

Norfolk County FA Bulletin

April 2018



WELCOME

Welcome to the latest edition of the Norfolk County FA bulletin. As always, we hope to provide you with an insight into our work via these bulletins, along with what's on the horizon for clubs, including various opportunities to get involved in Norfolk Football.

As we approach the end of the season many teams will now be playing catch-up with their fixtures due to the poor weather we have had recently. This period of the season is also County Cup Finals time and many teams will be hoping to lift silverware this month.

U18'S MAKE NATIONAL FINAL

Ryan Miles was the hat trick hero for Norfolk U18's as they booked their place in the FA County Youth Cup Final with a 3-1 victory at the expense of Gloucestershire U18's.



Norfolk will now meet Staffordshire in the final of the FA County Youth Cup which is due to be played at The BET365 stadium, home of Stoke City FC on Saturday 14 April.

The squad travelled today and have spent this afternoon training at Derby County FC before they relax and prepare for tomorrow with an overnight hotel stay.

Tomorrow there will be a coach of family and friends travelling to Stoke to support the team and hopefully see our representative squad lift the trophy. The match kicks off at 2pm and the game will be broadcasted live on BBC Radio Norfolk. You can also follow the build up to the game on our Twitter feed and other social media channels.

LONG SERVICE NOMINATIONS

If within your respective club or league you have a person that deserves recognition of the long service they have given then nominate them for a Norfolk County FA Long Service Award. You can do this either as a surprise for the individual or with them being informed.

Please complete the attached form fully and submit to the County Headquarters no later than 1 July for the nomination to be considered by the Board of Directors at the July Board Meeting. Nominations received after this date may not be considered until the following season.



SAFEGUARDING IN NORFOLK

Following an external inspection by Girling Hughes Associates Ltd – specialists in safeguarding – Norfolk County FA has been awarded accreditation that further highlights its dedication in ensuring a safe environment for all involved in the grassroots game across Norfolk.

Norfolk offers a range of safeguarding services and training to help create a safe and enjoyable football experience for everyone.

We ensure safeguarding requirements are met as a requirement of club affiliation and we support clubs to maintain these standards. This includes making unannounced safeguarding visits to clubs.

Safeguarding children is everyone's responsibility. If you have any concerns regarding a safeguarding matter, please contact our County FA Designated Safeguarding Officer, Ken D'Rosario via safeguarding@NorfolkFA.com or call 01603 704050 (Ext. 1; Opt.1 then 5)

THE FDC WOMEN'S & GIRLS' CUP

As announced last month, we will be hosting our first ever female only tournament at the FDC, (Football Development Centre), this summer!

The FDC Women's & Girls' Cup is set to be a festival for female football, in line with Norfolk's This Girl Can Month in June and is an opportunity for everybody to come together and celebrate the female game.

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Details of The FDC Women’s & Girls’ Cup are as follows:

- Date: Sunday 10th June
- Time: 10am – 3pm
- Format: 5-a-side (maximum of 8 players)
- Age Groups*: U12’s, U14’s U16’s, Ladies
- Cost: £25 per team

*Teams are encouraged to play up an age group (for example U11 teams can compete in the U12 category).

[Click here for more information and to enter your team!](#)

SUDDEN CARDIAC ARREST ONLINE MODULE

The FA has launched a free online module to raise awareness and knowledge of sudden cardiac arrests in football.

The module will enable you to recognise and respond appropriately to a sudden cardiac arrest while also providing you with key facts and information. Available online, you can complete it at a convenient time and place. Plus, it only takes one hour! Upon completion, you’ll receive one hour of CPD and an FA certificate.



Research shows that 12 young people lose a life each week in the UK and those with an inherited heart condition can be up to three times as likely to suffer a sudden cardiac arrest if they participate in intensive or strenuous exercise.

What’s more, at least five fatalities occurred during football matches or training over the last year in England due to cardiac arrest, including former England international Ugo Ehiogu, who died while working as coach at Tottenham Hotspur FC.

Dr. Lisa Hodgson, The FA’s medical education lead, said: **“The FA is passionate about raising the awareness of sudden cardiac arrest and highlighting the fact that this can occur in what appears to essentially be, from the outside, a fit and healthy young person playing sport.**

“The more awareness we can raise on this issue, the greater is the chance of early recognition and lifesaving intervention being performed.”

[To complete the module click this link and press ‘ACCESS AWARD’ top right.](#)

PROOF THAT NORFOLK’S REFEREES ARE GETTING BETTER

As you may or may not have seen there have been a few social media comments recently regarding referees and there seems to be a perception that they are worse than ever! So, we thought we’d take a look at the facts in the form of the average referee marks across random leagues:

Season	AC	CSN	N&D Sun
2012-13	76	78	n/r
2013-14	77	77	n/r
2014-15	77	76	81
2015-16	78	77	78
2016-17	78	79	79
2017-18	79	80	81

Lies, damn lies and statistics of course, but the facts are that the average Ref. mark in both the Anglian Combination and Central & South Norfolk League is the highest it has been since 2012-13 and in the Norwich & District Sunday League, it is as high as it has been in the past four seasons.

WOMEN’S FOOTBALL ON THE RISE WITH FA ON COURSE TO HIT STRATEGY TARGETS

The Football Association is on track to double the number of players and fans in the women’s game by 2020.

The FA launched ‘[The Gameplan for Growth](#)’, an ambitious four-year strategy that aims to grow participation and create a high-performance system for England teams, in March 2017.

And 12 months in, [we are on course to hit our targets.](#)

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Baroness Sue Campbell, The FA's head of women's football, said: **"It's one thing to write a plan – it's another to turn it into well-executed action on the ground."**

"So I am glad to report we are on track to deliver the big goals we set – but it is still early days." There are now 6,767 affiliated female teams, up from 6,000 in 2016-17, with a 15.9 per cent increase in Mini-Soccer teams.



One hundred and ninety-nine SSE Wildcats Centres, where 5-11-year-olds can enjoy football on a weekly basis, have been established with a further 772 to open next month.

Meanwhile, peak viewing figures for live FA WSL matches has increased from 46,000 to 103,000 on BT Sport and 130,000 on the BBC Red Button. The average attendance figure for FA WSL 2 matches has increased by seven per cent by mid-season.

HORSFORD FC ACHIEVE FA CHARTER STANDARD COMMUNITY CLUB STATUS

Horsford FC have been officially presented with their FA Charter Standard Community Club plaque by the Chairman of Norfolk County FA.

The club based just north of Norwich has grown in size over recent years and will boast 30 teams next season including new youth and adult female provision, an adult male team and a Veterans team.

The increase in teams alongside meeting a rigorous checklist which prioritises Child Protection & Safeguarding, quality coaching and implementation of the respect programme has earned them the top level Charter Standard Award from the Football Association.

Michael Banham, Chairman of Norfolk FA said when presenting the award: **"This is my first visit to Horsford and I'm amazed at the facilities they've got here, the set up they have and the volunteers they've got to assist members of the club - it's fantastic and I've been very proud to present their award."**

Chris Brown, Chairman of Horsford FC spoke of his delight at achieving Community Club status: **"Horsford FC has grown and developed incredibly over the past three years and is a huge credit to everyone involved in the club. 2018 is already proving to be an even bigger year with us looking to increase our girls and ladies provision for the new season and we look forward to the challenges ahead."**

"A huge thank you to Norfolk County FA and Stacey Annison for their help in achieving what we have done so far."



Norfolk FA's Senior Football Development Officer, Stacey Annison hopes other clubs can follow the positive example set by Horsford FC: **"With Horsford FC setting the standard very high, it would be brilliant for clubs that have similar aspirations to take note of the good practice they're delivering on and off of the field."**

PLAY YOUR SUMMER FOOTBALL AT THEFDC@FLEGG



TheFDC@Flegg are pleased to offer local Charter Standard teams the chance to continue to use the state-of-the-art 3G AGP Facility over the summer months with the following summer pitch hire offers:

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Training Pitch Hire – May/June/July

During May, June and July we will be offering a reduced rate for teams that wish to continue to train throughout the summer months. Rates are as follows:

Evenings (5pm-10pm) - £20 per quarter/per hour

Saturday (9am-1pm) - £20 per quarter/per hour

A 10% discount is also available should you wish to make a block booking for 10 weeks or more over the summer period.

Matchday Facility Hire – May/June/July

Continue to play fixtures over the summer period whether it's in-house games, matches against local teams or pre-season friendlies. Prices for the following formats:

11v11 (weekend) - £50

11v11 (evening) - £60

9v9 - £30

7v7 - £25

5v5 - £15

During the summer months we will also be offering a 'Buy One Get One Half Price' special offer on all of the above formats.

If you would like to book or require any further information please call 01603 704050 (Ext. 4) or email Elliot.Pride@norfolkfa.com.

FIRSIDE ATHLETIC WIN THE JOHN SAVAGE CUP FINAL

Firside Athletic held on for a narrow victory, beating Attleborough Town 1-0 to become the 2018 winners of the John Savage Cup.



Goal scorer(s) – Brad Yates

Player of the Match – Tom Pipe

To read the full match report [Click Here](#).

AYLSHAM WIN THE NORFOLK SUNDAY JUNIOR CUP FINAL

Aylsham became Norfolk Sunday Junior Cup winners when they beat Silver Fox 1-0 at the FDC Field of Dreams.



Goal scorer(s) – Travis Whitlam

Player of the Match – Daniel Bareham

To read the full match report [Click Here](#).

UPCOMING COUNTY CUP FINALS

The 2018 Norfolk Primary Cup Final is taking place tonight at The FDC!

This year's final will be contested between Celt Rangers FC and Gayton United Reserves FC at the Field of Dreams with a 7.30pm kick off, so come along and support what promises to be a great show of local football.

To read a full preview of tonight's game [Click Here](#).

After the Primary Cup Final has taken place tonight, there are six remaining Finals, three of which are taking place Norwich City FC's Carrow Road. The remaining Norfolk County Cup Finals are as follows:

Stuart Dracup Cup Final (U14's) - Costessey Sports vs Dereham Town - Friday 20th April 2018 (7.30pm)

Norfolk Women's Cup Final - Acle United vs Wymondham Town - Friday 27th April 2018 (7.30pm)

Norfolk Junior Cup Final - Dussindale Rovers vs East Harling - Sunday 29th April 2018 (2.30pm)

Norfolk Sunday Senior Cup Final - Windmill vs Acle Rangers - Sunday 29th April 2018 (7.30pm)

Norfolk Senior Cup Final - Downham Town vs Norwich United - Monday 30th April 2018 (7.30pm)

Norfolk Veterans Cup Final - Horsford vs Cringleford - Friday 4th May 2018 (7.30pm)

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CHARTER STANDARD IN-SERVICE CALENDAR

The Charter Standard In-Service calendar features a range of events that aim to up-skill the people involved at Charter Standard clubs.

Here's what's coming up in the coming weeks:

APRIL	EVENT	DETAILS
	23 Mini Soccer Transition Support: 5v5 to 7v7	19:00 – 21:00 Swaffham Town FC,
	26 Youth Football Transition Support: 9v9 – 11v11	19:00 – 21:00 theFDC@OpenAcademy, NR7 9DL

MAY	EVENT	DETAILS
	5 SSE FA Women's Cup Final	
	14 Mini Soccer Transition Support: 5v5 to 7v7	19:00 – 21:00 theFDC@OpenAcademy, NR7 9DL
	14 Mini Soccer Transition Support: 7v7 – 9v9	18:30 – 20:30 Watlington, PE33 0HE
	19 FA Cup Final	
	21 Youth Football Transition Support: 9v9 – 11v11	18:30 – 20:30 Youngs Park, NR11 6UJ
	25 Mini Soccer Transition Support: 7v7 – 9v9	19:00 – 21:00 TheFDC@OpenAcademy, NR7 9DL
	27 Coach CPD	18:30 – 20:30 theFDC, NR5 9ED
	31 FA Junior Football Leaders Course	09:00 – 16:00, £40.00 theFDC@OpenAcademy, NR7 9DL

KICK IT OUT



Please be reminded that football is a game For All, regardless of gender, sexuality, ethnicity, ability, disability, faith or age. If you witness or hear any discriminatory behaviour, then please get in contact with us immediately by contacting 01603 704050.

DEPARTMENT SPOTLIGHT

TheFDC@Flegg



TheFDC@Flegg
Development Officer
Elliot Pride



TheFDC@Flegg
Apprentice
Louie Donaldson

The 'Department Spotlight' section provides an insight into the different Departments here at Norfolk FA and the work they undertake.

TheFDC@Flegg is a full sized 3G football pitch operated in partnership between Norfolk County FA and Flegg High Ormiston Academy.

The site boasts:

- A floodlit 11-a-side 3G Pitch that can be divided in to 2 halves or 4 quarters to suit multiple training options and fixture formats
- Changing and shower facilities
- Cafeteria serving hot drinks
- Fully Floodlit, CCTV monitored car parking

The centre offers a varied football provision for all ages and abilities including County 5IVES 5-aside leagues, walking football, SSE Wildcats and pay&play; as well as providing training hire and matchday facility hire. It also provides a rural venue for educational courses run by us, The FA and Flegg High Ormiston Academy.

For more information about theFDC@Flegg please email theFDCflegg@NorfolkFA.com or call the centre on 01603 704050 (Ext. 4).

AND FINALLY, GOOD LUCK!

By the time of May's Bulletin, the County Cup Finals will be finished for this season and we will know the winners of all the Norfolk County Cups – congratulations in advance to those who are victorious and commiserations to those who unfortunately fall short.

Good luck with your fixtures in the coming weeks and further best wishes to those teams competing for silverware at all levels.

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