

WELCOME

Welcome to the latest edition of the Norfolk County FA bulletin and the seventh of the 2019/20 Season.

As always, we aim to continue to provide you with engaging content from the various Norfolk FA departments as well as relevant information regarding what's on the horizon within the #NorfolkFootball calendar.

U18'S THROUGH TO QUARTER-FINALS AFTER 4-0 VICTORY

Norfolk commenced this year's FA County Youth Cup competition with a comprehensive performance by beating Northumberland by four goals to nil.

Norfolk went ahead in the 7th minute when, after good work down the right-hand side by Lagshan Sivakumar, the ball popped back to Ollie Whittaker who delivered a dangerous first-time cross that was diverted into the net by a Northumberland defender.

Only moments later, a well worked short corner resulted in an excellent back post cross by Tom Baird that Norfolk's number 5 Aaron Rich climbed highest and powered his header home to make it two nil to Norfolk. Rich then scored again in the 45th minute to give Norfolk a 3-0 lead going into the break.



In the 68th minute Norfolk got the ball into the back of net once again, when substitute Brady Philpott worked a low cross to the near post which was flicked in by Aaron Rich for his hat trick.

Read the full report by [clicking here](#).

WEST RIDING U18'S VS NORFOLK U18'S – FACYC QUARTER FINAL

Norfolk U18's continue their journey in The FA County Youth Cup this weekend as they travel away to face West Riding U18's in the quarter final of the competition.

Norfolk will be looking to reach the Semi-Final stage of The FA County Youth Cup for the third consecutive year by overcoming the West Riding side tomorrow.

Gavin Lemmon, Norfolk FA U18's Manager, spoke of his excitement of the match: **“As always, we will be asking the players to play with confidence this weekend and to demonstrate the discipline and desire shown in the last round.”**

Read a full match preview and the squad representing Norfolk [here](#).

CHAPLIN FARRANT CONTINUE TO SUPPORT FOOTBALL IN NORFOLK

Norfolk County FA are delighted to announce that Chaplin Farrant have extended their status as an official partner to the association and a supporter of grassroots football in Norfolk.

One of East Anglia's leading multi-disciplinary companies have extended and grown their partnership with Norfolk FA which will see them continue to be the sponsor of the Association's annual Volunteers' Awards Evening as well as becoming the Official Sponsor of the Norfolk U18's Representative Squad for this season.

Michael Banham, Chairman of Norfolk FA said: **“Having worked with Chaplin Farrant for over three years now, the Association understand just how passionate they are to support the hard-working individuals within Norfolk football.”**

“With Chaplin Farrant's support, I hope our Under 18's Squad can do our County proud once again and excel in this season's FA County Youth Cup.”

To read more, please [click here](#).

NORFOLK FA AND ONE BROKER JOIN FORCES TO SUPPORT LOCAL FOOTBALL

Regional insurance firm One Broker Ltd have committed to supporting grassroots football in the County by entering into a partnership with Norfolk County Football Association.

Norfolk FA have announced a partnership with One Broker Ltd which will see the regional Insurance Broker become the Association's official Insurance Partner for the next three years and the new sponsor of the Norfolk FA Veterans League.

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Sean Clark, Group Managing Director of One Broker said: "One Broker is delighted to be partnering with Norfolk County FA including sponsoring the Veterans league. We look forward to helping Norfolk FA deliver its objective to increase football participation across Norfolk."

Read more be [clicking here](#).

PETER SMITH NORFOLK GROUNDSMAN OF THE YEAR AWARD 2020

The Groundsmen at the lower levels of football are nearly all volunteers who give up hours of their time to provide the best pitches possible using limited resources. This competition is a great way for volunteer Groundsman to get recognition at a local and national level whilst also having the opportunity to engage with the professional Groundsmen who conduct the judging.



If you would like to nominate your Groundsman, the closing date for applications is 5pm on Friday 7th February 2020. Norfolk FA, in collaboration with our independent judging panel, will select the top 3 applications to submit to The Football Association. Find out more and nominate by [clicking here](#).

BALL BOYS/GIRLS NEEDED FOR CARROW ROAD CUP FINALS

Once again we are offering Charter Standard teams the opportunity to be ball girls/boys at our upcoming Carrow Road County Cup Finals.



Details of the cup finals are as follows:

- Senior Cup Final – Monday 23 March, 7.45pm
- Junior Cup Final – Tuesday 12 May, 7.45pm
- Sunday Senior Cup Final – Monday 18 May, 7.45pm

Teams will need to be aged U12+ and will need to bring at least 10-12 players. If you have a team within your club that you think deserve a reward at the end of their season please register your interest [here!](#)

If more than one team registers their interest for a Cup Final we will make a draw to determine the lucky winner!

BURSARIES FOR THE FA LEVEL 1 IN COACHING

REMINDER any youth teams without a qualified coach can receive a bursary to cover the cost of a Level 1 course! Please contact Kate.Dixon@NorfolkFA.com for more information.



FEMALE FRIENDLY CLUB TRAINING WORKSHOP

Join us for an evening workshop designed to support clubs across Norfolk to develop and grow female football. Between 6.30pm and 9.30pm, club representatives (a maximum of two per club) will be able to enjoy an interactive workshop that aims to provide you with tools you need to develop girls' football at your club.

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This workshop is available for new clubs looking to develop female football as well as existing clubs who champion the female game within Norfolk Football.

To read more, please [click here](#).

BECOME A WILDCATS CENTRE

The FA Wildcats Centre applications opens for another Season giving more opportunities to get involved with the ever-growing female game!



We are currently accepting new applications to be a part of The FA Wildcats Programme in Norfolk. Wildcat Centres are a key part of The FA's commitment to doubling Women's and Girls' football participation. A Wildcats Centre is an opportunity for girls aged 5-11 to have fun, develop fundamental skills, try a variety of sessions and lay the foundations for a lifelong love of sport.

For further information please [click here](#).

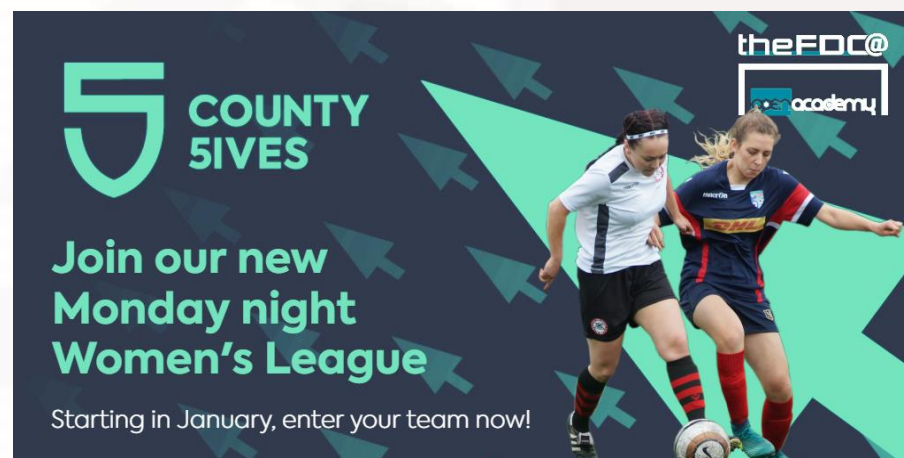
SAFEGUARDING IN NORFOLK

Please be reminded that Safeguarding children is everyone's responsibility.

Please contact our County FA Designated Safeguarding Officer, Ken D'Rosario via safeguarding@NorfolkFA.com or call 01603 704050 if you have any concerns.

WOMEN'S COUNTY 5IVES

Our women's County 5IVES provision is expanding! There's a brand-new League starting at theFDC@OpenAcademy on a Monday and the existing provision moving to a Thursday evening at the FDC.



You can register your interest by completing the short survey [here](#).

NOTICEBOARD

Are you a club looking for players? Or a player looking for a new team?

The Norfolk FA Noticeboard is where you can advertise anything related to Norfolk Football. Need equipment? Looking for volunteers? Submit your post now!

To view the Noticeboard please [click here](#).

SATURDAY MORNING PITCH HIRE AT THE FDC

If your pitch is unplayable and you need somewhere to train you can hire a pitch at theFDC for as little as £15 on a Saturday morning.



To enquire further or book a pitch please call 01603 704050 (Opt. 2) or e-mail Adam.Gusterson@NorfolkFA.com.

THURSDAY BI-WEEKLY 5IVES LEAGUE

theFDC, Bowthorpe starts its first Bi-Weekly 5-a-side League on 13 February 2020!

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Kick off times are between 7pm & 9pm £30 per team and a Maximum of 8 players on the night. Find out more [here](#).



21 DAYS OF POSITIVITY

Last year The FA launched 21 Days of Positivity with the aim of sharing positive hints, tips and challenges with youth coaches across the country and almost 4,000 coaches took part.

Sign up to receive this year's 21 Days of Positivity through six emails covering training and matchdays.

Every coach that completes the 21 days will receive one hour towards their Continued Professional Development and be in with a chance to win a Respect pack.

[Click here](#) for more information.



NORFOLK TEAMS IN FA COMPETITIONS

We have had two teams compete in The FA Trophy and The FA Vase this month.

Results from The FA Vase 4th Round:

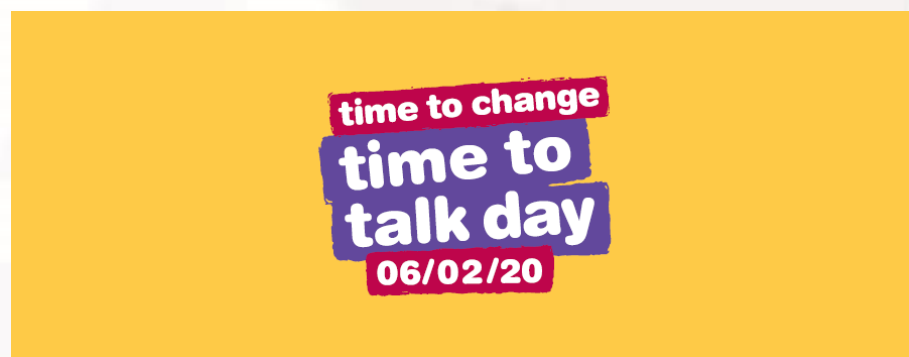
- South Normanton Athletic 1-3 **Wroxham**

Results from The FA Trophy 2nd Round:

- Ebbsfleet United 1-0 **King's Lynn Town**

TIME TO TALK DAY 2020

With one in four of us experiencing a mental health problem in any given year, there has never been a better time for your football club to get involved in Time To Talk Day.



We're asking you to get your players, coaches, fans and local community talking about mental health on Time to Talk Day – **Thursday 6 February 2020.**

Read more by [clicking here](#).

NORFOLK COUNTY CUP SPONSORSHIP

The Norfolk County Cup competitions represent a great opportunity for local businesses to give something back to the grassroots game whilst having their brand showcased in front of Norfolk's footballing communities.



It's still possible to get your organisation on board for this season's competitions and this year's finals, with four cups being competed for at Carrow Road.

For more information about partnership opportunities with Norfolk FA please [click here](#). To discuss further please email Rebecca.Burton@NorfolkFA.com.

AND FINALLY,

We hope you have enjoyed the season so far and good luck in your opening matches of 2020.

Best wishes

Norfolk County FA