

Lydiard Youth FC U15 Blue
V
FC Salisbury United U15
at Chippenham Town FC



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WILTSHIRE COUNTY FA CUPS

WELCOME TO THE FINAL OF THE **U15 MINOR CUP**

LYDIARD YOUTH FC U15 BLUE



FC SALISBURY UNITED U15

Referee - Andrew Lewis

AR 1 Tom Warren | AR 2 Joshua Pearse | 4th Official William Steckerl

Since its inception in 1886 Wiltshire County FA Cups have grown to offer 12 cup competitions this season. The competition attracts in excess of 400 affiliated clubs, 6000 players, 900 coaches, 450 referees and 1000s of supporters.



PREMIER SHIELD



SENIOR CUP



WOMEN'S CUP



JUNIOR CUP



SUNDAY CUP



VETERANS' CUP



YOUTH CUP



U16 MINOR CUP



U15 GIRLS' CUP



U15 MINOR CUP



U14 MINOR CUP



U13 GIRLS' CUP



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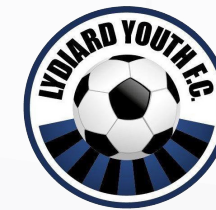

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LYDIARD YOUTH FC U15 BLUE

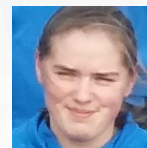


Lydiard Youth Football Club is a Swindon-based Youth Football Club; it is a voluntary organisation established in 1999 to provide football opportunities for children and young adults in Swindon, Wiltshire.

The club operate structured training sessions and participation in Sunday league football for boys and girls in the school age groups from Reception to Year 13 (U6-U18).

Luis Ponting, U15 Blue Manager - "Ben and I are in the privileged position to be helping develop young players and also in some way contribute to their development as young people. At the 'Blues' we pride ourselves on a group of young people who work for each other and respect one another. This model gives us the perfect foundation to really focus on unlocking each players talent and ensuring they each contribute. This is the most rewarding part of our role."

THE TEAM



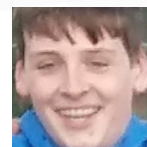
1. Emily McGrogen

Emily will command her goal area and takes great pride in her role. She will throw herself at every ball and is a natural shot stopper.



2. Callum Jones

CJ will keep the GK safe and defend with his other defensive team mates. CJ can send a long range pass to feet and also has an extraordinary long throw!



3. Nicholas Windrow

Nick offers the squad the flexibility to defend the flanks and also his cheeky left foot can test a solid GK



4. Callum Griffiths

Callum is a part of a reliable back line in defence who is calm on the ball and eye for the attacking risk



5. Tom Oram

Tom is a passionate and committed leader with the ability to test any midfield. Toms DNA is to win and retain the ball



6. Matthew Lundberg

Matty offers a solid, very dependable cover for Emily I goal and will close down at pace. Energised and a high performer



7. Ryan Outram

Ryan is a fluent player who loves to run with the ball and deliver a clinical cross

LYDIARD YOUTH FC

U15 BLUE



8. Fin Robinson

Fin is evolving all the time and has solidly deputised as the captain. A pacey winger with an eye to strike



9. Sam Wiles

Sam is our Fox in Box who can convert the trickiest of goals. He will always aim to turn and weave in the opposition defence



10. Joe Rachael

Joe is a player who delivers a good goal conversion and not afraid to run at his opposition



11. Alfie Staynings

Alfie is the lad who will run all his batteries down winning the ball and supporting in a diverse way. Alfie will multi task in defence and on the wings, he is also the camp comedian!



12. Sam Ponting

Sam will sit in middle and disrupt play, pick out an inch perfect pass and will compete for the ball



13. Sam Uzzel

Sam Uzzel our squad captain will lead with a consistent performance and will always strive to dominate in the middle



14. Jacob Newdick

Jacob is a terrier on the wing and looking to run up the wing and play a great pass. Also loves a long ranger as well as the chance to assist



15. Fin Hopkins

Fin is a very tactically gifted player and will compete at a high tempo. Middle man management and a cracking shot. Feet like Cruyff!

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FC SALISBURY UNITED U15's

Everyone at FC Salisbury United U15 (players, coaches, parents & supporters) would like to congratulate Lydiard Youth U15 Blue on their place in the County Cup Final today. A great achievement and we hope they will enjoy the day as much as we will.

Our Club, FC Salisbury United, have been formed since 2013 and have grown year on year. With age groups ranging from the U8's, through to the oldest of the youth age groups, the U15's. The club managers and coaches of all age levels work hard to realise the hopes and potential of all the players involved in the Club.

Over the past couple of seasons the team have seen quite a few changes with several players leaving to join football academies at professional football clubs. Everyone involved with the team wish these players all the luck for the future and are happy that through their hard work and dedication, they have now moved on to the next level of youth football. We wish them all the best and look forward to seeing their new exciting journey progress.

Manager, Steve Edgar says:



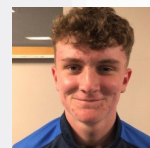
"We are extremely thrilled to have made it all the way through to the Wiltshire Minors FA Cup Final this season. It's a testament to the dedication and effort of all the players and staff to be here today. We had to play some tough teams to be here and the final proves to be the same with a very good Lydiard Youth team as opponents. We are grateful to be in a position to defend the title we won the previous season. Regardless of the result, I know we will all enjoy a great day, especially for the players in the team who have yet to experience what it is like to play in a County Cup Final."



**Mark Butcher –
Assistant Manager**



Simon Hudson – Coach



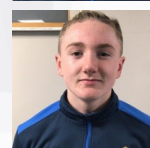
No 1. Tyler Davis – Goalkeeper

Tyler is the ideal sweeper keeper. He is as comfortable with the ball at his feet, as he is with the ball in his hands. . Confident, powerful and assured.



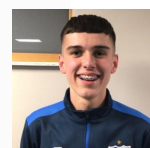
No 2. Rui Horner – Defender

Rui has been a member of the team for the past two seasons and has made a positive impact. His ability to understand and read the game in front of him gives an extra dimension to the team.



No 3. Rio Edgar – Midfielder (Captain)

Rio is the Captain and leads by example. He is always 100% behind his team. His strength both physically and mentally, spreads confidence throughout the team.



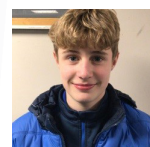
No 4. Louis Butcher – Defender

Louis is the power house on the left side of the pitch. A very strong physical player, who commands his own space and simply will not allow himself to be beaten by an attacking player.



No 5. James Kennedy – Defender

James is a player who plays with confidence. A no nonsense, no fuss, calm and calculated player who goes about his football with clinical skill and composure.



No 6. Elliot Charlott – Midfielder

Elliot is a player with quiet confidence. He is not one of the most vocal in the team but lets his feet do the talking. He is a versatile player with the ability to play in many different positions on the pitch.



No 7. Lewis Willams – Midfielder/Forward

Lewis joined the team initially as a Forward but soon found his natural playing position on the right of the midfield. Lewis is super strong on the ball and has great pace, providing some great balls into the box.



No 9. Luke Conley – Midfielder/Forward

Luke is a versatile player able to play in various different positions. He started his playing career as a Forward but can be played anywhere on the pitch.

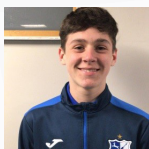
FC SALISBURY UNITED

U15's



No 10. Charlie Frampton – Midfielder

Charlie is the core strength in the midfield. Able to use his physical presence to win the ball in tackles. He is a no panic, no nonsense player who brings stability and calm to the team.



No 11. Finlay Shields – Midfielder

Fin is now in his second season in the team and has developed rapidly. He has fast pace and great vision when going forward.



No 14. Jack Oliver – Midfielder

Jack is the newest member of the squad having come to the team after the current season had already started. Jack is a competent midfield player with great energy and determination.



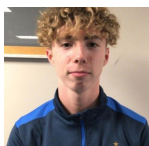
No 18. Dylan Beauchamp – Midfielder

Dylan is in his second season with the team. Dylan has incredible speed and a player with total determination to win the ball.



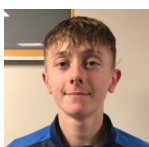
No 17. Fin 'Robbo' Roberts – Midfielder

Robbo has an insatiable appetite for the ball. His ability for winning the loose ball in midfield is fascinating.



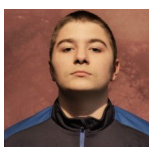
No 20. Evan Smith – Forward

Evan is another player into his second season with the team. Not the most vocal on the pitch, but has a strikers instinct when going forward. Good pace, total composure and very quick reactions.



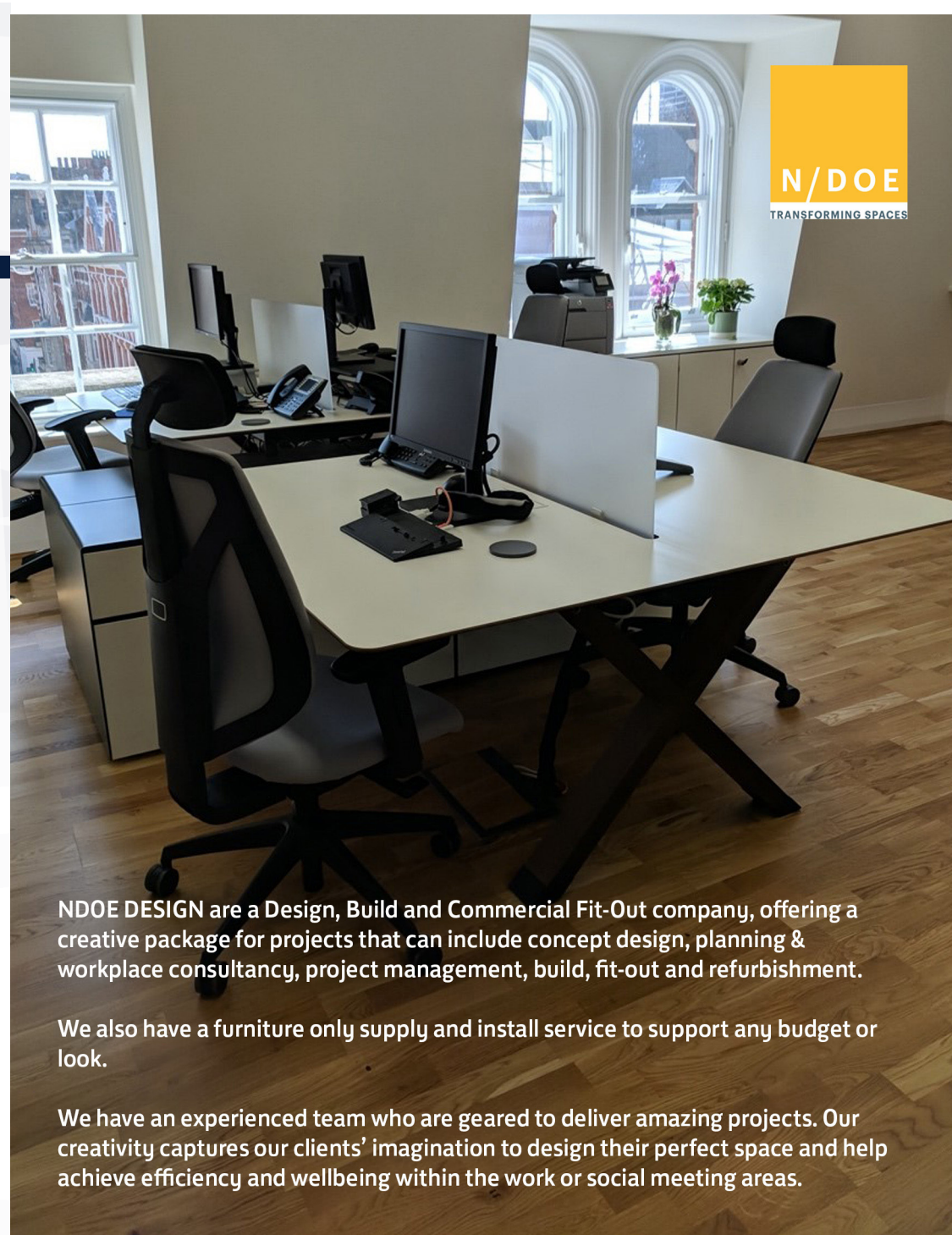
No 23. Ben Ocallaghan – Defender

Ben has been in the team for a few seasons now and has proved himself as one of the best in the position he plays. Ben is super composed in his role as a central defender.



No 24. Zachary Roberts – Defender/Goalkeeper

Zac joined the team as an all-rounder player. He has experience in many different roles and as a competent goalkeeper in his own right, also plays as the teams reserve goalkeeper.



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— Guy Kingston shares his expertise about managing sports injuries —

Treating Sports Injuries



“The best advice I can give anyone who suffers a sports injury is to get it treated straight away,” says **Guy Kingston**, Clinical Lead Physiotherapist at **Hatt Health & Movement Clinic**. “Leaving it and hoping it will go away can lead to more problems later”.

After an injury, remember **PRICE**

P Protection: Offload the area to prevent further damage

R Rest: stop doing the activity that caused the injury in the first place

I Ice: put an ice pack or a bag of frozen peas wrapped in a damp tea towel on the injury for no more than 15 minutes

C Compression: a tubigrip bandage or similar to provide support

E Elevation: raise the site of the injury ideally higher than the heart to help reduce swelling

Guy recommends that any injury that bruises, swells or causes a problem weight bearing, needs to be seen by a physio. “You don’t need to see your GP first, physiotherapists are specialists in the treatment of musculoskeletal injuries, and can diagnose and treat any injury. We can normally see someone within 24 hours, which means that we can get you back to your sport as soon as possible”.

The clinic often sees patients that have waited a long time before seeking help. “Untreated injuries can cause further issues as your body tries to compensate for the problem, so for instance the way you walk to favour an injury can lead to back or knee problems. In these cases it takes longer to sort out as you then have more than one problem to deal with”.



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WILTSHIRE FA WILL CONTINUE TO SPREAD A POSITIVE MESSAGE OF RESPECT ACROSS YOUTH FOOTBALL THROUGHOUT THE 2019/20 SEASON AND BEYOND.

The ‘We Only Do Positive’ campaign aims to highlight the importance of positive behaviour on and off the pitch for young footballers, educating parents and coaches on their role in creating a fun, safe and inclusive environment for children to play the game.



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