

# SEARCH

Search on Global DRO to find out if your medication is prohibited in sport.

CHECK

Check if you need to apply for a Theraputic Use Exemption (TUE) by using UKAD's TUE Wizard.



If you need a TUE, submit an application alongside the relevant supporting medical evidence.

#### **IS YOUR MEDICATION PERMITTED?**

Medications prescribed by a doctor or bought directly over the counter may contain prohibited substances. It is your responsibility to check your medication before using it, even if you have used it

before.

For more information on checking medications and applying for a TUE visit: **ukad.org.uk/searchcheckapply** 

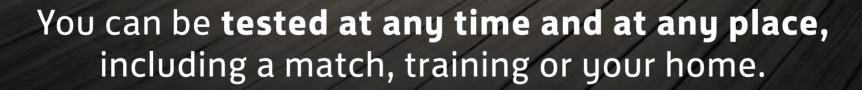






# DON'T CLOSE THE DOOR ON YOUR CAREER





Refusing to take a drug test is a breach of The FA Anti-Doping Regulations and will likely lead to a **four year ban** from football.

For more information please visit www.thefa.com/anti-doping



### BANNED FROM FOOTBALL TERMINATED CONTRACT PUBLIC SHAME ADDICTION



From the 2021/22 season The FA Social Drug Programme will be run completely separately from the Anti-Doping Programme. Hair samples will be the primary collection method, enabling a quicker process and providing an increased detection window. For more information please visit **thefa.com/anti-doping**.



Some everyday over the counter medications may contain **banned substances**. Be careful when taking medications and **always check** the banned status of a medication by brand or ingredient using **Global DRO**.

Just visit www.globaldro.com or ask your club doctor or GP for advice.

## 1 IN 10 Supplements



May contain banned steroids or stimulants you won't know about.\*

### Don't take any before checking with your club doctor and on www.informed-sport.com.

\*LGC (2013) European wide study into supplement contamination







Professional Footballers' Association