January 2018



### **WELCOME**

Welcome to the latest edition of the Norfolk County FA bulletin and the first of 2019.

As always we aim to continue to provide you with engaging content from the various Norfolk FA departments as well as relevant information regarding what's on the horizon within the #NorfolkFootball calendar.

## NORFOLK ENTER THE SEMI-FINALS AFTER BEATING SUSSEX COUNTY FA

Norfolk reach this year's FA County Youth Cup Semi-Finals by beating Sussex by scoring the only goal of the game.



In the opening 15 minutes both teams were unable to stamp early authority on the game with few chances being created.

Norfolk got their goal in the 21st Minute when Deagan Watts was played through on the left by Lewis Johnson; he ran the ball into the penalty area before slotting the ball past the keeper.

Sussex came very close to equalising after 67 minutes when a free kick from the right on the edge of the Norfolk box whistled past the post.



Half time substitute, Karol Wengrzik, had a chance to put the game to bed after Max lane put the ball in from the right, but the resulting shot was saved well by Bromage in the Sussex goal. As the game entered 4 minutes of added time, Norfolk were absorbing pressure well and managed to create a chance for Harrison Guilding-Hewitt. However, he was tackled before he could get his shot away by the Sussex last man.



Norfolk FA would like to thank Portable Toilet Hire Specialists, <u>Toilets+</u> for being the Official Squad Sponsor of the Norfolk under 18 Representative Squad.

Photos by Simon Roe.

To read the full match report, please <u>click here.</u>

## GROUNDSMAN OF THE YEAR AWARD NOMINATIONS ARE OPEN

Following the success of last season's Groundsman of the Year Awards, please find <u>HERE</u> all the relevant information on how to nominate your Groundsman in the 2018-19 competition. This applies to clubs at Step 7 and below only. Each County FA will be collating nominations over the next month and will then submit their top 3 applications to The FA, for independent judging as part of The National Awards.

The Groundsmen at this level of football are nearly all volunteers who give up hours of their time to provide the best pitches possible using limited resources. This competition is a great way for volunteer Groundsman to get recognition at a local and national level whilst also having the opportunity to engage with the professional Groundsmen who conduct the judging.





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## THE RESULTS OF NORFOLK FA'S LGBT SURVEY

During the Rainbow Laces Campaign we asked the Norfolk Football community to participate in our LGBT survey. The survey was undertaken to try to better understand the issues facing football in Norfolk and to provide us with a better understanding of keys areas where our work can be focused to be able to provide better support to the LGBT community within football.



The survey had respondents from all roles within the game including, players, coaches/managers, referees, club officials/volunteers and fans. The highest percentage of respondents came from players (29%), closely following by referees (28%).

32% of respondents reported that they had heard homophobic language in the last year whilst playing, coaching, watching or officiating football. The highest percentage of homophobic language was reported to be heard by players (49%) followed by fans (35%).

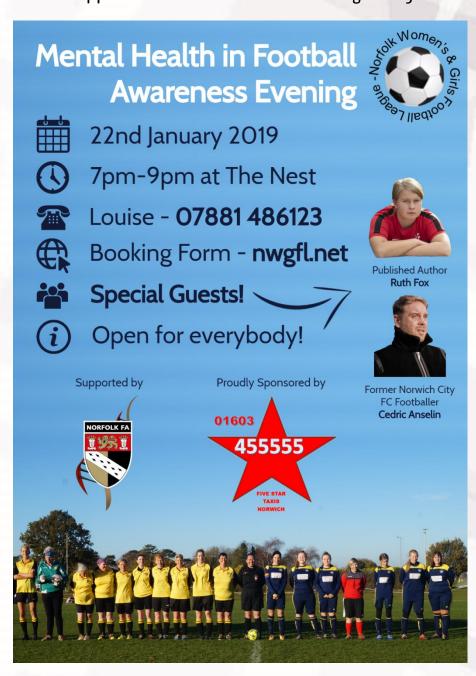
The lowest percentage of homophobic language was reported by volunteers (12%) and coaches (14%). Of those respondents who reported hearing discrimination, 52% were aware of how to report discrimination in Norfolk Football.



To find out more about the LGBT Survey results and how to become an LGBT Inclusive Club please <u>click here.</u>

# MENTAL HEALTH IN FOOTBALL AWARENESS EVENING

The Norfolk Women's and Girls League are hosting an Mental Health Awareness evening with Mental Health Advocate, Author, Public Speaker and Footballer – Ruth Fox and Ex-Norwich City Footballer, Cédric Anselin, talking about their personal experiences and raising awareness on how to support all members of the footballing family.



The evening is taking place on Tuesday 22nd January 2019 commencing at 7pm, at The Nest, Cromer Road, Norwich. To book your free place, please click <a href="https://example.com/here">here</a>.

#### THE NORFOLK FA NOTICEBOARD

The <u>Norfolk FA Noticeboard</u> is where you can post content related to #NorfolkFootball such as advertising for players, coaches and volunteers.

#### SAFEGUARDING IN NORFOLK

Please be reminded that Safeguarding children is everyone's responsibility. Please contact our County FA Designated Safeguarding Officer, Ken D'Rosario via <a href="mailto:safeguarding@NorfolkFA.com">safeguarding@NorfolkFA.com</a> or call 01603 704050 if you have any concerns.



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# NORFOLK COUNTY FA PARTNER WITH DURALOCK

Norfolk FA are delighted to announce a new three year partnership with international fencing organisation Duralock.



World leaders in the high-pressure field of horse racing and equestrianism, Duralock are a globally recognised brand with a customer base spanning all over the world.

The following video shows the barrier system being installed at The Field of Dreams alongside an interview with Head of Business Development at Duralock, Jack McGovern: <a href="https://www.youtube.com/watch?v=HQQq9TbviXQ">https://www.youtube.com/watch?v=HQQq9TbviXQ</a>

To read more about this partnership please <u>click here.</u>

## THE QUARTER-FINAL DRAWS FOR THE NORFOLK SCHOOLS FA CUPS

The draws for the quarter finals have been made this afternoon for U12 Boys, U13 Boys, U14 Boys, U15 Boys, U16 Boys, U13 Girls, U14 Girls and U16 Girls along with the semi-finals for the U19 Boys.

These draws can all be found on our website - <a href="http://www.norfolkfa.com/cups-and-competitions">http://www.norfolkfa.com/cups-and-competitions</a>.

The play by date for this round is FRIDAY 25TH JANUARY. If you do have any results from the 1st or 2nd rounds then please get in touch

A big thank you to Phoenix Sporting Goods, our Portable Floodlight Provider, for supporting the Norfolk FA Schools Cups. To find out more about Phoenix Sporting Goods and ILites please <u>click here</u>.

If you require more information about the Norfolk County FA Schools County Cups please contact Thomas.Constance@NorfolkFA.com or 01603 704050 (Opt.1, Opt.1, Opt. 3).

#### **JUST PLAY CENTRES**

Are you currently running a recreational football session in Norfolk that could benefit from some equipment or promotion? Or would you like to set up a football session, but would need some additional support? Just Play Centres are organised sessions of recreational football providing access for adults to affordable and fun kickabouts in suitable facilities with trained organisers in their local area. The centres are supported by a range of benefits as a result of being part of the programme, some of which are listed below:

- Equipment Pack 5 x Nike Footballs, a set of branded bibs, cones and a marketing banner
- Digital Marketing Library Access to a range of digital marketing assets including A4 & A3 posters, A5 leaflets, social, digital & email signatures
- Just Play Organiser Kit Each organiser will receive Nike branded kit
- Events Platform A new digital platform upon which activity can be managed efficiently
- Reward and Recognition Various initiatives aimed at driving retention amongst participants and recognising the hard work of organisers
- Local bespoke support from County FA



#### What are the requirements for a Just Play Centre?

- The centres are for participants who are 16+
- You would need to have a lead coach who has a minimum of a level one and first aid certificate.
- Your lead coach must also be responsible for completing the online application to become a Just Play Centre
- Applications for the centres open on 13th November with a view to CFAs approving these in early December

If you have any questions relating to Just Play Centres or would like to discuss further, please contact Rachel Cossey via <a href="mailto:Rachel.Cossey@NorfolkFA.com">Rachel.Cossey@NorfolkFA.com</a>





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# COUNTY 5IVES AT KETTS PARK IN WYMONDHAM

Our newest County 5IVES League is close to starting and you can still be a part of it! Games are held on Monday Nights at Ketts Park in Wymondham and last for 40 minutes.

All fixtures will be refereed by FA Qualified referees who have all undertaken a small sided conversion course and the centre will be managed by a league coordinator, which ensures a smoothly and professionally run competition.



#### CHARTER STANDARD UPDATE



FA Charter Standard Annual Health Checks 18-19

The Annual Health Check window is open for clubs to complete. The Annual Health Check is open from 1 September until 31 January 2019. Click here to go to the Whole Game System.

For support in completing the annual health check, please do not hesitate to contact <a href="mailto:charterstandard@NorfolkFA.com">charterstandard@NorfolkFA.com</a> or 01603 704050 (Option 1 and then 2).

## FRIDAY NIGHT FOOTBALL AT THEFDC@FLEGG



theFDC@Flegg is pleased to announce the introduction of our Friday Night Football Tournaments. Tournaments this year will be held on Friday evenings for U7s – U12s teams with all tournaments being played in a 5v5 format on our 5v5 3G pitches under the floodlights.

All age groups are 5-aside with a maximum squad of 8 players in a competitive format. Cost to enter the tournament is £15 per team with a maximum of 12 teams per age group with places expected to fill up fast. The tournament will be a mixed football event allowing boys/girls/mixed teams to enter.

Details of all tournaments are found below:

- Friday 8th February 2019: U7s
- Friday 15th February 2019: U8s
- Friday 1st March 2019: **U9s**
- Friday 8th March 2019: **U10s**
- Friday 15th March 2019: **U11s**

Friday 22nd March 2019: **U12s**

Each tournament will start at 6.30pm and finish at around 8.30pm

To enter a team into your chosen tournament please click <u>here</u>.

Alternatively you can email <u>elliot.pride@norfolkfa.com</u> or call 01603 704050 (ext 4).



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#### **NON-FA MEDICAL COURSES**



Please <u>click here</u> to see a document that outlines all of the non-FA Medical Courses accepted by The FA alongside some FAQ's.

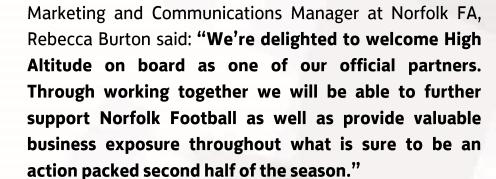
# LOCAL TRAMPOLINE PARK JUMPS AT CHANCE TO SUPPORT YOUTH FOOTBALL

A Norwich Trampoline Park has shown support for grassroots football in the County by sponsoring Norfolk FA's newest County Cup Competition, the Norfolk U12's Cup.



The partnership will see Norfolk FA and High Altitude, based on Whiffler Road in Norwich, enter into a mutually beneficial partnership, which will include the re-naming of the competition to the 'High Altitude U12's Cup' for the rest of the 18/19 season.





Managing Director at High Altitude, Fran Habbitts said: "To be in partnership with Norfolk FA is a perfect fit in my eyes. Promoting fitness in youngsters while showing them it can be fun is what High Altitude is about as a company."

To find out more please Click Here.

# EGM OPENS THE DOOR FOR A NEW LEADERSHIP STRUCTURE AT NORFOLK FA

Norfolk County Football Association held an Emergency General Meeting on Monday night in which proposed Articles of Association for 2019 were accepted as well as noteworthy changes planned for the County FA's Governance Structure.

The new structure will see the Chair and Deputy Chair positions elected on 3 year terms with a maximum of 3x 3 years being permitted within the revised Articles of Association. The Chair, Deputy Chair and Chief Executive will be joined by six appointed directors, to form the Board, for which the Association will begin a recruitment period imminently.

Chief Executive of Norfolk FA, Gavin Lemmon said: 'This is a big opportunity for us as an organisation to take a fresh approach, to be more critical of what we do, and to really challenge ourselves moving forward. The positive impact of what we hope will be a modern and vibrant group of individuals will no doubt be significant in us fulfilling the ambitious aims of our strategy."

Chairman Michael Banham also added: "The potential rejuvenation of our Board of Directors presents itself as a great prospect for anybody with the relevant credentials to make a real difference to grassroots football in Norfolk."

To find out more please Click Here.

#### AND FINALLY,

We would like to wish all the people involved within #NorfolkFootball the best of luck with their fixtures in the coming weeks.

**Best wishes** 

**Norfolk County FA** 

■ @NorfolkCountyFA



