



SIN BINS

Any youth player who shows 'dissent' towards a referee or assistant referee (linesman) may be sin binned. This means you might be shown a yellow card and you will be asked to leave the field of play for either 8 or 10 minutes.

So what is dissent? To avoid being sin binned when you next play take a look at the different types of behaviours which are classed as dissent.

- Clapping sarcastically towards the referee or assistant!
- Questioning the referee or assistant referees decisions!
- Making sarcastic or rude comments towards any match official!
- Kicking the ball away in anger!

Swearing at any match official or linesman is not dissent, but may result in you being shown a red card!



We only do positive. 😊

