Forwards Movement And Finishing (ATP-SQUAD)

Category: Attacking Length: 00:45 Rec. Players: 18 Published: May 12, 2014 @ 10:51

Practice Theme/Topic

Forwards movement and finishing...

General Notes

UEFA B Advanced Technical Practice progressing to a Squad Practice

Aims & Objectives

Working on the movement of strikers to create goal scoring opportunities

Organisation & Setup

Half a pitch marked of as slide one

Five mannequins (or passive defenders) to provide reference points for the midfielders and forwards

One x GK

One football served from central server to midfield player to start

Progressing to 70x50 pitch, split into thirds.

Two x GKs, 3v3 in middle third, 2v2 in end thirds

Two x wide players operating for team in possession (two touch)

Coaching Factors & Outcomes

See coaching points

Adaptation & Progression

Squad practice could move into SSG

Technical

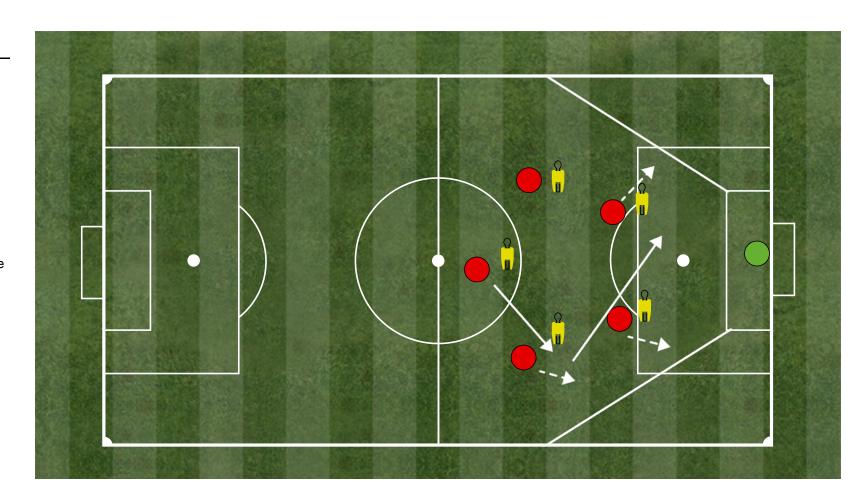
N/A

Physical

N/A

Psychological

N/A



Coaching Point #1

Recognition of routes to goal

Observation skills to see where GK is and stay on-side

Coaching Point #3

Combination play between strikers and midfielders

Individual skills; turning, holding the ball

Awareness of support striker

Coaching Point #2

Timing and movement of strikers

Quality of passing and receiving

Slide: 01/02

Coaching Point #4

Goal scoring skills

Range of finishing

Rebounds

Practice: 01 Length: 00:45

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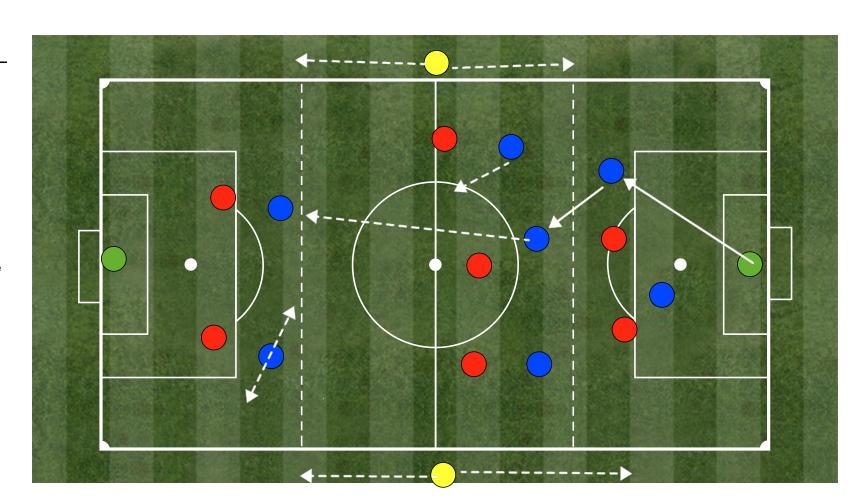
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Coaching Point #1

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Awareness of support striker

Coaching Point #2

Timing and movement of strikers

Quality of passing and receiving

Slide: 02/02

Coaching Point #4

Goal scoring skills

Range of finishing

Rebounds

Practice: 01 Length: 00:45

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