

6 january 2020

6.00pm-7.00pm £4.05 members / £5.90 non members

(These are drop-in session but booking ahead if recommended)

Recreational football at its best... turn up for an hour of exercise and a bit of fun!

Perfect for those who can't or don't want to commit to an eight-month long season of matches and training. Sessions take place outdoors on the 3G pitch.

call 01243 826612 to book

or email lee.tillyer@freedom-leisure.co.uk www.freedom-leisure.co.uk/arun







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