8v8 (4+4 v 4+4) Game

Category: Small Sided Games

Practice Theme/Topic

8v8 game working on vision and support play

General Notes 8v8 game with teams split into two sets of four (4+4 v 4+4)

Aims & Objectives Teams play 8v8, plus two GKs, but players can only pass the ball to teammates wearing different coloured bib

Organisation & Setup Two teams of eight players

Four in dark blue bibs, four in light blue bibs v four in red bibs, four in orange.

Two x GKs (if required)

Pitch size to suit age and ability

Coaching Factors & Outcomes Players providing support for their team mates

Creating space

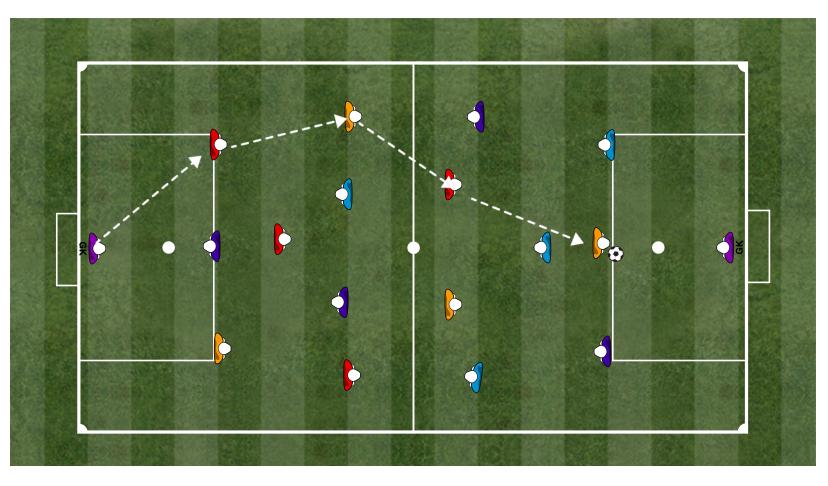
Vision and awareness on player in possession

Adaptation & Progression

Game can be adapted for available numbers, or removing GKs to become keep-ball or use alternative targets (end-zones, passing boxes)

Encourage limited touches

Introduce floaters or wide players



Coaching Point #1

Player in possession (or about looking to receive possession) to scan for options

Coaching Point #2

Players out of possession looking to support player with the ball. Create space to receive possession

Coaching Point #3

Coaching Point #4

Slide: 01/01

Technical

Passing Awareness Vision

> Practice: 01 Length: 00:20 8v8 (4+4 v 4+4) Game Category: Small Sided Games

