



#BBFA21FOR21

LIZZIE JACKSON

CLUB: MK DONS SET, YES WE CAN

How long have you been involved in Football for?

I have volunteered for the Mk Dons Set for the last 13 years but I have been a coach for the past 6 years.

In October 2017 I was asked to help set up a football team with the Leighton Linslade rotary.

The football team was to be a part of the Yes We Can program. Yes We Can is a program which brings disability sports like hockey, sailing, tennis, swimming, football and much more.

Who is your Inspiration/Role Model and Why?

I have been inspired by a lot of people in my life, whether it be family, friends, people I have worked with or people I have met. If I had to pick one it would have to be Audrey Hepburn. I know it's not football related but she worked so hard and never let anything get to her.

What do you most enjoy about coaching football?

Working with adults and kids who have a disability is rewarding in itself but when you hear them laughing or see their big smiles you know you had a good day.

What have been your biggest achievements since the programme began?

That's a hard one to answer as all the projects I wanted to work on have been pushed back until this summer. I have won The Nationwide Mutual Respect award November 2021.

What challenges have you experienced since the programme began and how did you overcome them?

Getting people to understand that just because you have a disability doesn't mean you can't play a sport of some kind whether it be football, swimming, tennis, hockey or sailing.

What are your aspirations/targets for the next year?

How do you hope to get there?

I would still like to set up a ladies and girls CP football team. I have been working with the Leighton Linslade rotary and CP Sport to set up the team.

What has been the most useful support you have accessed through the programme? (i.e., Equipment, Funding for Qualifications/Reg Fees)

The equipment funding has been really useful. I haven't used my qualification funding at all because of covid all of the courses were closed.

How have you found the programme, including support from the BBFA?

It's been great fun being a part of the 21 for 21. I got to meet other amazing girls and ladies in football and heard their stories. Ellen and Alex have been fun to work with. BBFA as a whole is always support and I loved working with Jonathan Coles, the previous disability football development officer.

Which WEuro games are you most looking forward to? Have you got tickets for any games?

The Women's Euro as a whole is going to be good. I am really looking forwards to watching England play Norway and Denmark play Finland. I have tickets for the Denmark v Finland game and I'm hoping to be at the semi-finals too.



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