

Person Specification

Physical Performance Coach

Title: Cambridgeshire FA Girls' Advanced Coaching Centre:
Physical Performance Coach

Location: Bottisham Sports Centre, CB25 9DJ
Monday evenings 6:30pm – 8:00pm
(with some travel to home & away matches)

Responsible to: Centre Manager and FA Technical Director

Purpose of post: To help deliver fundamental movement skills that underpin athletic development and football performance in line with a strategic model of progressions. Coach technical aspects of good warm-up technique as well as appropriate movement patterns.

Start Date: Immediate

Responsible for;

- To implement a training programme, that is age appropriate and supports the development of mobility and stability as well as strength and power.
- Supporting players to be exposed to the physical demands of the game.
- To support with player education (S&C exercises correct execution, exercises they can complete outside of the centre).
- Liaise with Regional and National medical staff on fitness for duty of selected players (if applicable).
- Providing high quality coaching and support for players
- To support the technical coaching staff
- To support the welfare of players within their designated age group
- Weekly attendance at ACC training

Key skills and experience required;

Essential:

- Studying a Sports Science or Strength & Conditioning Degree
- FA Level 2 Certificate in Coaching Football qualification
- FA Safeguarding Children in Football qualification
- An FA recognised First Aid qualification (FA Introduction to First Aid in Football, FA Basic First Aid for Sport, FA Emergency Aid in Football)
- An accepted FA Disclosure and Barring Service (DBS) Disclosure (previously known as an FA CRB Disclosure)
- Knowledge and understanding of child protection issues
- Evidence of continuing education in sports medicine, sports science or strength and conditioning specific to the practitioner's profession
- Experience in analysing and coaching movement competency to developmental athletes, with a knowledge of appropriate interventions for managing dysfunctions.
- Willingness to work evenings
- Ability to communicate effectively with people from diverse backgrounds
- Ability to travel independently
- Ability to work in a team environment



- Understanding of the FA girls & women's player pathway
- Knowledge and understanding of working with young players

Desirable:

- An understanding of Talent Identification
- An appreciation of Long-Term Player Development
- Knowledge and understanding of working with young players
- Ability to work in a team environment
- Understanding of the FA Lionesses Talent Pathway

If you are interested in this position, please send your CV with a covering letter to:

Email: ACC@Cambridgeshirefa.com

Closing Date: Monday 22nd March 2021