

RESOURCES FROM SPORT ENGLAND

Latest Adult Report

[Active Lives latest report](#)

C&YP Report

[C&YP Attitudes and Behaviours](#)

Moving Medicine Resources

<http://movingmedicine.ac.uk/disease/depression/#start>



Depression - Moving Medicine

movingmedicine.ac.uk

Depression. We've squeezed all the important information into our easy step-by-step guides to help you have good quality conversations about physical activity.

C&YP Networking Slot Resources:

Under the Skin Youth Insight Pack

https://www.sportengland.org/media/10233/youth-insight_under-the-skin.pdf

Under the Skin - Sport England

www.sportengland.org

Sport England – Youth Personalities; understanding youth personalities to help young people get active

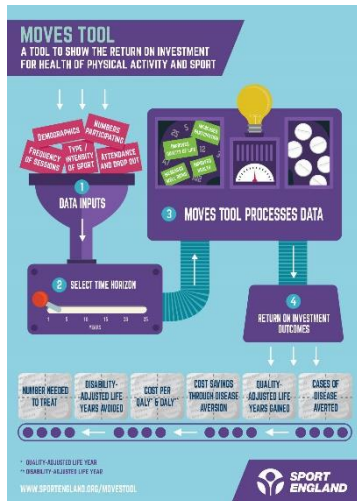
Evaluation Framework

How to Measure Impact

<https://evaluationframework.sportengland.org>

Inactivity Design Principles & Resources (scroll to bottom of the page at the link below to download)

<https://www.sportengland.org/our-work/health-and-inactivity/tackling-inactivity-essential-insight/>



Tackling inactivity: essential insight - Sport England

www.sportengland.org

Tackling inactivity: essential insight. We have learnt so much already about how we can work together to tackle inactivity – and we've developed resources to help you get inactive people more active

This Girl Can

Go Where Women Are Insight Pack

https://www.sportengland.org/media/10083/insight_go-where-women-are.pdf