



MAINTAIN SOCIAL DISTANCING

1

When entering
and leaving
the pitch

2

During
warm ups

3

At all times
with match
officials

4

During goal
celebrations

5

After
the game



HYGIENE

1

Wash your hands or use
hand sanitiser before
and after the game

2

No
handshakes

3

Use your own
water bottle

4

Avoid spitting
and nose
clearing