

**FOR  
ALL**

# Cambridge Futsal Youth

2019/2020 SEASON

# Cambridge Futsal Club Youth



- ▶ Having been founded in 2013 by Jose Lima and Ruggero Ferretti Cambridge Futsal Club's very successful senior team has now become Cambridge United FC Futsal and has gained entry into the National Futsal League.
- ▶ A part of Jose's and Ruggero's commitment to Futsal in Cambridge Futsal Club was to set up a youth scheme to allow young players to experience Futsal.
- ▶ The youth section of Cambridge Futsal Club will work closely with Cambridge United FC Futsal to ensure that the local profile of Futsal continues to be enhanced and ultimately players of all ages can enjoy playing.
- ▶ In partnership with Cambridge Futsal Club and Cambs FA we aim to bring Futsal to as many children as possible across Cambridgeshire.
- ▶ We will work closely with Cambridge United Futsal to bring a holistic range of benefits as players develop with the club



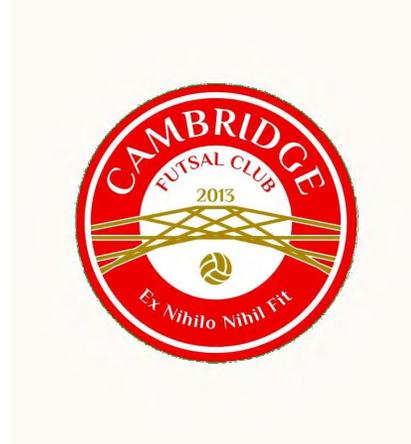
# Why Futsal

- ▶ Futsal is fantastic for developing technical ability and decision making as well as being fun and enjoyable.
- ▶ To understand the benefits of futsal go to [http://tiny.cc/why\\_futsal](http://tiny.cc/why_futsal)
- ▶ We encourage you to read this document to help you understand how futsal is complimentary to football and how it helps your child develop.
- ▶ All training sessions and games will be on a Sunday so you can continue to play football with your grassroots team



# Coaches

- ▶ At Cambridge Futsal Youth we share a passion for the development of young players and have a passion for futsal. Having experienced the positive effects futsal has on children we know how this fast, exciting, and enjoyable game improves a player's ability to keep the ball under pressure and make quick decisions.
- ▶ We have seen how youth players transfer these attributes from futsal to football and believe it will inspire a generation of talented gifted football players in the UK.
- ▶ At Cambridge Futsal Club Youth we only work with very talented coaches with years of coaching experience.
- ▶ All our coaches are FA or UEFA qualified at a minimum of FA level 2 (or working towards Level 2) and have completed First Aid and Safeguarding training as well as up to date DBS checks.



# Training



**ENGLAND** DNA



Training sessions will be structured week by week following a bespoke futsal syllabus based around the England FA DNA.



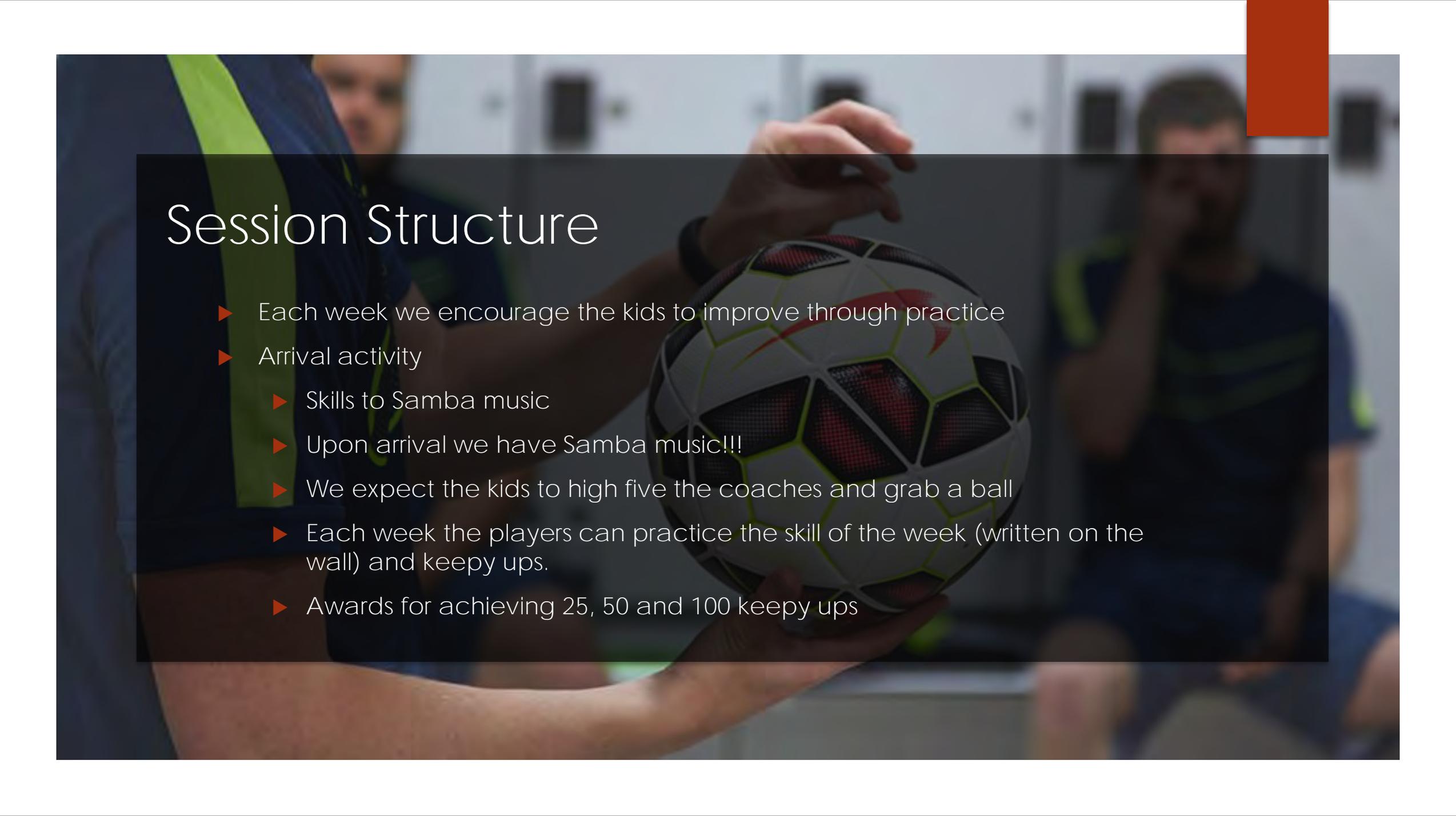
Throughout the season we will be looking at the technical, physical, psychological, and social attributes of each player and by using the fast game of futsal create a bespoke report detailing each players strengths and areas for improvement.



We want the sessions to be fun and enjoyable to all players – and development is a key part of our ethos. We therefore expect each player to always respect at training that we are here to learn and improve.



Each session the coaches will feedback their top performing players to assist us in selecting elite team players.

A person wearing a blue shirt with a green reflective stripe is holding a soccer ball. The background is a blurred indoor setting, possibly a gym or locker room, with other people visible. An orange vertical bar is on the right side of the image.

# Session Structure

- ▶ Each week we encourage the kids to improve through practice
- ▶ Arrival activity
  - ▶ Skills to Samba music
  - ▶ Upon arrival we have Samba music!!!
  - ▶ We expect the kids to high five the coaches and grab a ball
  - ▶ Each week the players can practice the skill of the week (written on the wall) and keepy ups.
  - ▶ Awards for achieving 25, 50 and 100 keepy ups

# Dates for Diary

October			
6	13	20	27
Training	Training	Half Term No training	Half Term No training

December				
1	8	15	22	29
Training	Training	Training	Xmas Holidays No Training	Xmas Holidays No Training

February			
2	9	16	23
Training	League Matches	Half Term No training	Half Term No training

April			
5	12	19	26
Easter Holidays No Training	Easter Holidays No Training	Easter Holidays No Training	Training

June		
7	14	21
League Matches	Kept free for cancelled League	End of Season Awards

November			
3	10	17	24
College Closed No Training	Training	Training	Training

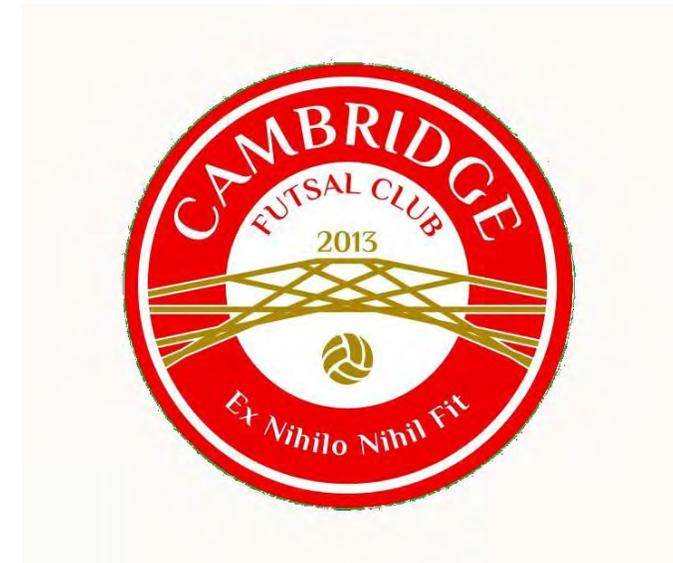
January			
5	12	19	26
Xmas Holidays No Training	League Matches	Training	League Matches

March				
1	8	15	22	29
College Closed No Training (TBD)	College Closed No Training (TBD)	Training	College Closed No Training	League Matches

May				
3	10	17	24	31
League Matches	Training	League Matches	Half Term No training	Half Term No training

# League Structure

- ▶ Following on from the training session from January 2020 there will be League Futsal Fixtures for under 10's and 12's. These league days will be bi-weekly and training sessions will be held in between.
- ▶ Cambridge Futsal Youth will enter teams into the U10's and U12's leagues. These teams will be mixed age i.e. U9 and U10 players will form teams in the U10 league, and U11 and U12 players will form U12 teams. Furthermore, high performing player will be invited to join elite teams in these age groups.
- ▶ Please note that U10 players cannot play in the U12 league due to FA safeguarding and league rules.



# Venue

- ▶ All sessions (training and league) will be held at Swavesey Village College New Sports Hall
- ▶ This venue has historically been the place of choice for FA futsal events in the county and has been chosen because it has correct size futsal goals and line markings.
- ▶ Gibraltar Ln, Swavesey, Cambridge CB24 4RS (tel: 01954 234453)
- ▶ Parking is provided for free and accessible from Gibraltar Lane, Swavesey or Fen Drayton Road, Swavesey



# Fees

The registration fees for the season are £140. This covers your child's training, a new Cambridge Futsal Club kit, and entry into the league.

Note this is a non-profit organisation and all fees are used to cover the operational costs of the club – primarily the use of the sports hall for training and affiliation (entry) fees with the league

# Contact details and Social Media

- ▶ For all correspondence email Club Head Coach
- ▶ Head Coach
  - ▶ Colin Baker
  - ▶ Email: [cambridgefutsalyouth@gmail.com](mailto:cambridgefutsalyouth@gmail.com)
- ▶ Twitter @FutsalCambridge
- ▶ Facebook @cambridgefutsalclub

