

Inclusive Clubs, Inclusive Centres

What is it?

A project to increase opportunities for disabled people to participate in sport and physical activity in Surrey through increasing skills, knowledge and confidence of coaches and instructors.

We will provide a range of learning and development opportunities for nominated coaches from sports clubs, and instructors from leisure centres across the county.

These will include: formal classroom learning; informal seminars and webinars; promotion of learning resources; 1:1 mentoring; group mentoring and peer support; coaching masterclasses; informal practise coaching/instructing sessions with groups of disabled

Why should I get involved?

- Be one of a select group of coaches in this project, spaces are limited
- Get access to a wide range of learning opportunities and experts
- Increase your skills and confidence working with disabled participants

Who is it for?

- Coaches/instructors who have some experience coaching/instructing disabled people who want to increase their confidence
- Coaches/instructors who are new to coaching/instructing disabled people
- Experienced coaches/instructors of disabled people – opportunities to run masterclasses, learn from other experienced coaches/instructors or act as a mentor for less experienced coaches/instructors

What is the commitment?

We want to increase coach/instructor knowledge and expertise to ensure disabled people experience high quality sport/physical activity in Surrey.

We would like to work with you to create new/enhanced opportunities at your club/centre and to help promote these in a coordinated campaign to disabled people across the county.

Everyone taking part in the project will have different levels of experience and will want to learn different things and so you will be able to tailor your programme to suit your needs. We just ask that everyone taking part in the programme commits to at least 5 learning opportunities (e.g. 1 classroom, 1 webinar, 2 mentoring, 1 practise session) during the project. We will then include your activities in our county-wide campaign and (subject to funding) be able to support you with some financial support for your sessions

How do I find out more?

Complete our short registration survey online (*you can do this for yourself or on behalf of other people). We aim to have our launch event in November 2016.

<https://www.surveymonkey.co.uk/r/InclusiveClubs-InclusiveCentres>