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PRE-MATCH PREPARATION

ST. GEORGE'S PARK OFFERS A WORLD-CLASS TRAINING ENVIRONMENT FOR ANY TEAM STRIVING FOR EXCELLENCE, MAKING IT THE IDEAL BASE TO PREPARE FOR YOUR AWAY FIXTURES IN THE MIDLANDS.

INCLUDES*

- **(+)** A training pitch (grass or hybrid) for 2 hours
- Training equipment (cones, balls, bibs, goals, mannequins etc)
- + Half day access of the Performance Centre Facilities:**
 - Strength and Conditioning Gym
 - Hydrotherapy suite
 - Physiotherapy area
 - Rehabilitation gym
- + Use of a changing room all day with towels provided
- **+** Kit laundered (one set)
- **+** lce (10kg)
- [+] Bottled water

REQUIREMENTS

(+) Maximum of 28 players (additional cost for extra players)

(+) Maximum of a 3 day stay

E1400 PER DAY***

15% DISCOUNT AVAILABLE For Football League and All Academies



- Subject to availability
- ** Exclusivity dependent on availability
- *** Prices inclusive of VAT

