



May Update

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London Sport Headlines

INSIGHT: Data shows impact of covid-19 on activity levels

Sport England's latest Active Lives Survey shows the impact of the first eight months of coronavirus on Londoners' activity levels. The majority of physically active adults in London managed to stay active despite the challenges of the pandemic. [Read the full story.](#)

NEWS: London Sport ready to improve the nation's health

London Sport has responded to the publication of the All-Party Parliamentary Group for Longevity's Levelling Up Health report. Read our full statement from Barry Kelly, Specialist Advisor for Physical Activity for Health, [here](#).

NEWS: 5,000 Londoners got active for RED January

A dedicated community of 5,000 Londoners who completed the nationwide physical and mental health campaign [RED January](#) at the start of the year have raised almost £25,000 for charity Sport in Mind.

NEWS: Returning stronger with tech and physical activity

As the Evening Standard launch their London Rising campaign, Alex Zurita, Head of Sport Tech Hub, looks at how [tech and physical activity can ensure the capital returns stronger](#) than ever.

NEWS: How Wallball offers low-cost, easy access activity

Dan Thackeray, Development Manager for UK Wallball and a member of the London Urban Sport Group, explains how urban sport could be one of the most accessible, local forms of physical activity on offer, and why this approach should be prioritised. [Read his guest blog here.](#)

NEWS: Bromley win London's Virtual Inclusive Games

Bromley have been crowned champions in London's Virtual Inclusive Games after a hugely successful campaign which saw more than 80,000 entries submitted during the third covid-19 lockdown. [See the full results.](#)

NEWS: London Sport Consultancy learns pandemic lessons

Business Development and Partnerships Manager Jennie Rivett looks at how London Sport's consultancy services have adapted to support the sector throughout the pandemic and the opportunities that lie ahead for sport and physical activity in 2021. [Read her blog.](#)

London Sport Calendar

Date		Location	Notes
	June/July		
w/c 07/06 - 16/07	Nominations for the London Sport Awards	Online	More info
	September		
w/c 20 th	Active London		More info
	December		
6 th December	London Sport Awards	Guildhall	More info

London Sport Updates

Funding

FUNDING: Community Ownership Fund

Government has launched a new £150 million Community Ownership Fund to help ensure that communities can support and continue benefiting from the local facilities, community assets and amenities most important to them. Community groups will be able to bid for up to £250,000 matched-funding to help them buy or take over local community assets at risk of being lost. [Find out more.](#)

FUNDING: Designing London's Recovery Programme

The Mayor of London, with the Design Council, has launched a programme placing design-led innovation at the heart of London's Covid-19 recovery. Organisations can apply for a share of £500,000 to help respond to three key challenges. The [deadline for applications](#) is 15 June.

FUNDING: John Lyons announces £22m to tackle the impact of covid-19

John Lyon's Charity has [ring-fenced £22 million from its endowment](#), to be spent over the next six years, to support the children and young people's sector in its beneficial area. With the generous support of its Trustees, this funding will be in addition to the Charity's regular grant giving of £12 million every year.

FUNDING: Inspiring active communities

Versus Arthritis have Tackling Inequalities funding from Sport England to reduce the negative impact of coronavirus and the widening of the inequalities in sport and physical activity through increasing availability of exercise opportunities in local communities. [The fund](#) will be available to organisations to help support people with long-term health conditions to get active via grants of between £1,000 and £5,000.

FUNDING: Return To Play: Small Grants Fund

This Sport England fund will make awards of between £300 and £15,000 to help sport and activity groups, clubs and organisations respond to the challenges of returning to play in a covid-19-safe way. Open to 30 June. [Find out more.](#)

FUNDING: London Catalyst and the Hospital Saturday Fund

London Catalyst and the Hospital Saturday Fund have launched a new round of

[Partners for Health](#) for 2021. Grants of up to £10,000 are available for social action projects tackling health inequalities in London. Grants are open to charities that have understanding and expertise to social or health care needs, and should involve joint working with a health partner.

FUNDING: Return To Play: Active Together

[Active Together](#) is a crowdfunding initiative that can match fund, up to £10,000. Successful crowdfunder campaigns from a total pot of £1.5m for things such as a loss of income due to the crisis, or any other covid-19 related needs.

RESOURCE: Understanding the financial support available

ClubMatters have pulled together information on the various support packages released by Government aimed at reducing the negative financial impact on organisations, businesses and the self-employed. [The guide](#) includes descriptions of each support package from Government and Sport England funds.

FUNDING: Empower Women Fund

The [fund](#) provides support to small women's groups and organisations developing innovative ways of empowering women in their local area and to build the capacity of small organisations. Available across two levels. Seed Funding £500-£1000 to run micro projects and women's sector grants £1000-£5000 or £5000-£25000 to respond to changing needs over at least six months.

FUNDING: True Colours Trust for Disabled Children and their Families

[Small grants](#) are available to UK registered charities and community interest companies with an annual income less than £350,000, that are working to make a difference to the lives of disabled children and their families in the UK.

FUNDING: Central Social and Recreational Trust

Grants are available for sports clubs and organisations in England to provide or assist in the provision of facilities for recreation or other leisure time occupation for the benefit of disadvantaged children who are under the age of 21 years. Funding is available for equipment and maintenance of property. [Find out more](#).

FUNDING: Children's Community Support Programme: Little Lives UK

[See Children and Young People](#)

FUNDING: Toyota Parasport launches second funding round

[See Disability and Inclusion](#)

FUNDING: First Steps Enterprise Fund

A loan/grant funding package is available for small community-led charities and social enterprises based and working in England to help them grow their services and become more sustainable. [This fund](#) is for community organisations (charities and social enterprises) looking to take on their first loan to help them grow and become more sustainable.

Children and Young People

LONDON SPORT: Opening School Facilities funding

London Sport are offering schools the opportunity to apply for grants of up to £10,000 to help open or re-open their school facilities outside of school hours for local young people. Learn more about our [priority boroughs on our website](#). Guidance is also available ahead of applications going live on June 1.

LONDON SPORT: Bromley win London's Virtual Inclusive Games

[See Headlines](#).

FUNDING: Children's Community Support Programme: Little Lives UK

Little Lives UK's programme aims to support London children's groups and organisations, such as playgroups or sports classes. [Little Lives UK](#) can support your organisation by offering up to £1,500 worth of funding.

RESOURCE: New Activity Recovery Hub launched

Sport England have teamed up with Youth Sport Trust to develop and launch a new Activity Hub. [The Active Recovery Hub](#), which has been funded by the National Lottery, provides schools, local authorities, and families with easy access to free resources that'll help children reach 60 minutes of physical activity a day.

OPPORTUNITY: Nominate your Active School Hero

Nominations are now open for Active School Hero. Do you know a primary school teacher or staff member that has kept children active throughout the covid 19 pandemic? If you do, [nominate here](#) to have their achievements recognised.

OPPORTUNITY: Explore Boing playgames through Zoom

Boing, a high-quality, Sport England-funded, learning-through-play programme that helps young people discover the joy in physical activity are offering virtual coaching courses. All courses are delivered in partnership with Sport England and are CIMPSA endorsed. Join the [next Boing training day](#) on Monday 21 June at 3.30pm.

OPPORTUNITY: Quick Start target games by Playinnovation

Playinnovation have developed the '[Quick Start](#)' range of games, which can be attached to any flat wall or fence. The portable design comes with a manually interactive scoreboard and portable ground markings and is designed specifically for schools and community partners on a budget.

RESOURCE: Free online primary teacher training for tennis

A [new, free, online course from the LTA](#) teaches fundamental movement skills, develops physical literacy and personal and character skills. Schools receive a resource pack, £250 to spend on equipment, or ten hours of teaching support.

NEWS: England Does The Daily Mile

Over 150 London primary schools joined England Does The Daily Mile on Friday 30 April - an event celebrating the positive effects that daily activity can have on our mental health. Whether your school was one of them or not, you can join the fun and join in (for free) every day of the year. [Sign-up here](#) to join The Daily Mile community.

Inclusion and Disability

FUNDING: Toyota Parasport launches second funding round

This second round will be a small, open investment programme of £200,000 with awards of between £1,000 and £5,000 for organisations looking to support disabled people to return to sport or activity, when relaxing of covid-19 restrictions allow them to do so. [Application window opens on 7 May](#) and closes at 5pm on 31 May.

RESOURCE: New activity finder from Sense

Sense have announced the launch of a new Arts, Sport & Wellbeing activity finder available [on their website](#). The activity finder collates over 100+ inclusive activities, making them easily accessible at any time or any place.

NEWS: Activity Alliance Launch New 3-year Strategy

National charity Activity Alliance have launched their new strategy: [Achieving Fairnes 2021-2024](#). The strategy aims to close the gap between activity levels of disabled to non-disabled people through changing attitudes towards disabled people and embedding inclusive practice in sport and activity.

RESOURCE: Mental Health and Physical Activity Toolkit from Mind

Charity Mind have created a Mental Health and Physical Activity Toolkit to increase the number of sport, physical activity and mental health providers who are equipped with the knowledge and skills to support and engage people experiencing mental health problems in physical activity. [See the toolkit here](#).

RESOURCE: Cerebral Palsy Sport launches new Club Finder

More people with cerebral palsy will be able to find their local sport and activity clubs thanks to a [brand new online club finder](#). Cerebral Palsy Sport launched their club finder to enable more people to connect with a club and find a sport to suit them.

NEWS: Age UK and FA launch new walking football programme

A goal has been set to reach over 1000 older people through walking football groups in communities across England over the next two years. Local Age UKs will be funded by the partnership with the FA and Sport England to run sessions that will be delivered from late spring 2021. [Read more here](#).

NEWS: Activity Alliance responds to latest Active Lives survey findings.

The latest publication of the findings from Sport England's Active Lives Survey shows the ongoing impact of the pandemic on disabled people's physical activity levels. Disabled people continue to be one of the least active groups in society, highlighting the need for an inclusive and fair return to physical activity. [Here](#), Activity Alliance responds to the Survey.

NEWS: Activity Alliance and ukactive joint call for inclusive reopening

[See Facilites and Space](#)

Facilities & Space

LONDON SPORT: How Wallball offers low-cost, easy access activity

[See Headlines](#)

RESOURCE: Swim England launches Club and Operator Toolkit

The [Working Together toolkit](#) is set to become an important asset within the aquatics community. Clubs and operators are major components of the aquatics sector and their relationship is important in enabling everyone to enjoy the water, reach their potential and generate important revenue for the facility.

INSIGHT: Cycling is 10x more important than electric cars for net-zero cities

A two-year study of 4,000 people living in seven European cities including London observed participants completing 10,000 diary entries which served as records of all their daily trips, whether going to work by train, taking the kids to school by car or riding the bus to town. For each trip the carbon footprint was calculated. [More](#).

INSIGHT: 'Towards Resilience: Communities & Green Spaces' report

A [new report](#) summarises the findings from an event co-hosted by Local Trust and Friends of the Earth. It explores the inequalities in access to green spaces and provision within them, and how communities play an important role in addressing these challenges.

OPPORTUNITY: Quick Start target games by Playinnovation

[See Children and Young People](#)

EVENT: Delivering multi-functional green infrastructure across Europe

Over the last four years, the PERFECT project has built a strong economic case for investment in green infrastructure by demonstrating the multiple benefits that these assets provide for communities. [This conference](#) (18-19 May) will draw these arguments together and the showcase inspiring examples of exemplary green infrastructure projects and policy.

OPPORTUNITY: Cool space access required for Londoners this summer

Taking place between 1 June and 15 September the Cool Spaces project seeks to provide free spaces that residents can access during the hot weather to cool down. Places wanting to be included in the initiative must [register the venue](#) (indoor or outdoor space welcome) by 14 May.

NEWS: Activity Alliance and ukactive joint call for inclusive reopening

This means more leisure facilities like gyms and swimming pools are opening their doors again. In a joint call, Barry Horne (CEO, Activity Alliance) and Huw Edwards (CEO, ukactive) urge leaders across the leisure sector to be more welcoming than ever to disabled customers. [Read the statement here](#).

People, Places and Communities

RESOURCE: Bringing Londoners Together toolkit

The Mayor's [Bringing Londoners Together toolkit](#) for civil society organisations builds on experiences of groups bringing Londoners together in the pandemic to build more resilient communities. It aims to help organisations in their pandemic response; support new ways of working and continue to build relationships between Londoners.

NEWS: Swim England announce welfare and safeguarding guidance update

With the relief of the reopening of indoor pools and clubs restarting, it is positive news that swimmers are able to return to the water. Swim England are focusing on the enjoyment of being back in the water us and the continued welfare, safety and wellbeing of their young members. [Read more.](#)

NEWS: Finding new ways to overcome inequalities in physical activity

People with great ideas to tackle inequalities in physical activity are invited to apply to [Ideas to Action](#), a new programme by Design Council, supported by Sport England. Participants will work closely with Design Council's design experts to develop ideas, projects, products or services that bring about lasting change.

OPPORTUNITY: Join the Thriving Communities Network

The [Thriving Communities Network](#) has been set up by the the National Academy for Social Prescribing as a forum for voluntary, community, faith and social enterprise groups and organisations to collaborate, discuss, share learning, gain new ideas and engage with colleagues. It's a great place to find out more about social prescribing.

INSIGHT: Developing place-based partnerships with Integrated Care Systems

The new Kings Fund report considers the potential of place-based partnership to improve population health and support truly integrated care. The report includes principles to guide local health and care leaders, and examples of how these are already in practice. [Read the report.](#)

RESOURCE: Tool to develop your own measurement and impact reporting

The Sport for Development Coalition has developed a measurement tool/impact portal to help individual organisations and the sector as a whole improve the ways that they measure, record and demonstrate the impact of their projects and programmes. [Read more about the tool.](#)

Physical Activity for Health

LONDON SPORT: London Sport ready to improve the nation's health

[See Headlines](#)

INSIGHT: Learn more about social prescribing

The Ubele Initiative and London Plus are holding an 'Unboxing Social Prescribing' webinar, aimed at demystifying social prescribing for Black and minority-led or supporting organisations who are considering providing social prescribing activities. [Unboxing Social Prescribing](#) will take place on Thursday 20 May at 2pm

NEWS: Cancer patients to be prescribed exercise as part of new approach

A new pioneering approach looks to help cancer patients prepare for and respond to treatment by offering them a combination of exercise, nutrition and psychological support. [Read more here.](#)

NEWS: Fishing prescribed for NHS patients

A group of NHS patients has become some of the first in the country to be recommended fishing to improve their mental health. Greater Manchester Mental Health Trust has partnered with a local fishing organisation, Tackling Minds, with the aim of [helping patients overcome issues](#) such as depression and anxiety.

INSIGHT: How has lockdown changed our relationship with nature?

The Office for National Statistics has looked at how people's perception of nature changed during the pandemic and whether this is likely to continue. [The research highlights](#) how nature has been a source of solace for many, as lockdown rules were heightened our appreciation for local parks and green spaces. These areas within walking distance of home – have become wildlife-watching spots and gyms..

RESOURCE: New Active Travel toolkit for social prescribing

The Greater London Authority has produced a [new toolkit](#) to support healthcare professionals to socially prescribe active travel. The toolkit makes the case for social prescribing active travel, presents the health benefits, and offers resources to support patients to engage with the social prescribing services available in their area.

RESOURCE: All you need to know about social prescribing in nine minutes

The Healthy London Partnerships have released a [nine minute video introducing social prescribing](#) in an accessible and interesting manner. It explains how social prescribing provision works and shows how it can offer value in London.

RESOURCE: Inspiring women to be active during midlife and menopause

Join Women in Sport on 19th May for an online event hosted by author and journalist Lorraine Candy. Diving into groundbreaking insights, with discussions and viewing of the new images underpinning the work. [Sign up here.](#)

INSIGHT: Developing place-based partnerships with Integrated Care Systems

[See People, Places and Communities](#)

Technology for Participation

LONDON SPORT: Returning stronger with tech and physical activity

[See Headlines.](#)

LONDON SPORT: 5,000 Londoners got active for RED January

[See Headlines.](#)

LONDON SPORT: London Sport vacancy with Sport Tech Hub

We are looking for a colleague to lead the implementation and delivery of Sport Tech Hub's communications activities and community engagement. You'll be a creative person with an appetite to curate Sport Tech Hub's own and original content. [Apply.](#)

NEWS: SportsTech 2021: Top trends and startups – Part 4

Read the latest in Sport Tech Hub's interview series featuring a range of global experts who highlight their prediction on tech trends to impact physical activity levels and sportstech startups to watch out for. [Read more here.](#)

NEWS: Five products helping us emerge from lockdown

As covid-19 restrictions continue to lift, Sport Tech Hub have looked at five products in their community that can help people be physical activity in fun and innovative ways, both indoors and outdoors. [Learn more.](#)

NEWS: Support for more women to start and stay in triathlon

A new partnership between Her Spirit and British Triathlon sees the launch of a virtual triathlon club, offering both coaching, challenges and triathlon event opportunities. [Discover more here.](#)

NEWS: London South Bank University and Breathe Happy collaborate

A new collaboration between London South Bank University and Breathe Happy will focus on developing a custom deep learning model which can accurately identify yoga poses and their execution. [Learn more here.](#)

NEWS: ActiveThings in the final four on AWRC Wellbeing Accelerator

The active travel assistant helping to make secure bike parking a reality has made it as one of the final participants at programme led by the Advanced Wellbeing Research Centre. [Learn more here.](#)

NEWS: Rugby legend on a mission to get people moving

With 20 million Brits classed as 'physically inactive', Ireland and British and Irish Lions legend Brian O'Driscoll has teamed up with EXi: an award-winning app that provides personalised exercise prescription to those suffering from any number of 23 long-term conditions. He's [spoken to Men's Fitness about the partnership.](#)

Workforce & Club Development

OPPORTUNITY: Last chance to nominate your coaching hero

Through [UK Coaching Hero](#), you can nominate coaches who implemented great coaching ideas and made considerable differences to people's mental and physical well-being despite the adversity that faced the nation. Deadline 17 May.

RESOURCE: Apprentices can help you recover, reinvent and rebuild

Coach Core share their experience in apprenticeships as a way to support the community sport sector to come back stronger than before. They recognise organisations are going through difficult times and the next six months are pivotal but believe there's an opportunity here for reinvention. [Learn more](#).

INSIGHT: Coaches unite

Our partners at UK Coaching have launched a nationwide survey to understand what it is coaches need to return to play and support our nations as sport and physical activity resumes. Are you a coach? Do you know a coach? Pass it on. [Complete the short survey](#) in just 5-10 minutes and you could win prizes as a thank you.

OPPORTUNITY: Applications open for BCOMS Masterclass programme

Applications for BCOMS masterclass programme are now open, as the highly praised initiative returns for 2021 with Nike and Facebook support. The programme is open to young people (16–25) from under-represented groups in the sports media. The [deadline for applications](#) is Sunday 16 May.

RESOURCE: UK Coaching resources to return to coaching

UK Coaching have produced a [toolkit of essential expert advice](#) from coaches from a range of different sports to help you prepare for your return to coaching and drum up some excitement and ambition for the future. It maps out the guidance against the dates as well as individual support for the plan, do, review stages.

OPPORTUNITY: Sudden Cardiac Arrest Digital Toolkit: Learn to Save a Life

Funded by Sport England, UK Coaching, in collaboration with Resuscitation Council UK, St John Ambulance and Joe Humphries Memorial Trust, has produced a free toolkit to help people understand how to respond and act quickly to a sudden cardiac arrest. [Find out more](#).

OPPORTUNITY: FA referee courses

The Amateur FA are running courses in Southwark, Enfield and Barking & Dagenham available to anyone aged 16+. Refereeing provides valuable life skills such as communication, leadership and dealing with conflict. [Find out more](#).

General News

LONDON SPORT: London Sport Consultancy learns pandemic lessons

[See Headlines.](#)

INSIGHT: Research shows resilient sector requires further support in recovery

Findings from the SRA and Sheffield Hallam University demonstrate an incredible resilience in the sector. However, a lack of income has placed extral pressure on the financial reserves of community organisations. [The research](#) also found grassroots clubs with greater ethnic diversity face the biggest challenges.

INSIGHT: Let's Do London campaign toolkit

Focused on increasing footfall across retail, leisure and culture, with an aim to help Londoners to build confidence in being back out, the Let's Do London campaign (May-Oct) brings together the GLA, TfL and local organisations. [The toolkit](#) includes image library, messaging, and information on campaign audiences.

INSIGHT: ITF unveils new research into gender equality in sport

The ITF announced the results of a first-of-its-kind global research project examining sports gender equality across the media and social media. The research explored how the representation of male and female athletes varies, identifying key differences by market and media type, as well as any differences in consumer searches between male and female players. [Find out more.](#)

RESOURCE: Sport England roadmap communication for return to play

Sport England released [updated FAQs](#) on the the relaxation of restrictions from 29 March. There will also be a range of activity taking place in the leadup to the 29th and into April to support the reopening including, press releases, best practice, return to play tools for providers and the latest insight into attitudes and intentions.

OPPORTUNITY: Join us at House of Sport

Looking to downsize your office but not your office experience? Or perhaps you are looking for a desk space away from the work-from-home? [House of Sport](#) have a number of opportunities to join our co-working space in Borough alongside other organisations harnessing the power of physical activity and sport for social good.

Jobs

[Deputy Director of Operations \(Shared Parental Leave Cover\)](#)

We are looking for a talented, enthusiastic and ambitious individual contributing to the effective management of the Operations Directorate, as shared paternal leave cover in the role of Deputy Director of Operations at London Sport. Deadline: Wednesday 19 May 2021

[Community Officer \(Sport Tech Hub\)](#)

Lead the implementation and delivery of Sport Tech Hub's digital communications activities and community engagement. Deadline: Sunday 23 May

Programme Manager (Connected Kingston)

Kingston Voluntary Action is looking to recruit an experienced and highly organised Programme Manager for the 'Connected Kingston' Social Prescribing programme. Deadline: Monday 17 May.

Equality, Diversity and Inclusion Officer (Surrey FA)

Surrey FA are seeking to recruit an inspiring and motivated individual in this newly created role. The EDI Officer will work within the Football Development department and working collaboratively across the organisation to deliver their EDI strategy.

Three Vacancies at London Youth Games

London Youth Games have three vacancies: Head of Operations & Events (Fixed Term), Sports Development & Delivery Manager and Events & Workforce Officer.

Keeping up to date with London Sport

These updates are sent on the first week of each calendar month. If you would like us to consider content for inclusion, ensure this has been sent by the first of each month.

For other news visit the [London Sport website](#). Our social media accounts provide live updates and engagement on [Twitter](#), [Facebook](#), [LinkedIn](#) and [Instagram](#) while the London Sport newsletter provides highlights from across the sport sector: [sign up](#).