



FA Mission Statement

To establish a world leading, sustainable female player development programme supported by an elite workforce, to create world class players and teams to compete and win on the global stage.

Introduction

The FA Girls' England Talent Pathway has been put in place to support the identification and development of those with elite potential, and to ensure that appropriate playing opportunities are in place to enable players to fulfil their developmental needs and reach our ultimate goal in producing elite English female players to compete on the world stage.

Supported by investment from Sport England, each stage of the pathway has been specifically designed to ensure appropriate playing opportunities are accessible and inclusive for female players across the country.





Whilst the pathway diagram shows the progression of a footballer from grassroots to England teams, we know that every player's journey is unique and influenced by a number of factors. All athletes develop at different rates and in different ways in all four-corners of the player's make-up (technical/tactical, physiological, psychological and social). Therefore our pathway allows girls to enter at different stages and ensures playing opportunities are appropriate to the needs of the player for them to develop and enjoy playing football.

England U15-U20

FA Girls' National Performance Camp (NPC)

selected to attend the FA Girls' National Performance Camp. The NPC provides additional support for players across a international selection.

FA Girls' Regional Development Programme (RDP) Selected players will be offered the opportunity to further develop and train alongside other talented players within their region. The RDPs consist of development camps and performance hubs, each aimed at different ages and levels of experience.

FA Girls' Regional Talent Club (RTC)

Players that demonstrate elite potential may join a Regional Talent Club. RTCs will operate across three tiers and provide playing opportunities for talented girls aged 8-16.

FA Girls' Advanced **Coaching Centre** (ACC)

Advanced Coaching Centres provide additional training opportunities for girls playing in grassroots football in the South West and East regions.

Community Football/ Grassroots Clubs/ Schools Football

The FA ensures the provision of local playing opportunities for all girls, through its links with County FAs. This includes Premier League for Sport and Football League Trust development programmes.

ENGLAND TALENT PATHWAY **AGE GROUPS**

Eligibility for Regional Talent Clubs and

Advanced Coaching Centres is based on

academic year (Sept – Aug) where as

National Performance Camps operate

on calendar year (Jan – Dec) to fall in-

line with international football.

Tier 1 Regional Talent Clubs

Arsenal Ladies

Birmingham City Ladies

Blackburn Rovers Ladies

Brighton & Hove Albion

Leeds United

Leicester City

Liverpool Ladies

Manchester City Women

Manchester United

Southampton FC

Sunderland

Aston Villa

Bristol City Women

Chelsea Ladies

Derby County

Essex FA **Everton Ladies**

Gillingham Millwall Lionesses

MK Dons

Stoke Citu

Oxford United

Sheffield United

Teesside Sport

York City FC Foundation

Tier 2 Regional Talent Clubs

Tier 3 Regional Talent Clubs

Boston United

Charlton Athletic

Doncaster Belles Rovers

Durham Women

Nottingham Forest

Reading FC Women

Shrewsbury Town

West Bromwich Albion Girls

Wolves

Advanced Coaching Centres (South West Region)

Cornwall FA

Devon FA

Dorset FA

Gloucestershire FA

Somerset FA

Wiltshire FA

Advanced Coaching Centres (East Region)

Bedfordshire FA

Cambridgeshire FA

Northamptonshire FA

Norwich City Community Sports Foundation

Regional Talent Club & Advanced Coaching Centre Eligibility

2017-2018 SEASON		
Under 16	Sept 2001 - Aug 2003	
Under 14	Sept 2003 - Aug 2005	
Under 12	Sept 2005 - Aug 2007	
Under 10	Sept 2007 - Aug 2009	

2018-2019 SEASON		
Under 16	Sept 2002 - Aug 2004	
Under 14	Sept 2004 - Aug 2006	
Under 12	Sept 2006 - Aug 2008	
Under 10	Sept 2008 - Aug 2010	

National Performance Camp Eligibility

2017-2018 SEASON		
Under 14 NPC	2004 ONLY	

2018-2019 SEASON		
Under 14 NPC	2005 ONLY	

Suffolk FA

Players must live within 90 minutes travelling time of the RTC/ACC's training ground to be eligible





WHAT IS AN ADVANCED COACHING CENTRE?

The FA Girls' Advanced Coaching Centres (ACC) are part of a specifically designed programme to support the development and progression of players in the South West and East of England.

What is the purpose of running an Advanced Coaching Centre programme in these regions and how will they benefit players with elite potential?

Due to the geographical challenges and limited playing opportunities in the East and South West, the pathway has been adapted in these specific regions to ensure it is accessible as well as supportive and educational. Players are permitted to remain in grassroots club football and participate fully in a grassroots fixture programme but ACCs will then provide supplementary support for selected players in addition to this. This pathway ensures that the players' development, health and wellbeing is at the forefront of the programme.

What can players expect to receive at an Advanced Coaching Centre?

The ACC is designed to complement grassroots club football by providing selected players

with an additional night's training a week and a minimum of 6 fixtures a season against other ACCs or Charter Standard Youth teams.

Who organises the Advanced Coaching Centres?

ACC's are licensed to the local County FA who facilitate the organisation of the Centre and appoint appropriately qualified coaches for each age group. It is the responsibility of the County FA to provide players, parents and coaches with all necessary information relating to the programme e.g. trials, training venues/times, fixtures etc.

Where will the Advanced Coaching Centres be located?

ACCs are specific to counties in the South West and East of England. Each County FA will operate an ACC for a minimum of 29-weeks starting in September of each season.

Who can attend the Advanced Coaching Centres?

Counties will operate squads at U12, U14 & U16. Players will also be registered with a local grassroots club.

How do players access an Advanced Coaching Centre?

Access to the ACC is gained through a trial process held in July; players can be nominated for trials by their teacher or grassroots coach, or players can apply directly to the Centre.

How long can a player stay at an Advanced Coaching Centre?

Selection is on a seasonal basis, and players of an eligible age can remain at an ACC as long as they want, subject to reselection.

What is the cost of attending an ACC?

A fee may be charged by the ACC for attending training and fixtures. This fee should not exceed £105 per season.

/ England Camps if they attend an Advanced Coaching Centre and not a Regional Talent Club?

Absolutely. Players who show elite potential

Can players be selected for NPCs

Absolutely. Players who show elite potential from Advanced Coaching Centres, Regional Talent Clubs and the grassroots game are eligible to be selected and attend Regional Development Programmes, National Performance Camps and England camps. The different programmes in these regions are a consequence of the geography and opportunities available to players and does not prohibit them from selection.

All Advanced Coaching Centres and contacts are listed on our website http://www.thefa.com/womens-girls-football/england-talent-pathway

HOW CAN I FIND MY NEAREST ACC?







A Regional Talent Club (RTC) is an enhanced coaching centre for U10, U12, U14 and U16 age groups, and allows players identified as having elite potential the opportunity to access appropriate levels of coaching and support.

Who organises the Regional Talent Club?

RTCs are run by local organisations. They facilitate the organisation of the club and appoint appropriately qualified coaches for each age group. Each RTC has a Club Manager who administers the club, and provides players, parents and coaches with all the necessary information relating to the programme e.g. trials, training venues/times, fixtures etc.

What can players expect to receive at a Regional Talent Club?

Players will receive the support required to enable them to develop the key attributes required to play at the highest level; linked to the Long-Term Player Development fourcorner model (technical/tactical, physiological, psychological and social). A minimum of three-hours training will be provided per week to each age group, and all players will take part in a fixture programme.

Where are Regional Talent Clubs located?

34 RTCs are spread across the country (excluding those regions where Advanced Coaching Centres are run). The clubs will run for a minimum of 30-weeks from July through to May of each season.

How do players access a Regional Talent Club?

Players should attend the closest club to where they live, and travel time to training must not exceed 90-minutes. Access to the RTC is gained through a trial process; players can be nominated for trials by their teacher, grassroots coach or they can apply directly to the club.

Who are fixtures played against in a Regional Talent Club?

U10 and U12 age groups participate in either a local Charter Standard youth league (and play fixtures scheduled by the league) or a bespoke competition programme arranged by the RTC and local County FA in line with FA rules. U14 and U16 age groups play in an FA organised fixture programme, although only U16s play competitive fixtures, and take part in The FA Girls' U16 Youth Cup.

Why are Regional Talent Clubs tiered 1 – 3?

The new 3 tier Regional Talent Club programme was launched for 2016/17 season to provide greater support to the clubs working with our most talented players. The previous Centre of Excellence structure showed that clubs require the opportunity to grow and develop at different rates according to their maturity and growth, as well as the grassroots infrastructure beneath them. Therefore the

RTC programme operates across a tiered concept as opposed to a 'one size fits all' model in which the elements of funding and support are different across the three tiers that clubs were awarded.

Should a player be trying to get into a Tier 1 club over a Tier 3 club?

No. The purpose of the tiers is not a reflection of where the best players are as we fully encourage all players to attend their closest Regional Talent Club. The purpose of the tiers is to reflect where clubs are in terms of their individual growth and infrastructure. The opportunities to attend a Regional Development Programme, National Performance Camps and England Camps are the same for a player if she were to attend a Tier 1, 2 or 3 Regional Talent Club.

How long can I stay at a Regional Talent Club?

If asked to join a RTC, every player will be given a 'player agreement' for either one or two

All Regional Talent Clubs and contacts are listed on our website http://www.thefa.com/womens-girlsfootball/england-talent-pathway

seasons (subject to continued funding and meeting licence criteria).

At the end of the agreement period, players will be told whether they will be retained, required to re-trial or let go to return to grassroots football. A player may de-register at any time if returning to grassroots football or advancing to senior football. A player wishing to move to another club can only do so during the December or June transfer window. If a player wishes to move to another club outside of this time they can make an appeal to the Football Association.

What is the cost of attending a Regional Talent Club?

A fee may be charged by the Club which should not exceed £200 per season. This fee should include the provision of training and match day kit.









What can players expect from the performance hubs and development camps?

Selected players will be invited to attend performance hubs and/or development camps throughout the season. At development camps players will be provided with technical, physiological and theoretical support and information to aid their development. Fixtures may be arranged but that would be confirmed in advance of attending.

The aim of performance hubs is to provide a support mechanism to cater for the individual's needs; giving clarity across the technical, tactical, physiological and psychological remits. A range of workshops will be accessible at these one-day hubs for both players and their parents to select from in order to get support across the different disciplines.

Where will the Regional **Development Programmes be** located?

RDPs take place in all seven regions of the country; North East, North West, Midlands, East, South East, London/West and South West. In some regions performance hubs may be held across a couple of venues to take travel times of those attending into consideration, so players selected would be invited to their closest hub.

Why do the number of camps and hubs in Regional Development Programmes vary across different regions?

The structure of each Regional Development Programme has been individually tailored by the Talent Technical Coaches to meet the specific needs of their region. Therefore the dates, type and number of events differ across each programme.

How do players access the Regional **Development Programmes?**

Access to RDPs differ in each region, but players will be chosen either through a 'selection day' delivered by FA staff at regional venues or as a result of being watched and monitored by the Talent Technical Coaches or FA Talent ID Reporters. Players do not have to be registered at a Regional Talent Club or Advanced Coaching Centre to be selected.

How many Regional Development Programme events will I be invited to?

No player is guaranteed long term access to a Regional Development Programme. Players will be continually assessed and invited back if it is considered appropriate for their development. Specific camps and hubs will be aimed at different age groups and levels of experience and therefore players should not expect to attend all events taking place across the season.

What is the cost?

No fee is charged to players for attending any Regional Development Programme event.



WHAT IS A NATIONAL PERFORMANCE CAMP?

National Performance Camps (NPC) have been put in place to support U14 players identified as have 'international' potential. NPCs provide players with the opportunity to train and play amongst high level players from around the country. With guidance and support from FA technical staff, players are also given access to specialist medical and sports science support to further aid their development.

How many National Performance Camps are held per season?

NPCs are held five times a year at a central venue between September and May. They are residential camps run over weekends

When does a player have to be born to be eligible to attend a National Performance Camp?

Unlike the Regional Talent Clubs / Advanced Coaching Centres, the National Performance Camp's age group is based on the calendar year (Jan – Dec) as opposed to academic year (Sept – Aug) to fall in-line with international camps. Only second year U14 players (aged 13-14) whose birthday falls inside the required calendar year are eligible.

How do players access the **National Performance Camps?**

Players are selected on a camp by camp basis and involvement with one NPC does not guarantee involvement at the next or subsequent National Performance level. Selection is by recommendation either from the Talent Technical Coaches, the RTC / ACC or an FA Talent ID Reporter. Players do not have to be registered at a Regional Talent Club or Advanced Coaching Centre to be selected.

What is the cost?

No fee is charged to players for attending a National Performance Camp



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