

CAMBRIDGESHIRE FOOTBALL ASSOCIATION CLUB SUPPORT PACK NO.7



RESTART TO FOOTBALL AUGUST 2020

CAMBRIDGESHIREFA.COM

CONTENTS

- FA GUIDANCE
- CWO SUPPORT
- EDUCATION
- REFEREES
- DISABILITY
- YOUTH FOOTBALL
- RESPECT
- KOOLPAK
- FUNDING
- FACILITIES
- THE HIVE GROUNDSKEEPING
- GET SOCIAL WITH US...

WELCOME

Dear Football Family,

We hope you're keeping safe and well. In this pack you will find information to help our clubs, coaches, referees and volunteers provide a safe and enjoyable restart to football. If you have any questions, please get in touch and one of the team will be happy to help.

Stay safe,
from all at Cambridgeshire FA

FA GUIDANCE

CLUBS, PLAYERS, COACHES, MATCH OFFICIALS, LEAGUE OFFICIALS, VOLUNTEERS, PARENTS/CARERS, SPECTATORS AND FOOTBALL FACILITY PROVIDERS SHOULD READ THE FA'S FULL GUIDELINES, IN ADDITION TO THE LATEST GOVERNMENT GUIDANCE ON COVID-19

THE FA HAVE ISSUED GUIDANCE IN THE FOLLOWING AREAS: JULY '20

- COVID-19 SAFEGUARDING RISK ASSESSMENT GUIDANCE
- COVID 19 – GUIDANCE ON RE-STARTING FOOTBALL ACTIVITY
- COVID-19 GUIDANCE ON RE-STARTING OUTDOOR COMPETITIVE GRASSROOTS FOOTBALL
- FIRST AID GUIDANCE FOR RETURNING TO OUTDOOR COMPETITIVE GRASSROOTS FOOTBALL
- RE-STARTING OUTDOOR COMPETITIVE GRASSROOTS FOOTBALL - SUMMARY
- NATIONAL LEAGUE SYSTEM CLUB GUIDANCE COVID-19 RETURN TO FOOTBALL

[CLICK HERE](#)

CLUB WELFARE OFFICERS



TUESDAY 25TH AUGUST '20



7:00PM - 8:00PM

CLUB WELFARE OFFICER INFORMATION EVENING

TUESDAY 25TH AUGUST 2020, 7PM VIA MICROSOFT TEAMS

- Covid 19 Guidelines and Questions
 - Whole Game System Update
- Coach Education / Safeguarding Qualifications Update
 - Training Information
- Cambridgeshire FA Update
 - Any Other Business

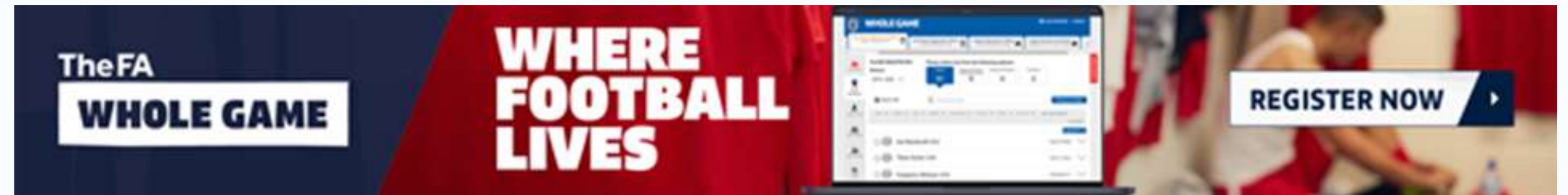
The meeting invite will be sent out on Monday 24th August.

TO REGISTER.....

CLICK HERE

EDUCATION

TECHNOLOGY FOR CWO'S



The FA's Digital Adoption Team are running webinars to aid **Club Welfare Officers** using **Whole Game System** to effectively and easily manage your club coaches' qualifications. The session will specifically run through;

- **WGS Safeguarding Tab Functionality and Export**
- **Adding & Removing Club/Team Officials**
- **Adding accessing Parent/Carer information**
- **How coaches can track their own data**
- **How to initiate a DBS through Whole Game System**

There will also be time for any questions you may have. The sessions will last approximately 1 hour and a recording will be available straight after the session has finished.

[CLICK HERE](#)

CAMBRIDGESHIRE FOOTBALL ASSOCIATION

RESTART TO FOOTBALL



THE FA PLAYMAKER

COURSE PREREQUISITES

- You just need to be 14+ with access to a laptop, mobile or tablet device
- If you're 14 or 15 years old, you will need your parent or guardian to add your account to theirs
- They can do that within their My Account section of their profile

DO YOU
WANT TO GET MORE
FROM FOOTBALL?



OUR NEW, FREE ONLINE ENTRY-LEVEL FOOTBALL COURSE

It's perfect for anyone interested in taking a more active role in grassroots football and it's open to all

THERE ARE FIVE MODULES IN TOTAL AND YOU DON'T NEED ANY PREVIOUS FOOTBALL EXPERIENCE OR QUALIFICATIONS BEFORE SIGNING UP.

In fact, all you need is an FA Number (FAN) and a laptop, tablet or mobile device!

CLICK HERE

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RESTART TO FOOTBALL



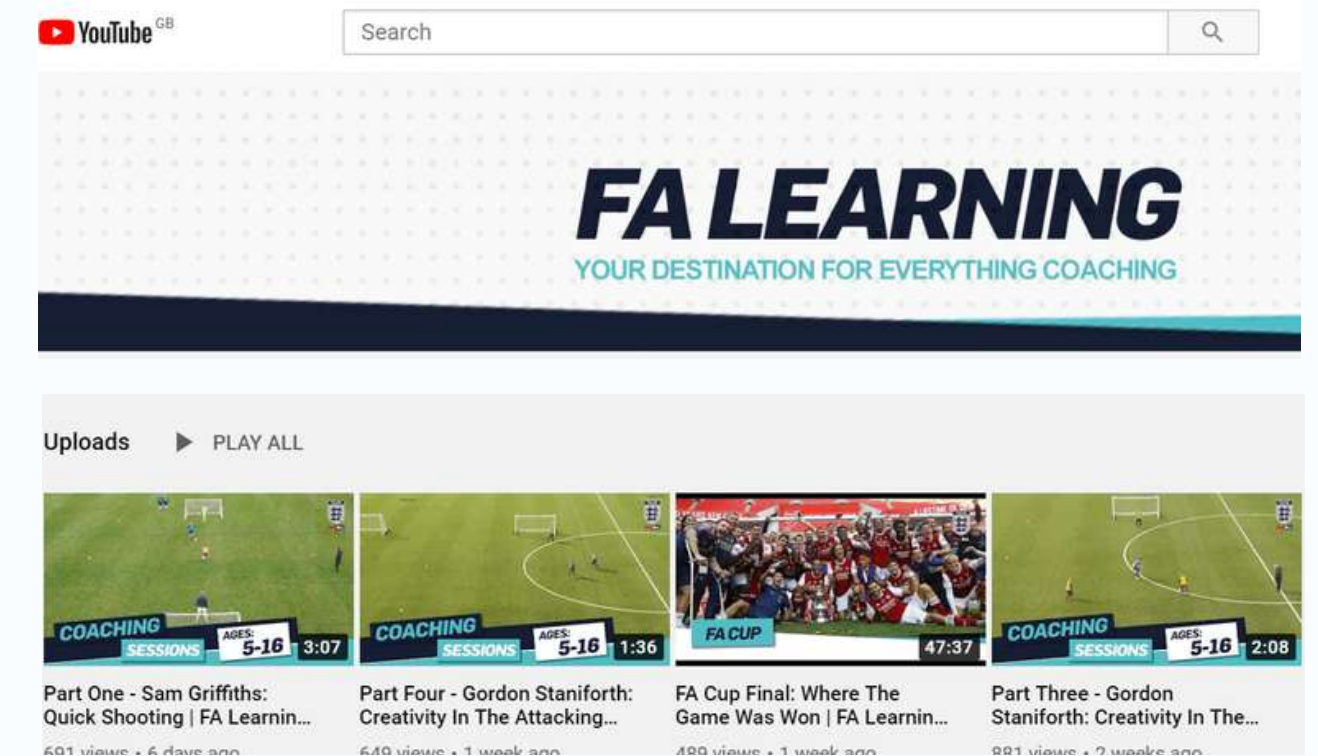
FA EDUCATION



EDUCATION@THEFA.COM

CONTINUE YOUR LEARNING JOURNEY....

Introducing the all-new FA Learning YouTube channel, giving you direct access to the latest coaching webinars, sessions, interviews and ideas to stay active!



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RESTART TO FOOTBALL

Cambridgeshire FA



REFEREES



REFEREES@CAMBRIDGESHIREFA.COM

RE-STARTING OUTDOOR COMPETITIVE GRASSROOTS FOOTBALL – SUMMARY COVID-19 GUIDANCE



FOR REFEREES

This guidance must be READ in addition to The FA's general Covid-19 Guidance on restarting outdoor competitive grassroots football, found [here](#).

Please remember: Referees should only return to football when it's right for them to do so. There is no pressure to return and there will be no consequence or judgement for not returning. Everyone's health, wellbeing and safety are the priorities. **Under-18 referees should refer to guidance [here](#).**

BEFORE THE MATCH

- All referees should complete a self-assessment for symptoms of Covid-19 before travelling to their match. If any symptoms are noted, you must self-isolate in line with current UK **Government guidance**.
- Social distancing** as per current Government guidance should be maintained at all times, where possible.
- Face coverings should be worn pre-warm up and post-match.
- Referees are asked to arrive in match kit as changing rooms may not be available.
- Toilets should be available pre-match and for 30 minutes after full time.
- Cashless payment of match fees is recommended. Referees should agree with the paying club on BACS/electronic payment where possible.
- Referees must clean assistant referee flags before and after use, or advise clubs to use their own flags.
- Referees should complete pitch and player inspections visually and at a safe distance.
- The exchange/collecting of paperwork (e.g. teamsheets) should be done at a distance, with minimal contact.
- The Respect handshake **must not** take place.

DURING THE MATCH

- The Laws of the Game and their practical application, including the decision-making principles, remain unchanged.
- At the coin toss, the referee and both captains should maintain 'one-metre plus' social distance. The referee should toss and catch the coin, not either captain.
- 'One-metre plus' social distancing should be observed when referees are:
 - Speaking to players in play or during stoppages;
 - Interactions between referees and assistant referees;
 - Issuing misconduct (yellow/red cards);
 - Assessing injured players;
 - Managing the substitution procedure.
- Referees should avoid spitting, as well as reminding the players of the same responsibility. However, spitting is not an act of misconduct, unless it is at someone.
- If possible, referees and players should avoid shouting or raising their voices when facing each other.
- Referees are encouraged to re-start the game as quickly as possible, specifically at stoppages for corner kicks, free kicks etc., when there are often large gatherings of players.

If referees feel there are matchday breaches of The FA's Covid-19 Guidance on re-starting outdoor competitive grassroots football, even if they are not a discipline matter, these must still be reported to the competition and County FA. Referees are not responsible for clubs, players or spectators complying with The FA guidance.

AFTER THE MATCH

- Post-match handshakes must not take place.
- If flags are used by assistant referees, the referee should clean them at the first opportunity.
- If cash payment for match fees is agreed, this should be done with minimal contact and in an envelope.
- Post-match hospitality may be offered in accordance with the latest Government guidance for **bars and restaurants**.
- Changing rooms and showers may not be available, even in adverse weather conditions.

DISCLAIMER:

This guidance is for general information only and does not constitute legal advice, nor is it a replacement for such, nor does it replace any Government or PHE advice; nor does it provide any specific commentary or advice on health-related issues. Affected organisations should therefore ensure that they seek independent advice from medical practitioners, or healthcare providers, prior to implementing any re-opening plan, as required. Independent legal advice should be sought, as required and depending on your, or relevant circumstances.

While efforts have been taken to ensure the accuracy of this information at the time of publication, the reader is reminded to check the Government website to obtain the most up-to-date information regarding social distancing and any other Government measures.

THANK YOU! NOW LET'S GET OUR GREAT GAME GOING AGAIN – SAFELY.

CAMBRIDGESHIRE FOOTBALL ASSOCIATION

RESTART TO FOOTBALL



DISABILITY FOOTBALL



DEVELOPMENT@CAMBRIDGESHIREFA.COM

Cambridgeshire FA The FA For ALL

DISABILITY FOOTBALL IN CAMBRIDGESHIRE

TURN UP AND PLAY
Recreational Football Sessions

It's about having an hour or two of activity and a good laugh. It's not about being a professional. We commit to playing a team. These are recreational sessions at affiliated clubs over time.

GRASSROOTS CLUBS
Affiliated Teams

As a grassroots club, supported by a network of players each week, it is a great way to enjoy the game and spend time with friends. Get involved in a league and compete for the trophy. Many of these teams are for disabled players and are inclusive to mixed gender.

IMPAIRMENT SPECIFIC OPPORTUNITIES
National/Regional League Opportunities

Many players will benefit from specific opportunities when their club is not able to field a team. These players have the opportunity to compete by setting up regional leagues.

LEAGUE COMPETITIONS
Competitive Opportunities for Youth & Adult

We currently have 1 adult men's disability league with 2 divisions. This has 3 fixtures a week, 1st midweek throughout the season.

We are looking to develop a youth and adult ability courts leagues.

ELITE PATHWAY
Talent ID and England Squads

There's nothing better than representing your club. However, there are opportunities for disabled players to represent Cambridgeshire and England at all levels.

Talent ID days are held around the country, where with the FA to identify players that can become part of the talent programmes.

WANT TO GET YOUR CLUB INVOLVED?
CONTACT SARAH.HUDDON@CAMBRIDGESHIREFA.COM

PLEDGE PROJECT

YOUTH FOOTBALL GUIDE

MATCH DAY BEST PRACTICE FOR PARENTS

Match day tips

- ✓ Do offer praise, encouragement and applause – for both sides.
- ✓ Do stand in the designated area for spectators.
- ✓ Praise for effort and attitude not just talent.
- ✓ Focus on the process not the result.
- ✓ Focus on your child's enjoyment.
- ✗ Don't issue instructions from the touchline.
- ✗ Don't follow your son/daughter up and down the touchline.
- ✗ Avoid pressuring your child about winning or losing.









Them playing the game.
You playing your part.



All you need to know to create the environment where everyone can enjoy football.

U7/8s



-  **Format:** 5 v 5
-  **Match length:** 20 mins E/W
-  **Player game time:** 40 mins/day, 60 mins/comp
-  **Pitch size:** 40yd x 30yd
-  **Ball size:** 3
-  **Goal size:** 12ft x 6ft
-  **COMPETITIONS**
Two weeks of trophy events, three times a season
-  **KEY LEARNINGS**
– having fun
– playing with my friends



MATCH DAY BEST PRACTICE FOR COACHES

There are lots of different ways you can create that positive environment.

Here are just a few:

- ⚙ You could take the pressure off yourself and give players ownership for choosing the formation and the team.
- ⚙ All players getting at least half the available game time is a great way to create good team spirit. You could plan your substitutions before the game.
- ⚙ The score line is only one way to measure development. You could set team and individual player targets.
- ⚙ Some coaches think they are not involved unless they continually offer instruction. But instead of doing a running commentary throughout the game, let the players make decisions, allow them to make mistakes and learn from them.

Download mobile version....

CLICK HERE

RESPECT

90% OF CHILDREN PLAY
BETTER WITH
POSITIVITY!



CREATE A FUN, SAFE AND INCLUSIVE ENVIRONMENT FOR ALL THE PLAYERS

'We Only Do Positive' aims to promote and educate coaches and parents on their roles in creating a fun, safe and inclusive environment for all the players, ensuring they have great experiences throughout their football journey.



View Code of Conduct Resources

[CLICK HERE](#)

CAMBRIDGESHIRE FOOTBALL ASSOCIATION

RESTART TO FOOTBALL



KOOLPAK

**EXCLUSIVELY AVAILABLE
THROUGHOUT THE
2020/21 SEASON!**

**KOOLPAK ARE PROUD TO BE WORKING IN PARTNERSHIP WITH CAMBRIDGESHIRE FA
TO OFFER YOU SPECIAL DISCOUNTED PRICES
FOR ESSENTIAL FIRST AID ITEMS TO KEEP YOUR FIRST AID KIT STOCKED ANY READY FOR USE.**

Prices HELD for the 2020/21 Season

KOOLPAK[®] SPORT FIRST AID First Aid Supplies for Grassroots Football at Discount Prices

Special Offer
5% discount for orders of 10 or more First Aid Kits

Is your First Aid Kit restocked and ready for the new football season?

Koolpak has once again teamed up with your County FA to offer you special discounted prices for our best-selling First Aid essentials so that you are prepared for when you need to treat an injured player



Koolpak Original Ice Pack - As low as 59p per pack

BEST SELLER

Prices include VAT.



Astroturf First Aid Kit - £27.20 Kool Spray - £1.97 Team First Aid Kit - £21.80

Visit your County FA website for details on how to purchase our products at these great discounted prices



Is your First Aid Kit restocked and ready for the new season?

KOOLPAK[®] SPORT FIRST AID

CLICK HERE

Prices HELD FOR 2020/21

KOOLPAK[®] SPORT FIRST AID First Aid Supplies for Grassroots Football at Discount Prices

Do you have a Defibrillator at your football club?
If not act TODAY and you could save a life TOMORROW

Koolpak has teamed up with your County FA to offer you the Defibtech Lifeline Semi-Automatic Defibrillator at a special discounted price. This Special Price is exclusively available only through your County FA to help support grassroots football.

Defibtech Lifeline Semi-Automatic Defibrillator

Supplied with: Battery, adult pads, user manual and quick start card
RRP: £1,377.00
County FA Special Offer
£978.00

FREE DELIVERY.
Price includes VAT.
Delivery 3-4 working days



Code	Description	Cost
AED14	DEFIBTECH LIFELINE SEMI-AUTOMATIC DEFIBRILLATOR	£978.00
AED15	DEFIBTECH LIFELINE ADULT REPLACEMENT PADS	£50.00
AED1244	DEFIBTECH LIFELINE PEDIATRIC REPLACEMENT PADS	£114.00

Visit your County FA website for details on how to purchase the Defibrillator at this great discounted price.

FUNDING



GIVE TO LOCAL

GiveToLocal is an official partner of Cambridgeshire FA and we're working together to help clubs across the county develop long term, sustainable funding.

GiveToLocal's new, interactive webinars make it easier than ever for clubs to understand how to generate additional funding at a challenging time.

*The webinars are completely **FREE** for any clubs or individuals involved in grassroots football in the Cambridgeshire FA area.*

[CLICK HERE](#)

FACILITIES

**Please remember that
In line with the
Equality Act, 2010, you
are responsible for
ensuring that your
facilities are accessible
and for considering
any reasonable
adjustments In line
with this.**

[CLICK HERE](#)

FACILITIES

PLEASE READ THE FULL FA GUIDANCE. IT COVERS THE FOLLOWING AREAS:

- PROMOTING GOOD HYGIENE
- AVOIDING CONGESTION
- KEEPING YOUR CLUBHOUSE AND EQUIPMENT CLEAN
- ENVIRONMENTAL HYGIENE
- MAINTAINING SOCIAL DISTANCING AND AVOIDING CONGESTION
- RE-OPENING BARS AND CATERING
- CHANGING ROOMS
- COMMUNICATING CLEARLY AND REGULARLY
- INSPECTING THE EXISTING CONDITION OF YOUR FACILITY
- MAINTAINING THE WELLBEING AND SAFETY OF WORKERS AND CUSTOMERS
- MANAGEMENT AND SUPERVISION OF USERS
- SUPPORTING NHS TEST AND TRACE
- TEST AND LEARN
- TAKING BOOKINGS AND PAYMENTS
- ADMINISTERING FIRST AID
- ENSURING YOU HAVE THE CORRECT PERMISSIONS TO RE-OPEN
- SUPPORTER, PARENTS AND SPECTATORS

FACILITIES

**ALWAYS FOLLOW
THE LATEST
GOVERNMENT
GUIDANCE**

FA GUIDANCE

- ALWAYS FOLLOW THE LATEST GOVERNMENT GUIDANCE;
- FOLLOW ANY FOOTBALL-SPECIFIC PROTOCOLS, WHICH SHOULD BE IN LINE WITH GOVERNMENT GUIDANCE;
- COMPLETE A THOROUGH AND UPDATED RISK ASSESSMENT;
CHECK YOUR INSURANCE COVER;
- IF IN DOUBT, OR YOU'RE NOT COMFORTABLE RE-OPENING, DON'T.

CLICK HERE

FACILITIES



LOOKING FOR FUNDING?

YOUR PROJECT

So let's get the ball rolling...

Before we can kick off, select an area you'd like a helping hand with that's most relevant to you. Don't worry, we'll give you all the information you need before starting your application.

Not sure what you need?

If you're unsure or can't see your funding option you're looking for, simply [contact us](#) with details of your project and we'll be happy to support you.

If you're looking for a large scale project, you may be named on a Local Football Facilities Plan. Find out more [here](#).

WHAT WOULD YOU LIKE FUNDING FOR?

Select from the list below



3G Pitch



Changing rooms



Grass pitches
(Work for Step 1-7 clubs should apply via the FSIF)



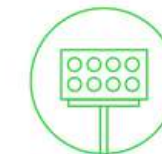
Small sided & recreational



Multiple large works



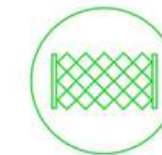
Storage containers



Portable floodlights



Goalposts



Fencing



Clubhouse refurb works



Pitch improvement

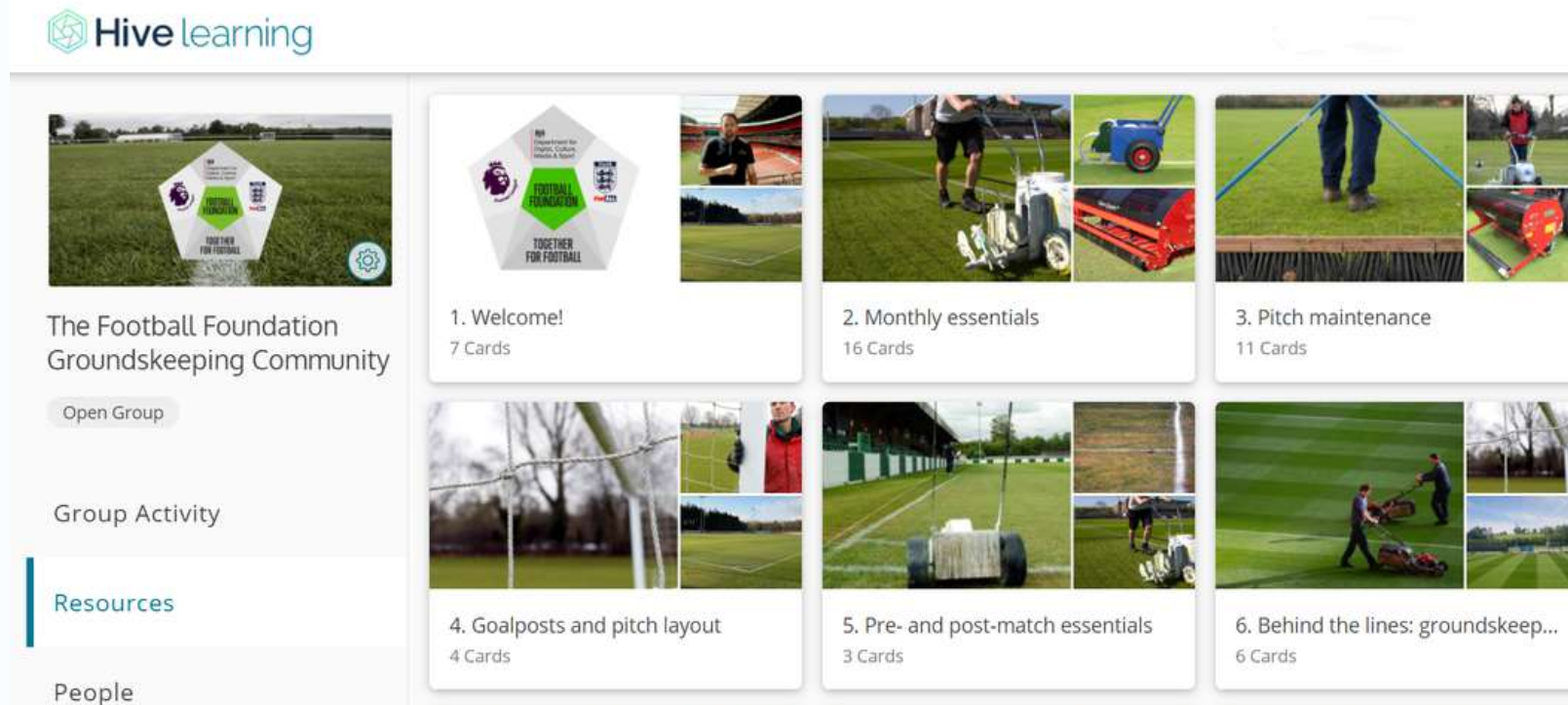


Maintenance equipment

CONTINUE

CLICK HERE

THE HIVE: GROUNDSKEEPING



Hive Learning

The Football Foundation Groundskeeping Community

Open Group

Group Activity

Resources

People

- 1. Welcome! 7 Cards
- 2. Monthly essentials 16 Cards
- 3. Pitch maintenance 11 Cards
- 4. Goalposts and pitch layout 4 Cards
- 5. Pre- and post-match essentials 3 Cards
- 6. Behind the lines: groundskeep... 6 Cards

- Build knowledge and understanding on key operations of pitch maintenance throughout the year
- Connect with fellow groundskeepers and share experiences (videos, interactive content, Q&A's, hints and tips and information sharing)
- Seek expert advice on getting the most from the pitches groundskeepers manage (Regional Pitch Advisor and other professional ground staff)

[CLICK HERE](#)

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