Procedure

Feinting in the run-up to take a penalty kick to confuse opponents is permitted as part of football. However, feinting to kick the ball once the player has completed his run-up is considered an infringement of Law 14 and an act of unsporting behaviour for which the player must be cautioned.

Preparing for the penalty kick

The referee must confirm the following requirements before the penalty kick is taken:

- the kicker is identified
- the ball is properly placed on the penalty mark
- the goalkeeper is on the goal line between the goalposts and facing the kicker
- the team-mates of the kicker and the goalkeeper are:
 - outside the penalty area
 - outside the penalty arc
 - behind the ball

Infringements – after the whistle and before the ball is in play

	Outcome of the kick	
Infringement for encroachment	Goal	No goal
Attacking player	Penalty is retaken	Indirect free kick
Defending player	Goal	Penalty is retaken
Both	Penalty is retaken	Penalty is retaken

