John Price, Brad Tatton, Michael Graham

Northside FC play in the Workington and District Sunday League

Jamie Moore commented ahead of the Final *"Getting to the final of the Sunday County Cup is the pinnacle for a lot of our players, it's one trophy we have never been able to get our hands on for the best part of 20 years since this club was formed."*

"There are still a couple players from day one who are currently in the squad for the Final, so this means a lot to them. We are excited for the challenge of Inter Pirelli who are an excellent team and reigning champions."

SUNDAY CUP FINALIST

2019 / 20

INTER PIRELLI FC



Route to the Final

Round One	Wheatsheaf	0 - 3	Inter Pirelli
Round Two	Jovial Sailor	2 - 3	Inter Pirelli
Round Three	Inter Pirelli	4 - 0	Denton Holme FC
Quarter Final	Stanwix Crown	1 - 11	Inter Pirelli
Semi Final	Currock	1 - 2	Inter Pirelli

Team Squad

Luke Miller, Ben Campbell, Craig Mccue, Tyler Bowman, Jack Irving, Andrew Lewis, Jamie Stalker, Ellis James, Kelvin James, Ellis Pearson, Jordan Pritchard Farish, Kieron Blair, Ricky James, Ben Davidson, James Davidson, Matthew Blu Martin

Reigning Sunday Cup Champions Inter Pirelli FC play in the Carlisle City Sunday League.



Matthew Blu Martin told us ahead of the Final *"It means everything to us especially as we are defending it, it's the cup everyone wants to win and there's no better feeling than winning a cup final with your mates."*



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Formed in 2011, the Ability Counts League offers regular playing opportunities to disabled players aged 16 and over. Fixtures are held once a month between March and October, with teams from across Cumberland taking part at a central venue in Carlisle.

With continued support from Cumberland Building Society the League has been renamed 'The **Cumberland Ability Counts League**'

The Cumberland
In partnership with



The NEW Cumberland Walking Football League began across Cumberland in 2019 with players aged 50+ playing regular festival and league fixtures at central venues.

Contact Ray.Sempill@CumberlandFA.com for more details or 07807 665543

Tough times like these can leave us feeling stressed, anxious and out of control. Don't go through it alone.

Reach Out and Talk

There is hope

Samaritans Call: 116 123 24/7 365 days a year	CALM 0800 58 58 58 Men's helpline 5pm-Midnight
Shout Text Shout to 85258 24/7 Crisis Text Line	Papyrus 0800 068 4141 Young people's helpline 2-10pm

Every life matters

Find out where to get help and support at www.every-life-matters.org.uk

Suicide Safer Cumbria



2019-20 COUNTY CUP FINALS

Given the current circumstances with regards to Covid-19 there have had to be a number of concessions made on the usual Cup Final experience in order that we can ensure social distancing, safety and most importantly the ability to play the game, in line with both government and FA guidance

Ben Snowdon, Cumberland FA CEO stated *"It has always been our wish as a County FA to allow spectators into the final. However, this had to be done in a way that we can ensure that spectators always remain social distant whilst attending the final."*

Following numerous discussions with our Health and Safety consultant we have reached a compromise that allows a limited number of spectators to attend the Final.

Therefore, both clubs have been provided with 40 FREE tickets each

The facility is a private facility and therefore entry will be by ticket only.

ANY SUPPORTERS OR FRIENDS WITHOUT A TICKET ARE ASKED NOT TO ATTEND.

Spectators will be asked to wear a face mask or face covering on entry to the ground and before entering the bar area (Spectators will need to provide their own).

Please visit the [news section on our website](#) for more information on the Sunday Cup Final.

As stated in previous guidance (which should be happening across grassroots football), the County Cup Final will be adhering to:

- There will be no Pre-match handshake. Instead players will be asked to hand-sanitise before kick-off;
- Team talk huddles should not take place. Team talks can take place, if social distancing is observed and held outdoors;
- Warm-ups/cool-downs should always observe social distancing;
- Coaches, other team staff and substitutes are allowed, but must also always observe social distancing on touchlines. Social-distancing must also be observed during interactions when a substitution is being made;
- Match preparation meetings by officials should be held by video call, telephone call or outside;
- Set plays – free kicks: referees and coaches should encourage players to get on with the game and not unnecessarily prolong set play set-up, such as defensive walls;
- Set plays – corners should also be taken promptly to limit prolonged close marking
- Goal celebrations should be avoided;
- Interactions with referees and match assistants should only happen with players observing social distancing.

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