FAITH & FOOTBALL
A CALENDAR OF RELIGIOUS FESTIVALS 2019/20 SEASON
Some dates are provisional, based on the lunar calendar and/or sighting of the moon. The FA recognise that in the case of most of the faiths concerned there are various ways of spelling the same word. This is because of the range of languages (and alphabets) of the original terms. Some dates may also vary and the date of local celebrations may differ. We therefore recommend anyone using this calendar to arrange fixtures and events only after consultation with local representatives of the faith communities concerned.

In this calendar we have only highlighted the six largest faiths in England by population and recognise there will be other faiths not mentioned.

*All these festivals are observed for two days. All Jewish Festivals start the night before.
GUIDANCE TO GRASSROOTS FOOTBALL AROUND FIXTURES AND RELIGIOUS OBSERVANCE

THE FOOTBALL ASSOCIATION
As part of The Football Association’s commitment to providing equal opportunities for all to participate in football, Rule B5 was amended at the 2005 AGM in order to include all religions.

RULE B5 FOOTBALL & RELIGIOUS OBSERVANCE
(a) A Participant cannot be compelled to play football on bona fide occasions where religious observance precludes such activity, save where the Participant:
(i) has consented to do so on such occasions;
or
(ii) is registered as a player under written contract, which shall be taken as consent to play on such occasions unless otherwise provided for in the contract.
(b) Annually, when planning programmes, Competitions shall define and notify agreed dates of such occasions.

GUIDANCE
In order to support you with your planning this guidance has been written to provide you with the most significant dates for religious observance together with some information on them. It is not intended that you avoid all these dates, and the list is by no means exhaustive, but you are advised to consult with your clubs and communities as to the most relevant dates to consider for your locality as this will vary considerably.

A calendar of these dates will be provided by The FA annually. You should note that some religions work on a lunar calendar (10/11 months) rather than the Gregorian (12 months) which means dates will vary from year to year. In addition some dates can only be confirmed by the sighting of the moon so are sometimes expressed as two or three dates and confirmed nearer the time of the festival. Some dates also have alternative spellings.

FAITH DATES BY RELIGION

Buddhism
• Chinese New year
• Buddha Day

Christianity
• Christmas Day
• Good Friday
• Easter Sunday
• Sundays unless the League is a Sunday League (membership of or participation in Sunday football shall be taken as consent to play on Sundays, except when Christmas Day be on a Sunday)

Hinduism
• Diwali (or Divali)
• Navaratri – this is nine nights but usually finishes quite late, not ideal when playing matches
• Raksha Bandhan
• Holi – Only for evening fixtures as Holi is celebrated in late afternoon/evenings

Islam
• Eid-al-Fitr (occurs at the end of Ramadan)
• Eid-al-Adha
• Al-Hijra/Muharram

Judaism
• Rosh Hashanah
• Yom Kippur
• Passover – the first and last two days of the festival
• Sukkot – the first two days of the festival
• Friday evening to Saturday evening (Sabbath) unless the League is a Saturday League (membership of, or participation in, Saturday football shall be taken as consent to play on Saturdays)

Sikh Faith
• Diwali (Divali or Bandi Chhor Divas)
• Vaisakhi (Baisakhi)
• Birthday of Guru Nanak

“Faith and pastoral care can be important to both players and staff at any club. It helps them create perspective under the pressure of the professional game.”

Angy
Club Chaplain, Reading FC Women & Sports Chaplaincy UK
EXPLANATION OF KEY RELIGIOUS OBSERVANCES

Al-Hijra/Muharram
Islamic New Year and the first of the month of Muharram, where Muslims celebrate the Prophet Muhammad’s migration from Mecca to Medina. For Shi’as the first ten days are a period of mourning culminating in Ashura Day, commemorating the martyrdom of Imam Husayn.

Birthday of Guru Nanak
Birthday of founder of Sikhism. This is one of the holiest of the Sikhs which is celebrated over a three day period.

Buddha Day
Birthday of the founder of the Sikh faith. This is one of the holiest Sikh festivals which is celebrated over a three day period. 2019 is the 550th birth anniversary.

Chinese New Year
The most important day in the traditional Chinese calendar and marks the beginning of the first Lunar month.

Christmas
Celebrates the birth of Jesus who Christians believe to be the Son of God. Christians focus on the incarnation of God becoming a man in this major festival.

Diwali (or Divali) – (Hindu/Sikh)
Festival of Lights. Celebration of good over evil. Victory of Lord Rama over demon Ravana and end of over 14 years of exile of Lord Rama. Prayers are said for Goddess Laxmi for prosperity at the beginning of financial year. For Sikhs this has a special significance because the sixth Guru was released from prison on Diwali. Sikhs also call this festival ‘Bandi Chhor Divas’.

Easter Sunday
Christians celebrate the resurrection of Jesus from the dead.

Eid-al-Adha
This Muslim festival marks Day Three of Hajj (pilgrimage to Mecca) and also commemorates the Prophet Abraham’s willingness to sacrifice his own son Ishmael.

Eid-al-Fitr
This day marks the end of the month of fasting for Muslims (Ramadan). The day is marked with prayers and festivity and presents for children.

Good Friday
This day commemorates the crucifixion of Jesus.

Hindu New Year
Often thought of as more important that Diwali, many Hindus celebrate this in the spring but some on the day following Diwali.

Holli
Spring Festival of Colours for Hindus which symbolises the triumph of good over evil. The event celebrates the death of the evil demoness Holika who was consumed by fire while her nephew Prahlad, who was a devotee of Vishnu, survived. These days the event is signified by burning large bonfires, dancing and spraying coloured powder and water on each other.

Lent
A period of preparation including prayer, fasting and reflection lasting six weeks up to Easter Sunday.

Navratri
Nine days of dance (Garba) and celebration when the Goddess Durga is worshipped by Hindus.

‘Football is a game where people from all background and faiths are able to come together and represent one team, whilst still being true to themselves.’

Ashvir Singh Johal
Academy Coach
Leicester City FC
**EXPLANATION OF KEY RELIGIOUS OBSERVANCES**

**Passover**
A Jewish festival recalling the Exodus of the Israelites from Egypt and celebrating the barley harvest. Unleavened bread is eaten with a special meal (Seder), with food, prayers, games and song.

**Raksha Bandhan**
Sisters tie holy thread onto brothers wrists for protection. Brothers in return give sisters presents and also offer the sisters protection.

**Ramadan**
The Islamic month of fasting from before dawn to sunset every day, normally 30 days ending with Eid-Al-Fitr.

**Rosh Hashanah**
Two-day religious observance that marks the start of the Jewish New Year. It is traditionally announced by blowing a shofar, a ram's horn trumpet. It is the first of the high holy days, or 'days of awe', and celebrates the creation of the world, the repentance of sins, and the renewal of God's relationship with the Jewish people.

**Sukkot**
Jewish harvest festival commemorating the forty years spent in the wilderness on the way to Israel. Sukkot 2019 runs from 13-20 October but the religious restrictions on working, carrying, driving only apply from sunset 13 to sunset 15 October.

**Vaisakhi (Baisakhi)**
This date is celebrated as the birth of the religion itself. The founding of the Khalsa (Sikh) order by Guru Gobind Singh who initiated five disciples known as the Five Beloved Ones.

**Yom Kippur**
Day of Atonement (Jewish). The last day of 10 days of repentance and the holiest day of the year with fasting and prayer.

“We are fellow Israelis who follow two different faiths but still have so much in common. Above all we are brothers on and off the pitch, the power of football keeps our friendship strong.”

**Tomer Hemed & Beram Kayal**
Charlton Athletic & Israel
**ISLAM**

**EID-AL-ADHA**
Eid Mubarak to all our Muslim followers!
30 JULY - 3 AUGUST 2020

**MUHARRAM (ISLAMIC NEW YEAR)**
Wishing all Muslims who are commemorating Muharram peace and blessings
SEPT 1, 2019 - SEPT 30, 2019
AUG 20, 2020 - SEPT 20, 2020

**RAMADAN**
#RamadanMubarak from everyone at .......... to all those preparing to fast during the holy month.
24 APRIL - 23 MAY 2020

**CHRISTIANITY**

**CHRISTMAS**
Merry Christmas to all our followers!
25 DECEMBER 2019

**EASTER**
Happy Easter to everyone celebrating over the extended weekend!
10-12 APRIL 2020

**JUDAISM**

**ROSH HASHANAH**
Wishing all our Jewish followers a Shana Tova today!
29 SEPT - 1 OCT 2019

**YOM KIPPUR**
Wishing all our Jewish followers well over the fast of Yom Kippur
8 OCTOBER 2019

**CHANUKAH**
Happy Chanukah to all our Jewish friends and followers who begin their celebrations today!
22-29 DECEMBER 2019

**PURIM**
We would like to wish a #HappyPurim to all those celebrating this evening!
9 MARCH 2020

**PASSOVER**
Chag Kasher Vesameach! We would like to send our best wishes to everyone in the Jewish community as #Passover begins this evening.
8-16 APRIL 2020

**ISLAM**

**EID-AL-FITR**
#EidMubarak to all our Muslim followers celebrating around the world!
24 MAY 2020

**CHRISTIANITY**

**ISLAM**

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# SUGGESTED FAITH RELATED SOCIAL MEDIA MESSAGES

## SIKH FAITH

### DIWALI/BANDI CHHOR
Happy Diwali and Bandi Chhor to all our Hindu, Sikh and Jain followers!

**27 OCTOBER 2019**

Image of people celebrating with light or fireworks.

If Sikh specific, an image of the Golden Temple with fireworks.

## BIRTHDAY OF GURU NANAK
Happy Guru Nanak Gurpurab to everyone celebrating the birth of the founder of the Sikh faith 550 years ago!

**#GuruNanak550**

**12 NOVEMBER 2019**

Image of Ik Onkar, a Sikh symbol.

## BIRTHDAY OF GURU GOBIND SINGH
Happy Guru Gobind Singh Gurpurab to all our Sikh followers – he stood for the universal values of freedom, equality and justice for all!

or

Wishing Sikhs everywhere a very happy Guru Gobind Singh Gurpurab. Gurpurab di lakh lakh vidaye! (The last part of the message means “Many many good wishes for the gurpurb”)

**2 JANUARY 2020**

Image of Anandpur Sahib (the birthplace of the Khalsa) or the Takht Sri Patna Sahib (Gurdwara where he was born) or A Khanda (Sikh symbol)

## VAISAKHI
#HappyVaisakhi to everyone from the Sikh community celebrating the birth of the Khalsa over the coming days!

**13 APRIL 2020**

Image of the triangular flag with the Sikh insignia of the Khanda

## BUDDHISM

### CHINESE NEW YEAR
Happy #ChineseNewYear to all our followers who this weekend celebrate the start of the Year of the Rat!

**25 JANUARY 2020**

Image of a rat

## BUDDHA DAY/VESAK
Happy Buddha Day. Best wishes for Vesak to all those celebrating across the world!

**30 APRIL 2020**

Image of the Dharma Wheel or a silhouette of the Dharmadhatu

## HINDUISM/JAINISM

### DIWALI
Happy Diwali to all our followers celebrating today!

**27 OCTOBER 2019**

Image of people celebrating with light or fireworks.

### HOLI FESTIVAL
We’d like to wish a #HappyHoli to anyone celebrating the festival of colours today!

**10 MARCH 2020**

Image of people celebrating the festival with lots of colour
“As a manager, I'm responsible for both my players and myself at the club. My faith is a constant source of support and helps me try to be the leader and role model that my team needs.”

Riteesh Mishra
Manager
Charlton Athletic FC Women