## 8v8 (4+4 v 4+4) Game

Category: Small Sided Games

## Practice Theme/Topic

8 v 8 game working on vision and support play

## General Notes

8 v 8 game with teams split into two sets of four $(4+4 \mathrm{v} 4+4)$

## Aims \& Objectives

Teams play 8 v 8 , plus two GKs, but players can only pass the ball to teammates wearing different coloured bib
Organisation \& Setup
Two teams of eight players
Four in dark blue bibs, four in light blue bibs $v$ four in red bibs, four in orange.
Two $x$ GKs (if required)
Pitch size to suit age and ability

## Coaching Factors \& Outcomes

Players providing support for their team mates

## Creating space

Vision and awareness on player in possession

## Adaptation \& Progression

Game can be adapted for available numbers, or removing GKs to become keep-ball or use alternative targets (end-zones, passing boxes)

Encourage limited touches
Introduce floaters or wide players

## Technical

Passing
Awareness Vision

## Coaching Point \#1

Player in possession (or about looking to receive possession) to scan for options

## Coaching Point \#2

Players out of possession looking to support player with the ball. Create space to receive possession

Coaching Point \#4



