

CORNWALL

GIRLS

ADVANCED

COACHING

CENTRE

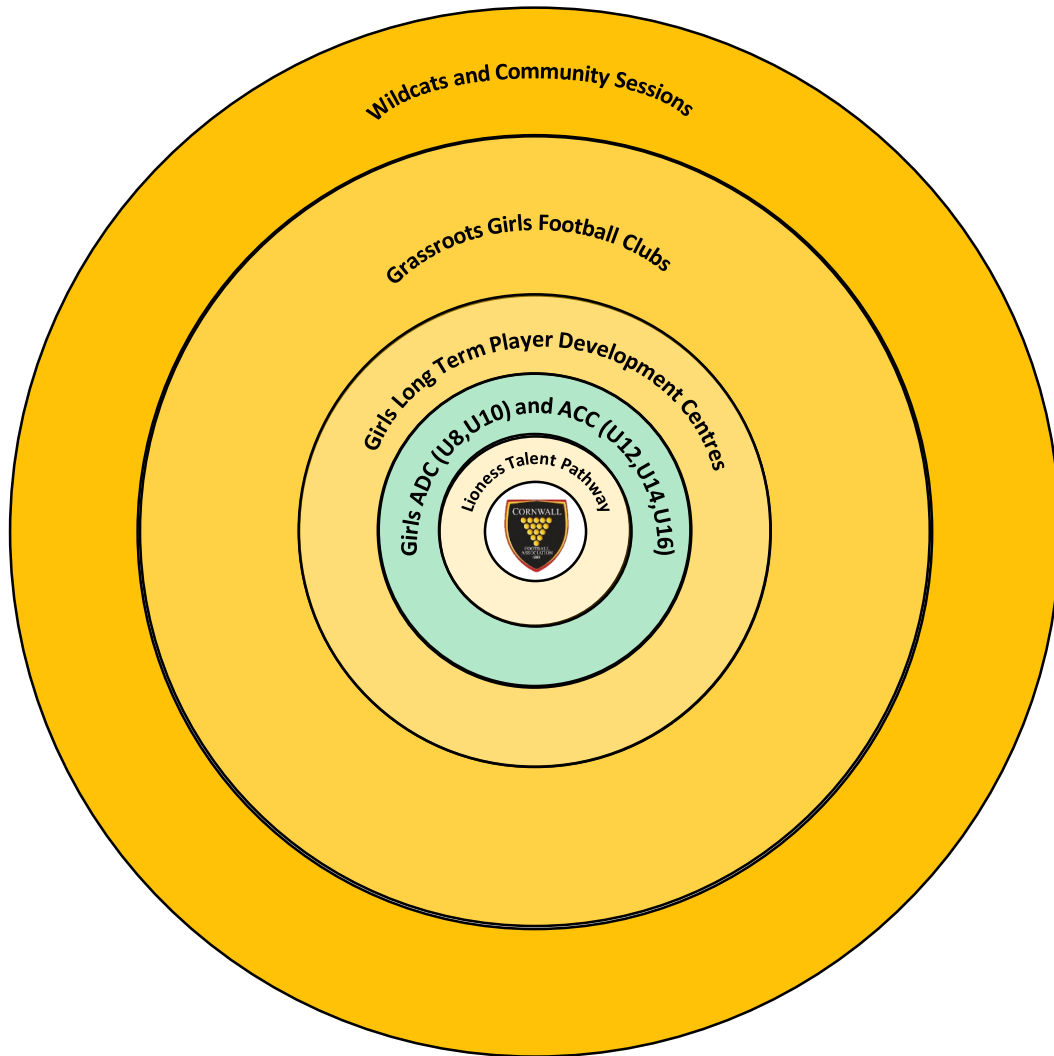




Cornwall ADC/ACC



See below Cornwall's girls football pathway and the Girls ADC and ACC.



ADC

U8's,
U10s

Cornwall ADC

The Cornwall Advanced Development Centre runs for U8's and U10's

This centre provides talented footballers (U8 and U10) with the opportunity to develop skills and tactical knowledge in a **structured and competitive** environment, **alongside their grassroots football**. Fixtures will also be included when possible to allow players to compete in a match environment.

ACC

U12's, U14's
U16's

Cornwall ACC

The Cornwall Advanced Coaching Centre runs for U12's, U14's and U16's

This centre provides talented footballers (U12, U14, U16) with the opportunity to develop skills and tactical knowledge in a **structured and competitive** environment, **alongside their grassroots football**. This is the **highest level of girls football in Cornwall**. Fixtures and festivals will also be included where the players represent the county against other Advanced Coaching Centres.



Cornwall ADC/ACC



See below an overview of the programme.

Trials to select squads (limited places)

Trials will be carried out to identify players suitable for the ADC and ACC for the upcoming season.

29 Week Programme

Players will attend the centre for 29 weeks, with training every week. Over the 29 weeks, players will cover a range of topics within the syllabus.

Player Reviews

Over the course of the 29 week programme, players will receive feedback through the form of reviews. These will cover technical, tactical, physical and psychological/social factors.

Physical Performance Support and Injury Treatment

Players will be supported by the centre sports therapist to ensure they are physically fit to perform.



Meet The Team

See our team of coaches and staff.



Vicky Fisher
ACC Centre Manager



Mark Richards
U8s Coach



Zoe Arundel-Lethbridge
U10s Coach



Jenna Borlase
U12s Coach



Matt Annis
U14s Coach



Hailey Collins
U14s Coach



Ricardo Lanzana
U16s Coach



Beth Wilshaw
U16s Coach



Ian Brooks
Goalkeeper Coach



Lauren Lyndon-Hill
Therapist



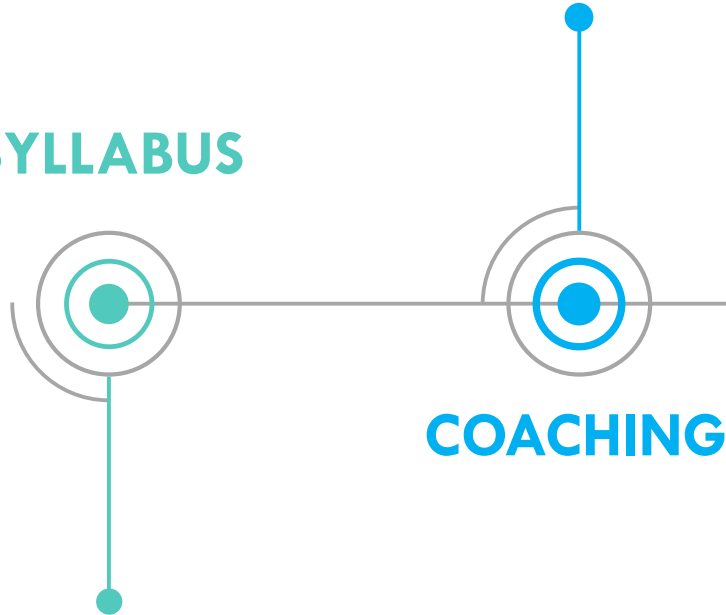
Cornwall Advanced Coaching Centre



What does the Cornwall ACC Offer?

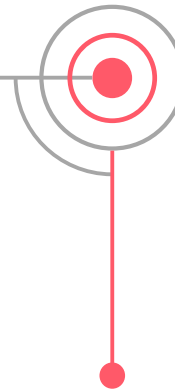
Qualified and competent coaches that care about the players and work tirelessly to help them develop.

SYLLABUS

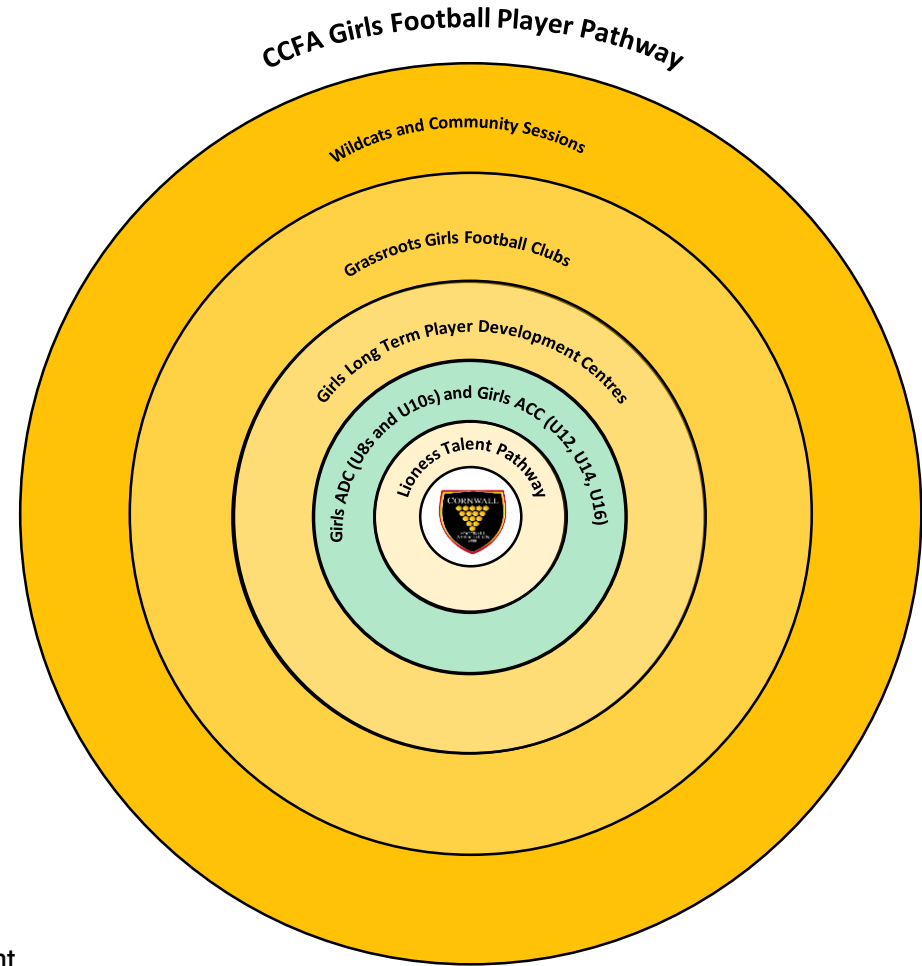


Tailored syllabus to enhance player development across all 4 corners (technical, tactical, physical, psych/social)

ENVIRONMENT



Safe, fun and competitive learning environment that aims to help players reach their full potential

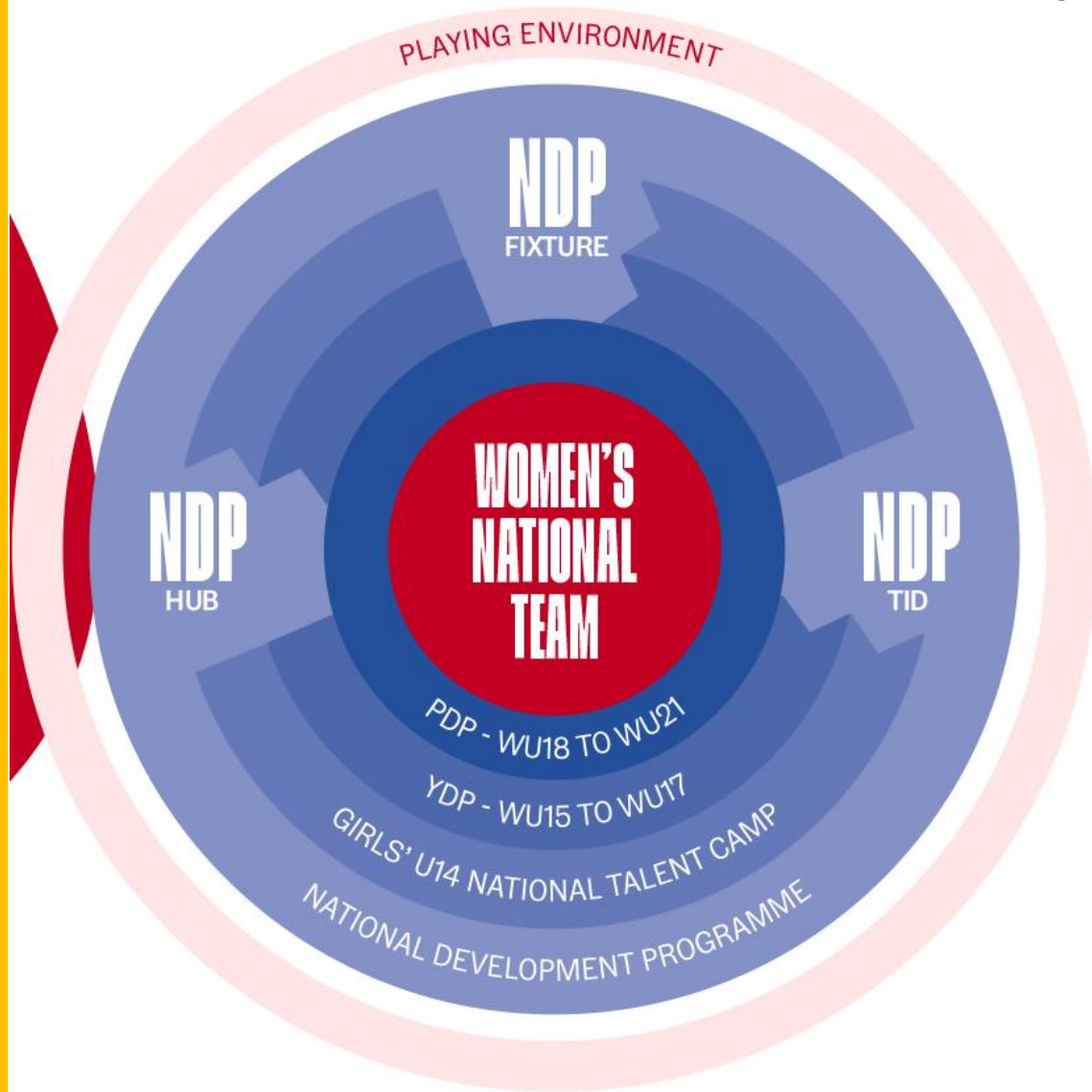




Lioness Talent Pathway



See below how the Cornwall ACC links with the Lioness Talent Pathway.



The FA Girls' National Talent Pathway Camp seeks to identify **U14 players who may possess international potential** and to help prepare these players for the future.

Players will be identified through the FA's talent ID strategy to be selected for **England youth squads**. Our youth teams are organised by age into **two distinct phases**:

- Youth Development Phase (YDP) – WU15s-WU17s
- Professional Development Phase (PDP) – wu18S-wu21s

The National Development Programme seeks to **identify and develop our most talented young players in the U14-U17** age groups. This is in collaboration with the England Women's Youth teams. The NDP is a wrap around Programme for players in England Youth Teams and those within the wider Lioness Talent Pathway.

Girls from any playing environment or background are selected to enter the Lioness Talent Pathway. **Playing environments include Regional Talent Clubs and Advanced Coaching Centres.**



Case Studies



See below some current and previous players that have excelled within the Cornwall ACC

Katie Robinson

Katie has represented England lioness' at youth level and recently signed for Brighton Hove Albion WFC



Jasmine Matthews

Jasmine Matthews has gone on to captain Bristol City Womens Football Club after progressing through the Cornish Girls Football Pathway. She has also played for Liverpool WFC, played in the Womens UEFA Champions League and represented England at U17, U19 and U23's.



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For More Information, contact Vicky.fisher@cornwallfa.com