



Welcome to the Cornwall FA Coach Education Newsletter!

Welcome to the Summer edition of Cornwall FA's Coach Education E-Newsletter, a publication bringing you all the latest news, stories, course updates and much more from around the County.

There are many great events and courses across Cornwall for yourself, coaches, parents and helpers at your club to come along to. We have a great range to choose from across the County and we will continue to run new and varied events throughout the 2019-2020 Season.

FA MENTOR PROGRAMME READY FOR A NEW SEASON OF SUPPORT!

The FA Coach Mentor programme represents a major investment in the grassroots game and offers on-the-ground support to FA Charter Standard Clubs, leagues and target groups. The FA sees the development of coaches as central to the development of the game and working collaboratively accelerates learning and supports coaches' development.

Mentoring support for coaches in Cornwall could include:

- Developing a whole club philosophy
- Group coaching demonstrations
- 1:1 observation and support
- Signposting to relevant courses and events
- Modelling of coaching sessions
- An individual learning programme

For season 2019/20 we will be focusing our coach mentoring support in the following areas:

Qualification support – If you are due to attend a course or have recently attended a course and would like some help implementing the learning with your players.

Club Improvement Programme – If you are not part of the Club Improvement Programme but believe an FA Coach Mentor could support your club.

Coaching in the female game – If you are a female coach or a coach who works with female players and would like support with your coaching.

Coaching in the disability game – If you are a disabled coach or a coach who works with disabled players and would like support with your coaching.



[REGISTER YOUR INTEREST HERE](#)

TAKE THE NEXT STEPS ON YOUR COACHING JOURNEY

We are delighted to be running an FA Level 2 Course in SALTASH beginning 5th September. This nationally recognised qualification, awarded by 1st4sport Qualifications will take you on a journey through the core components of the England DNA – How We Coach, How We Play, How We Support and The Future Player, helping you to begin shaping or refining your own coaching philosophy.

The course is made up of 20 guided learning sessions, face-to-face workshops covering a range of topics linked to the England DNA, split into three blocks of learning. You will also receive up to two support visits between blocks to develop you in your own coaching environment.

The course cost is £270*, to book your place or find out more information click [HERE](#)

**There are a limited number of bursaries available for this course, please contact us for more details.*



Block 1 – How We Coach

Thursday 5th September	6.00pm - 9.30pm
Friday 6th September	6.00pm - 9.30pm
Saturday 7th September	9.00am - 5.00pm
Sunday 22nd September	9.00am - 5.00pm
Monday 23rd September	6.00pm - 9.30pm
Tuesday 24th September	6.00pm - 9.30pm

Block 2 - How We Support & The Future Player

Friday 1st November	6.00pm - 9.30pm
Sunday 3rd November	9.00am - 5.00pm
Friday 8th November	6.00pm - 9.30pm
Saturday 9th November	9.00am - 5.00pm

Block 3 – How We Play

Sunday 2nd February	9.00am - 5.00pm
Monday 3rd February	6.00pm - 9.30pm
Friday 7th February	6.00pm - 9.30pm
Saturday 8th February	9.00am - 5.00pm

COACHING CORNER: England DNA 5-11: staying on the ball

This session encourages your players to be creative in possession, allowing them to come up with new ways of maintaining the ball under pressure.

ORGANISATION

The game starts with yellow and blue bibbed players paired up in two areas, with a small space between both sections. In one area, marked with yellow cones, every yellow bibbed player has a ball with blue defenders trying to get it. In the other area, marked with blue cones, the opposite happens.

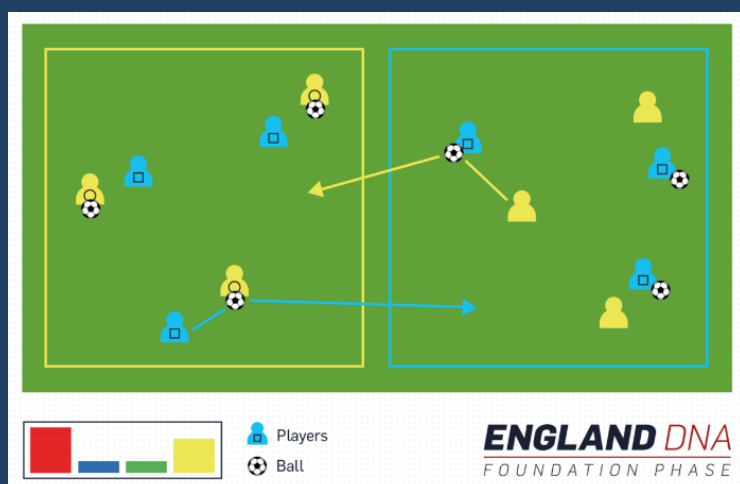
HOW TO PLAY

The game starts and each pair plays 1v1. Players with the ball in both areas can keep possession by dribbling, turning and shielding in order to stay on the ball.

The player without the ball in each area must gain possession, without kicking the ball out, and then take the ball into the other area.

To win the game, a side must get the ball off of their opponents and take it back to their zone, whilst having their teammates who started with a ball, staying in possession in the same area. This will result in all the yellow bibs being within the yellow cones or all the blue bibs being within the blue cones at the end of the game.

It's important to make both areas big enough to accommodate all of your players. The space between them can be increased to allow for more travelling with the ball.



IMPORTANT UPDATE of course booking and cancellation policy

We have recently reviewed the Cornwall FA Booking and Cancellation Policy; there have been a number of changes to ensure that our programme continues to run smoothly and it suitable for both our customers and ourselves.

Please take 5 minutes to update yourself with the new policy should you be booking onto one of our courses or events.

[DOWNLOAD HERE](#) (Scroll down to the documents section)

CORNWALL FA COACH EDUCATION 2019 . . .

FA Level 1 – [BOOK NOW](#)

Mounts Bay, Penzance- October

Treviglas School, Newquay- November

Duchy College- December



FA Level 2– [BOOK NOW](#)

Saltash- Starts 14th September 2019

FA UEFA B Course– [BOOK NOW](#)

Course Starting March 2020!

Welfare Officer Workshop – [BOOK NOW](#)

14/09/19 – CCFA Office, Bodmin – 1.30 - 4.30pm

18/01/20 – CCFA Office, Bodmin – 1.30 - 4.30pm

Level 1 First Aid – [BOOK NOW](#)

11/09/19 - Camborne

03/10/19 - Bodmin

04/11/19 - Camborne

14/11/19 - Bodmin

20/01/20 - Camborne

06/02/20 - Bodmin



Safeguarding Children Workshop – [BOOK NOW](#)

14/09/19 – CCFA Offices, Bodmin – 10am – 1pm

15/10/19- Mounts Bay, Penzance – 6 places

21/11/19 – Newquay- 6 places

10/12/19 – Duchy College – 6 places

18/01/20 – Bodmin (18 places)- 10am-1pm



REGISTER YOUR INTEREST FOR . . .

Futsal Level 1 Course [HERE](#)

Goalkeeping Level 1 [HERE](#)

Futsal Level 2 Course [HERE](#)

Referee Course [HERE](#)



Keep an eye on the CCFA website and Social Media for new upcoming events/ courses and details of when and how to book. Please share this with any other coaches, parents or potential helpers who could benefit from these exciting opportunities.

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