

LEWES vs. PEVENSEY & WESTHAM

SUSSEX GIRLS' CHALLENGE CUP FINAL (UNDER-16s) SUNDAY 17 MARCH 2024 | KICK-OFF: 2.30PM

OFFICIAL MATCHDAY PROGRAMME



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The views expressed in this publication are not necessarily those of the Sussex County FA.

SAFEGUARDING IS OUR TOP PRIORITY IF YOU HAVE ANY CONCERNS HERE TODAY PLEASE REPORT THEM TO OUR SAFETY OFFICER / DESIGNATED SAFEGUARDING LEAD.



WELCOME

Welcome to the Sussex County FA Headquarters for today's Sussex Girls' Challenge Cup Final between Lewes and Pevensey & Westham.

Should the score be level after eighty minutes, the result will be decided by kicks from the penalty mark.

We are pleased to extend a warm welcome to our match officials, and we congratulate each of them for their appointment to this game.

The trophy and individual mementos will be presented to the players and officials on the field of play following the conclusion of the match.

Please make use of the facilities, the licensed bar and servery will be open throughout for hot food, drinks and other refreshments.

Finally for those of you that embrace social media you can keep up to date with all the latest news from the Sussex County FA by following on Facebook, X, Instagram, YouTube, TikTok and LinkedIn.

Enjoy the match and have a safe journey home.



Thura KT Win

Chair of the Sussex County FA



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ROUTE TO THE FINAL



SUSSEX GIRLS' CHALLENGE CUP (UNDER-16s)

* Received a bye in previous round

FIRST ROUND

BOGNOR REGIS TOWN	5	0	CRAWLEY & MAIDENBOWER	WORTHING UNITED	4	1	SOUTHWATER ROYALS
HOLLINGBURY HAWKS	L	W	EASTBOURNE BOROUGH				

SECOND ROUND

BOGNOR REGIS TOWN	1	0	*HASSOCKS JUNIORS		*PEVENSEY & WESTHAM	13	0	*POLEGATE GRASS.
WORTHING TOWN	0	9	*MILE OAK	MILE OAK		4	0	*NEWHAVEN
*LEWES	W	L	*BURGESS HILLTOWN JR		*SOUTHWICK RANGERS	0	10	*WITHDEAN YOUTH
*HAYWARDS HEATH TOWN	7	0	*HASTINGS UNITED		EASTBOURNE BOROUGH	3	1	*WORTHING UNITED

QUARTER-FINAL

BOGNOR REGIS TOWN	4	3	MILE OAK	PEVENSEY & WESTHAM	7	0	LINDFIELD JUNIORS
LEWES	5	2	HAYWARDS HEATH TOWN	WITHDEAN YOUTH	2	8	EASTBOURNE BOROUGH

SEMI-FINAL

BOGNOR REGIS TOWN	0	9	LEWES		PEVENSEY & WESTHAM	5	1	EASTBOURNE BOROUGH
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THERE'S NO SPACE FOR HATE IN OUR GAME.

ABUSE WILL NOT BE TOLERATED.
DISCRIMINATION WILL BE PUNISHED.

ENOUGH IS ENOUGH





LOVE FOOTBALL. PROTECT THE GAME

LEWES





Pre-Match Preview: Tim Heal

For Tim Heal's Lewes, it's been a cup run of impressive results, and in Heal's eyes, even more impressive performances.

"For me, what was great about those games was that we were able to experiment with formations and tactics that the girls' hadn't been tested with yet," said Heal.

"We're lucky to have players who want to try different things and want to score different types of goals; so in those games we not only scored impressive individual goals, but also ones that came from great team build up play.

"This season overall has been a big learning curve for the players, be that in terms of things like changing shape and formation mid-game and implementing that in the final third or trying new roles."

For Heal, this season marks his third with the Rooks, and as such, a good group of his current squad have been coached by him since he joined.

"It's been probably the nicest thing to see the players develop, not just on the pitch, but as people off the pitch, over these last few years," said Heal.

"To see them preparing themselves to take that first step in senior football, and in some cases start to make that step, makes every session and all the hours planning 100% worthwhile."

Taking away the cup run, it's still been an impressive season for Lewes, made even more so by the fact that Heal's side are competing in a boy's league for the first time.

"It's been a really good season but a tough one, with the kind of games they're playing now really testing them," said Heal, "but from day one of pre-season to now, to see how far they've come is so impressive.

"For some players, the way they've coped with the challenges we've put in front of them, makes the progress they've made and the level they've reached, even more gratifying to see."

Looking ahead to the final against Pevensey & Westham, just what kind of contest is Heal expecting?

"It'll be a tough game that's for sure," said Heal, "we know a few players who started with us and have then joined them over at Pevensey.

"There'll be plenty of goals I don't doubt, so it'll be an entertaining watch, but it's a great opportunity for us to look to push on and show authority over a team of that quality in that environment.

"These games are the perfect chance to give the girls an idea of what it's like to be a professional player, in terms of the internal pressure that they'll be putting themselves under, so it'll be a great learning experience for them that's for sure.

"So, we'll be telling them that, when they go out on the pitch, if they put out the best version of themselves, and give everything for their team, the result will take care of itself."

PLAYER PROFILES





Rose Townsend • Goalkeeper

A commanding goalkeeper who manages to find passes to start the attack for the team while also providing great saves. She encourages her teammates to achieve the highest possible level. - IS,EB



Francesca Hanlon • Centre Back

A hard working defender who is loves providing last ditch slide tackles to win the ball. who can anticipate opposition movement very well while also finding humour to make everyone laugh. - GS,LHM



Freya Hutchison • Wingback/Winger

A player who drives down the wing and likes to take players on IVI using both feet to get past people. A resilient player who is always keeping her head up and encouraging others in the team. – PBW.MH



Georgina Smith • Goalkeeper

A Goalkeeper who makes unbelievable saves who the rest of her teammates are trusting with her behind them. Makes her teammates feel calm and positive through her performance and calm nature – EB.JF



Ellie Booth • Centre Back/Midfielder

A very composed leader who can move between midfield and defence. She is very reliable in to provide cover for her teammates and loves a slide tackle to win the ball from attackers - LHM,HM



Freya Sherwood • Wingback/Winger

A strong and fast wide player who is reliable to her teammates to take players on and provide service for the team. One of the jokers of the team always makes people laugh. - CR,MF



Imarni Sikiru • Centre Back

A strong central defender who has the ability to dribble past a whole team and make overlapping runs to get into the final third.

Makes everyone smile through her infectious laugh – MS,FH



Chioe Reed • Centre Back

A confident leader who sets a good example for all her teammates both on and off the pitch. While also being the communicator for the team giving constant instructions to the rest of the team. -FH,IS



Maia Fletcher • Wingback/Winger

A quick and hardworking wide player who likes to take players on and create chances for her team. While also being a resilient, determined person who is always finding ways to improve. -JF,PBW



Ella Hughes • Midfielder/Centre Back

A calming influence on the pitch who looks to control the game through her great game understanding. She can also break opposition with longer passess to find runners beyond. - FS,LHM



Mary Smith . Midfielder

A positive player both on and off the pitch who is always looking to take players by using her very good technical ability. Someone her teammates always want to talk to make them laugh. – HM,MF



Hannah Kuwertz • Striker

An easy to talk to striker who can hold up the ball to bring all her teammates into the game. She has a brilliant strike to find the back of the net - EB,FH



Jess Fry • Midfielder

A hard working midfielder who is trusted on the ball anywhere on the pitch. She has also mastered taking freekicks from many different distances and angles to find all corners of the goal. –GS,HK



Mia Hutchison • Striker/Midfielder

A really passionate, kind forward who likes to find pockets to get on the ball and create goals. She is very skillful on the ball with creative first touches and skill moves to beat players. -FH,CR



Holly MacLeod • Midfielder

A hard working skillful midfielder who connects the whole team by being constantly positive to her teammates to bring up their confidence as well as finding the passe to play create goal - MH,FS



Lorien Howard-McDonald • Striker

The kind and always smiling hard worker within the team. Bringing positivity to every game and session, while also being a consistent threat of defence with quick intelligent runs behind. - MF,MS



GRASSROOTS FOOTBALL AWARDS 2024

Who will you nominate for an award?

The Grassroots Football Awards are here, and it's time for you to say thank you to all the people and organisations who give their time to make football happen.

Our awesome volunteers give so much week-in, week out, come rain or shine.

They are the parents, coaches, clubs, leagues, fellow volunteers, match officials and more who give everything to the beautiful game.

Across Sussex we want to find these amazing people, share their story nationally, celebrate them, and just say a huge thank you.

Award Categories:

- Coach of the Year (Male / Female / Disability)
- · Grounds Team of the Year
- · Club of the Year
- · League of the Year
- · Match Official of the Year
- · Young Volunteer of the Year
- · New Volunteer of the Year
- · The Lioness Award
- · Positive Football Environment
- · The Bobby Moore Award

This season, our volunteers have worked hard to show the true power of football in connecting people, in building communities and enabling more players to enjoy playing our beautiful game.

Let's show them how much we appreciate their effort, commitment and impact!

Nominations are open until Wednesday 3 April 2024.

You can nominate your club, league or organisation but you cannot nominate yourself for an individual award.

Nominations can be submitted via the England Football website which is accessible via the QR code on the previous page [8].

For further information about England Football Grassroots Football Awards please contact our Awards team.

Sussex County FA

01903 753547 awards@sussexfa.com



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Safeguarding is everyone's responsibility.

PEVENSEY & WESTHAM





Pre-Match Preview: Luke Davies

For manager Luke Davies, he'll be hoping his teams free scoring run to the final will be enough to overcome Lewes on Sunday.

"It's been an interesting cup run that's for sure!" said Davies, "Our game against Polegate in the first round definitely stands out, and not because of the scoreline, but because it was the first time I was able to see real progression in the side.

"By the time the game against Eastbourne Borough in the semi-finals came around, we'd been together as a group a lot longer, and so to put in a strong performance, especially against a local rival, was even more satisfying."

For Davies, he's got a small but tight squad at his disposal, with most having played together since they were nine years-old. But in that group are players who, in Davies eyes are capable of really being the difference against Lewes?

"We had a bit of change over the summer, but that saw a few players join us, including our now captain, Amelia Sandys, who's been a really key player for us since she came into the side.

"But what we promote is that it's not one individual that will win us a game, with goals coming from all over the side, and that same collective mindset is also seen in the fact that when we have to defend, we do so as one unit.

"This is something that comes from us being a smaller squad, because I know that every player in that side will work their socks off for every other player on that pitch."

For Davies, it's certainly been a first season with the club to remember, as away from their cup run, his

side currently sit in second in the Sussex County Women and Girls' Football League, just a point behind leaders Withdean Youth

"When I came in at the start of the season, the main thing we wanted to do was help create an atmosphere that was relaxed and one where the girls would be able to enjoy their football," said Davies.

"The results we've been getting have all been down to their hard work though, and the way they've come together as a team, they're just getting better and better.

"Each player has bought into that team ethos and the way we want to play, so they know that on the pitch, if they make a mistake and give the ball away, they know one of their friends will be there to help them out."

That sense of team spirit is going to be a vital asset as Davies' side prepare to take on Lewes this Sunday.

"We're expecting a higher level of opposition to what we've faced this season that's for sure," said Davies, "we're a grassroots community club and Lewes are a side that have gone through trials to get their players.

"That being said, some of the girls I have might have gone for trials and not been selected, so they'll have a point to prove that's for sure."

With that in mind then, what message will Davies be imparting before kick-off to his side?

"Stick together, do what you've learned and what you know, work hard for each other, keep your heads high and remember that I'm proud of them no matter what happens!"

PLAYER **PROFILES**









Darcey Hadfield . Goalkeeper

Darcey has been playing football competitively since the age of 6. She also plays for Crystal Palace and represents Sussex Schools, A fantastic goalkeeper with a bright future in the game.

Talisha Webber • Defender

Talisha has been playing at Peve sey for 6 years. She is comfortable at playing at either right back or centre back. Talisha is strong and very composed, technically very good on the ball.

Ella-Marie Davies • Defender

Ella-Marie has been playing football for 3 years. She has made unreal progress and is unrecognizable from the person that first started. She balances football with her love of dance







Lani Farrell • Defender

Lani came back to Pevensey last season after a years break. She is one of the 2 elders in the squad and is a real leader. She is a rock at the heart of the defence. I wouldn't fancy a 50/50 tackle with her.

Lucy Percy • Defender

Lucy can and has played in every position for us this year and is also a very accomplished goalkeeper! She supports Chelsea and her favourite players are Tiago Silva and Millie Bright.

Lilly Simmonds • Defender

Lily has been playing with Pevensey for a year and a half. She has made fantastic strides since first coming along, picking up most improved player in last years awards. Lily supports Chelsea.







Lily Ray • Midfielder

Lily has been playing football for 6 vears and this is her first season with Pevensey. She has fitted in fantastically and is proud to be playing in this years final.

Amelia Sandys • Midfielder

Amelia has been playing football for 8 years. She started her football journey with Pevensey and has since played for Lewes, Charlton, Haywards Heath and Sussex. Sadly Amelia is a big Spurs fan.



Poppy Legg • Midfielder

Poppy has been playing football since the age of 6 and joined Pevensey 5 years ago, playing for Lewes and Sussex along the way. She supports Liverpool and her favourite player is Trent.



Sydney Blakeman • Forward

Sydney is a versatile wide player who can play either side in either a forward or defensive position. Very hard working with great close control, chips in with some important goals.



Jaya Hill • Forward

Jaya started playing football with Pevensey 6 years ago. A regular top goal scorer since then, she is rapid forward with a hammer of a right foot.



Ava-Sophia Lewis • Forward

Ava started playing football when she was 8 years old. Versatile and can play in defence or in attack. Capable of producing anything. Knows her football as supports Arsenal.



Lexi Whiteman • Forward

Lexi has been playing football for 8 years, 7 of those with Pevensey. She can play anywhere across the front line but predominantly on the left. Has played for Sussex in the past.





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PREVIOUS WINNERS

SUSSEX GIRLS' CHALLENGE CUP (UNDER-16s)

2016	HANGLETON RANGERS					
2017	FERRING					
2018	EASTBOURNE LADIES & GIRLS					

2019	LEWES
2020	WORTHING TOWN
2021	COMPETITION CURTAILED

2022	LEWES
2023	CRAWLEY WASPS
2024	

DONATE UNWANTED FOOTBALL KIT

Do you have any old or unwanted football kit and/or equipment?

With the football season drawing to a close, many clubs may take the opportunity in the off-season to purchase a new kit. Players may also buy new boots, shin pads or goalkeeper gloves.

But spare a thought for that old football kit or pair of boots, what happens to those items now?

The Sussex County FA, together with charity partners Sussex to Africa, is encouraging all clubs and players to donate any of their unwanted football kit or equipment, so that it can be put to good use and bring joy to communities in Africa.

What football kit and equipment can be donated:

- Shirts
- Shorts
- Socks
- Tracksuits
- Boots
- · Goalkeeper Gloves
- Shin Pads
- Footballs
- Trainers
- · Training Equipment

All donations should be clean and kept together in a plastic bag, bin bag or box. Donations of both adult and children's kit and equipment is welcome.

How to donate:

- Drop into the Sussex County FA Headquarters in Lancing
- Contact the Sussex County FA who can arrange local collection

Sussex to Africa started in 2007 and is a non-profit organisation, aiming to bring hope and joy to communities in Africa through well coordinated sports programmes. It is a collaborative network of people and organisations designed to link Sussex to all things African.

The main objective of **Sussex** to **Africa** is to introduce and encourage street children and orphans to sport at the community level and to offer the children a chance to play a sport they appreciate the most.



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LEWES PEVENSEY & WESTHAM

RED - BLACK - RED Manager Tim Heal

NAVY - NAVY - NAVY Manager Luke Davies

Georgina SMITH (GK)		Darcey HADFIELD (GK)
Rose TOWNSEND (GK)		Sydney BLAKEMAN
Ellie BOOTH		Ella-Marie DAVIS
Maia FLETCHER		Lani FARRELL
Jess FRY		Jaya HILL
Francesca HANLON		Poppy LEGG
Lorien HOWARD-MCDONALD		Ava-Sophia LEWIS
Ella HUGHES		Lucy PERCY
Freya HUTCHISON		Lily RAY
Mia HUTCHISON		Amelia SANDYS
Hannah KUWERTZ		Lily SIMMONDS
Holly MACLEOD		Verity THOMPSON-FORD
Chloe REED		Talisha WEBBER
Freya SHERWOOD		Lexi WHITEMAN
lmarni SIKIRU		
Mary SMITH		
	4	





