



FINAL

CAPITAL WOMEN'S CUP

ACTONIANS LADIES
VS

QUEENS PARK RANGERS WOMEN

@ BEDFONT SPORTS CLUB
TUESDAY 25TH MAY 2021
KICK-OFF: 7.45PM

WELCOME

Good evening and welcome to the players, officials and spectators for this evenings Senior Cup Final between Actonians Ladies and Queens Park Rangers Women

Firstly I would like to thank Bedfont Sports Club FC for the kind use of their excellent facilities tonight and secondly thanks must go to the organising Committee who have worked tirelessly to keep the Capital Womens Cups up and running throughout these difficult and demanding times.

The Committee members are Melanie Armstrong & Derryl David (AFA), Jamaal Horne (London FA), Kayleigh Saunders & Samantha Read (Middlesex FA), Bob Dick (Surrey FA) and Secretary Gill Jones (Army FA)

Congratulations to the two competing teams Actonians Ladies and QPR Women, and congratulations also to the appointed match officials Paul Savva in the middle and his two assistants Sarah Day and Matthew Roper, with Daniel Maragh as the fourth official.

On behalf of the Committee I would like to wish the best of luck to the teams on the pitch this evening, give you all and enjoy every moment.



Robert Leeds

Chair - Capital Women's Cup Committee

STAY CONNECTED



Match photos from this game are available courtesy of official Middlesex FA photographer, Chris Benn. The link to all photos will be available in the match report on the Middlesex FA website. Please do credit Chris when publishing.



Get involved and join the conversation on our social channels, use **#CWCupFinal** to share your experience of today's game!



Thanks to our resident reporter, Jim Taylor, a match report will be available to view after today's match.



Keep up with all the latest news, events and much more through our website.

SCAN ME!



**OR CLICK
HERE!**



CAPITAL WOMEN'S CUP 2020/2021

Previous winners

2013/14 Charlton Athletic Women

2014/15 Charlton Athletic Women

2015/16 Charlton Athletic Women

2016/17 Charlton Athletic Women

2017/18 Charlton Athletic Women

2018/19 Actonians Ladies

CURRENT HOLDERS

Actonians Ladies who overcame Leyton Orient Women at Hanwell Town in 2019.



Road to the final

ACTONIANS LADIES

First Round

Actonians Ladies **7**

Haringey Borough Women's **0**

Quarter-Final

Actonians Ladies **4**

Crystal Palace Development **0**

Semi-Final

Enfield Town Ladies **0**

Actonians Ladies **0**

Penalties 3-4 Away Win

QPR WOMENS

First Round

Queens Park Ranger Women **2**

Leyton Orient Women **2**

Penalties 5-4 Home Win

Quarter-Final

Denham United Ladies **1**

Queens Park Rangers Women **6**

Semi-Final

Dulwich Hamlet Ladies **1**

Queens Park Rangers Women **2**

REPRESENTATIVE

Across the squads there are 66 appearances for the MFA Women's Rep Team!



ACTONIANS LADIES



Managers Notes from Danny Harrigan

The 2020/21 season has probably been the strangest of seasons, having to stop and restart on a number of occasions is never easy. But even with the restrictions in place we still managed to have a successful season. We got off to a good start in our league campaign, remaining unbeaten up until the curtailment of the season which saw us finish in 4th place with a couple of games in hand on the teams around us. We had another good run in the FA Cup, reaching the 1st round and giving a first team debut to the club's youngest ever player showing that we are one club and there is a clear pathway for young players to play in our senior sides.

During the lockdown the players worked hard to remain focused and we always had the hope we would return to competitive football, the County Cup has offered us that opportunity. We successfully navigated our way through the rounds and tonight's Final gives us the opportunity to finish the season on a high and thank the staff, supporters and those behind the scenes at the club who have worked so hard to ensure we got through this challenging season together and we look forward to brighter days ahead.

QUEENS PARK RANGERS WOMEN



Managers Notes from Steve Quashie

In last seasons Capital County Cup competition, we narrowly lost a very competitive Quarter Final fixture in North London.

Following a period of self-reflection; the players expressed their thoughts and feelings, and were determined to improve our record in this prestigious competition.

In this season's competition, we won our first fixture with a thrilling penalty shoot-out being the determining factor. Our post-match celebrations brought jubilation amongst players, staff and our loyal supporters. However, we had to pause our technical programme due to another unusual period.

In line with Government guidance, the club ceased practical coaching sessions throughout the second and third national lockdowns. This resulted with our focus heavily shifting towards supporting the players with position specific training programmes. On our return to football in April we travelled to local neighbours Denham United and produced an excellent team performance in the Quarter Final stage. Three of the goals scored are contenders for our goal of the season!

In the subsequent round we made an away trip across London to face an experienced Dulwich Hamlet side. The R's scored a delightful goal after 8 minutes which seemed to spur our opponents as they equalised several minutes later.

In a very close second period; the R's played with more creativity which led to us scoring the winning goal late in the game.

We relish playing this tough encounter against an experienced and higher ranked team.

Enjoy the game - SQ

**300
NEW
FEMALE
COACHES**



**INSPIRING
POSITIVE
CHANGE
IN WOMEN'S
AND GIRLS'
FOOTBALL**



**120,000
MORE
PLAYING
IN SCHOOLS**



**1,000
COMPLETING THE
ENTRY LEVEL
PLAYMAKER-AWARD**

500,000 NEW FOOTBALL OPPORTUNITIES **IN OUR
HOST CITIES**



**350
NEW
REFEREES**



**20,000
MORE
PLAYING FOR
FUN**
FITNESS AND FRIENDSHIP



**7,000
MORE
PLAYING
COMPETITIVELY**





WE WANT TO HEAR FROM YOU!

Are you a female living in the Boroughs of Ealing, Hounslow & Brent?

Aged 16 or over?

We want to invite you to share your thoughts on the Women's Football offer in your area.

SCAN ME



CLICK ME

CONTACT US



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ACTONIANS LADIES

Colours: Blue & White Stripes

Manager: Danny Harrigan

Assistant Manager: Sinead Friel

Coach: Charlotte Stanton

Phsyios: Katy Taylor



VS



QUEENS PARK RANGERS WOMEN

Colours: Red, Navy & White

Manager: Steve Quashie

Asst Manager: Jon Whittingham

GK Coach: Callum Stalhamann

Physio: Chirag Parmar

Kinga GOLEBIOWSKI

Catherine MURPHY

Meila D'SANTOS

Naomi GRAHAM

Abbie MORRIS

Alessandra BARRECA

Roschelle SHAKES

Jennie BRERETON

Sharon ODOFIN

Ashleigh WARD

Rhiannon ISHMAEL

Paige HORSNELL

Ashleigh HARTE

Micaela LOPES

Justine BUCKMIRE

Madeleine HILLS



Afiya JOHNSON

Ailish CAROLAN

Amelia CUTLER

Demi EDWARDS

Ellie SEARLE

Erin POPE

Eshe DAVIES

Jenny MOORE

Kasha PETIT

Katie ACKERMAN

Laura HENNESSY

Lucie WHITE

Melanie HALL

Merle REDHEAD-LING

Natalie SKIVERTON

Vicky GRIEVE

MATCH OFFICIALS

Referee

Paul Savva

Assistant Referee

Sarah Day

Assistant Referee

Matthew Roper

Fourth Official

Daniel Maragh

PLEASE NOTE: It is a condition of spectator entry that they do not enter the playing area AT ANY TIME -

including the presentation ceremony. It is a criminal offence to do so under the Football (Offences) Act 1991.

Anyone entering without clear authorisation will be required to leave the ground and the club that person supports may face disciplinary charges as a result. Spectators are also reminded that alcohol is not permitted in the spectator areas around the playing surface at any time.

COVID-19: Please follow the guidance and procedures put in place by the venue, we ask that you co-operate with both the host County FAs and venue staff at all times.

SAFEGUARDING: If you have any concerns about the safety of or welfare of a child, young person or an adult at risk at any point during the match, please contact a County FA Official to report the concern. Alternatively you can report your concern directly to NSPCC on 0800 800 500 or the police on 999.