## TEMPORAY DISMISSAL (Sin-Bin) Process Summary

- All Cautions for Dissent <u>must</u> be dealt with by the Sin Bin Process
- Applies to Players only and not Substitutes or Coaching Staff (these will still be dealt with using the normal caution process
- Referee Signals by issuing a Yellow card in the normal way <u>and</u> pointing to the touchline where the player must go, ideally back with the substitutes /club officials, there is no defined Sin Bin area.
- Period in Sin Bin is:
  - 10 Minutes for all matches of 90 minutes
- 10 minute period starts when play restarts
- Referee includes any lost time (injuries, timewasting etc)
- · Where neutral Assistants are appointed they can assist with timing
- Referee has final decision on when the player can return to play. This
  does not need to be in a stoppage in play unless of course it is the
  goalkeeper
- A Player in the Sin Bin cannot be substituted until the period has expired
- If the period has not expired at the end of the 1 half, it continues during the 2<sup>nd</sup> half (or extra time when applicable)
- If it has not expired at the end of Extra Time and there are kicks from the penalty mark the player can participate
- WGS will be updated to facilitate the recording of all sin-bin (C2) offences.