



#NorthRidingWildcats



Weekly Challenge Badges!

Well done	Superstar	Proud	Fantastic
Nailed it	Keep going!	Epic	Respect
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Design your own badge when you complete each of the weekly challenges!





Use some paper and create 5 different shaped targets onto posters and tape them to a wall. Create a throw line using a towel or blanket.

Using soft items such as spongy balls, How many targets can you hit?

Make it harder

Draw the throw line further away from the targets
Try throwing with your non dominant hand
Make the targets smaller

Make sure that you try this in a safe space.



Activity

Imagine you are a Lioness, Decribe one exciting moment from the game. Make the reader feel like is at the game.

Describe how you are feeling, the sights aroundyou and sounds of things like fans cheering.

Does anyone score?

Do you win?

