



# LEICESTERSHIRE & RUTLAND INCLUSIVE FOOTBALL PROGRAMME











**For ALL**

Welcome to the Leicestershire and Rutland Inclusive Football Programme. We are dedicated to delivering football for all and we pride ourselves by the amount of brilliant teams we have all over this county.

This booklet lists all our local delivery in our fantastic clubs, as well as the brilliant work the Leicestershire and Rutland Inclusive League are doing to provide local fixtures around the county. In addition this booklet contains all the information on the Talent disability programme.

We also have our coach education programme that supports all our disability provision my numerous courses and CPD.

**Philippa Bass**  
Disability Football Development Officer  
Leicestershire & Rutland CFA

# DISABILITY FOOT

ENGLAND

**53m**

TOTAL POPULATION



**18.4m** (34.9%)

HAVE A LONG STANDING  
DISABILITY OR ILLNESS

**9.4m** (17.6%)

OF WHICH HAVE A LONG STANDING  
AND LIMITING DISABILITY OR ILLNESS

SOURCE: UK APOPULATION SURVEY 2009-2012 / CENSUS 2011

**7th**  
Largest team  
sport in England



APS10 REPORTED PARTICIPANTS

**99,300**  
WEEKLY

**151,700**  
MONTHLY

**6**



NATIONAL IMPAIRMENT  
SPECIFIC LEAGUES

**36**

COUNTY (PAN)  
DISABILITY LEAGUES

**1,000**  
PLUS TEAMS

## TALENT PATHWAY



ENGLAND  
TALENT DAYS  
(DELIVERED  
ANNUALLY)



PLAYERS IN  
REGIONAL  
EMERGING  
TALENT  
PROGRAMMES



**20**

PLAYERS IN NATIONAL  
EMERGING TALENT  
PROGRAMMES

**600+**

PLAYERS ENGAGED  
IN ENGLAND  
TALENT PATHWAY



UNDER 19 SQUADS

ELITE S  
MALE INTER

CEREBRAL  
PALSY

DEAF

BLIND

CEREBRAL  
PALSY

DEAF  
FUTSAL

# BALL: THE FACTS

## 1,001 AFFILIATED DISABILITY TEAMS



0.8% BLIND / 12 TEAMS  
 0.8% AMPUTEE / 11 TEAMS  
 72.9% PAN DISABILITY / 1451 TEAMS  
 3.0% DEAF/HEARING IMPAIRED / 60 TEAMS  
 4.1% MENTAL HEALTH / 82 TEAMS  
 1.0% PARTIALLY SIGHTED / 20 TEAMS  
 1.1% DOWN'S SYNDROME / 22 TEAMS  
 4.5% POWERCHAIR / 90 TEAMS  
 2.3% CEREBRAL PALSY / 46 TEAMS  
 9.9% LEARNING DISABILITY / 197 TEAMS



77% MALE / 1541 TEAMS  
 15% MIXED / 305 TEAMS  
 7% FEMALE / 145 TEAMS



29% YOUTH / 577 TEAMS  
 71% ADULT 1414 TEAMS



DISABILITY TEAMS  
 COMPRISE 2% OF ALL TEAMS

3.4% OF CLUBS HAVE A DISABILITY  
 TEAM (769 OUT OF 22,450)

4.7% OF FA CHARTER STANDARD CLUBS  
 HAVE A DISABILITY TEAM (3240 OUT OF 6,822)

## COACH EDUCATION

COACHING  
 DISABLED  
 FOOTBALLERS



FOR ALL

COACHING  
 BLIND  
 FOOTBALLERS



FOR ALL

COACHING  
 DEAF  
 FOOTBALLERS



FOR ALL

PORTFOLIO OF 3 DISABILITY SPECIFIC COACH EDUCATION COURSES

## DELIVERY DETAILS (15-16)

41

COURSES DELIVERED

632

COACHES  
 ATTENDED COURSES

555

(1.87%) FA LICENSED  
 COACHES HAVE A DISABILITY

## QUADS

INTERNATIONAL

FEMALE INTERNATIONAL

PARTIALLY  
 SIGHTED

POWERCHAIR

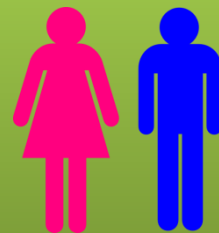
LEARNING  
 DISABILITY

DEAF  
 FUTSAL

# Leicestershire and East Mids

## GRASSROOTS

Teams across the county  
ALL AGES



Pan-disability

Impairment only – Powerchair Club and Blind Programme

7-16 years

16+ years

**Talent Identification –  
England Talent Day**

Talent Hub for  
CP/Deaf/Partially  
sighted  
CP and Partially  
Sighted – Males  
Only  
Deaf – Males &  
Female  
(EAST MIDS  
CENTRE)

Talent Hub for  
Blind  
Males and  
Females  
(LRCFA)

Talent Hub for  
Blind  
Males and  
Females  
(LRCFA)

Emerging Talent  
England Development Squads



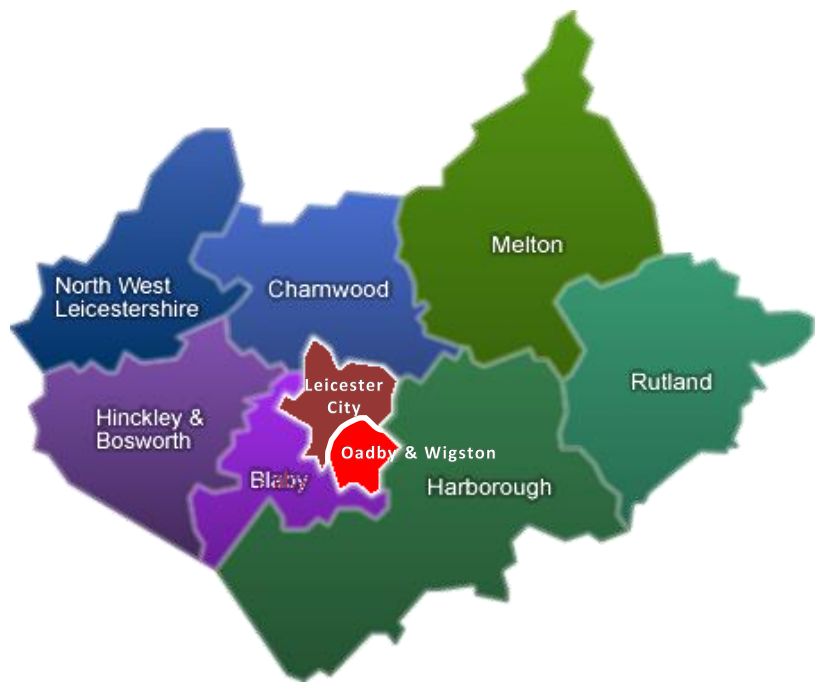
England Elite Squads



Progression



# Local Teams In Leicestershire



Locality	Clubs		
Melton Borough	Asfordby Amateurs - Girls and Ladies Inclusive FC		
Charnwood	Birstall United (in development)	Syston Town Juniors FC (Oakdale)	
Hinckley and Bosworth	AFC Barwell		
Oadby and Wigston	Oadby and Wigston Inclusive FC	Wigston Foxes	
Harborough	Harborough Town FC		
Leicester City	Aylestone Park Inclusive FC	Leicester City Ladies: competing as Leicester City Woodgate	Beaumont Town FC
Blaby	Kirby Muxloe (in development)	Leicestershire Blind (Youth and Adults)	

# Asfordby Amateurs: Girls, Ladies and Inclusive FC

## Information

Training Venue	King Edward VI Upper School, Burton Road, Melton, LE13 1DN
Day and time	Tuesdays 6pm to 7pm
Gender	Both Males and Females
Age Group	From aged 6 plus (to adults)
Teams within the Inclusive League	Adult Green (League) and Adult Purple (Premiership)
Contact Details	Lone Millin M: 07762 678 135 E: <a href="mailto:the3girlsmillin@btinternet.com">the3girlsmillin@btinternet.com</a>
Website	<a href="http://www.aalgfc.co.uk/inclusive.htm">http://www.aalgfc.co.uk/inclusive.htm</a>





# Harborough Town FC



## Information

Training Venue	Northampton Road, Market Harborough, LE16 9HF
Gender	Both Males and Females
Age Group	From aged 6 plus (to adults)
Teams within the Inclusive League	Adult Green (League) and Adult Red (Championship) and Adult Female
Contact Details	Marion Hayton M: 07785 614414 E: <a href="mailto:htfc.marionhayton@gmail.com">htfc.marionhayton@gmail.com</a>
Website	<a href="http://www.harboroughtown.org/">http://www.harboroughtown.org/</a>





# AFC Barwell FC

## Information

Training Venue	<b>Autumn/Spring – Dovecote Lane, Winter - William Bradford College, Heath Lane, Earl Shilton, Leics, LE9 7PD</b>
Day and time	<b>Tuesdays 6pm to 7pm</b>
Gender	<b>Both Males and Females</b>
Age Group	<b>From aged 16+ (to adults)</b>
Teams within the Inclusive League	<b>Adult Red (Championship)</b>
Contact Details	<b>Paul Mcquillin</b> <b>E: <a href="mailto:paulmcquillin66@gmail.com">paulmcquillin66@gmail.com</a></b>
Website	<b><a href="http://www.afcbarwell.com/">http://www.afcbarwell.com/</a></b>







# Kirby Muxloe FC



## Information

Training Venue	<b>Ratby Lane, Kirby Muxloe, Leicester, LE9 2AQ</b>
Day and time	<b>Saturday AM</b>
Gender	<b>Mixed Gender</b>
Age Group	<b>6 to 16 years</b>
Teams within the Inclusive League	<b>Within development</b>
Contact Details	<b>Steve Hastings</b> E: <a href="mailto:steveleicester@gmail.com">steveleicester@gmail.com</a>

BLABY



# Birstall United Juniors FC



## Information

Training Venue	<b>Meadow Lane, Birstall, LE4 4FN</b>
Day and time	<b>Saturday AM</b>
Gender	<b>Mixed Gender</b>
Age Group	<b>6 to 16 years</b>
Teams within the Inclusive League	<b>Within Development</b>
Contact Details	<b>Steve Carr</b> E: <a href="mailto:carr-s2@sky.com">carr-s2@sky.com</a>







# Syston Town Juniors (Oakdale)



## Information

Training Venue	Within a day centre group at Oakdale Farm. New players welcome for competitions and league festivals.
Gender	Males
Age Group	16+
Teams within the Inclusive League	Adult Red (Championship)
Contact Details	Tommy Williams E: <a href="mailto:twilliams1634@googlemail.com">twilliams1634@googlemail.com</a>



CHARNWOOD

# Oadby & Wigston FC

## Information

Training Venue	Meadows Sports Ground, Leicester Rd, Countesthorpe, LE8 5QW
Day and time	Saturdays 10.30am to 12.00am
Gender	Both Males and Females
Age Group	From aged 6 plus (to adults)
Teams within the Inclusive League	Juniors/Youth and Adult Purple (Premiership), Adult Red (Championship) and Adult Green (League)
Contact Details	<a href="mailto:oadbyandwigstoninc.fc@gmail.com">oadbyandwigstoninc.fc@gmail.com</a>
Website	<a href="http://www.oadbyandwigstongirls.co.uk/">http://www.oadbyandwigstongirls.co.uk/</a>





# Wigston Foxes



## Information

Training Venue	Little Hill Park, Horsewell Lane, Wigston, LE18 2HR
Day and time	Saturdays 10.30am to 11.30am
Gender	Both Males and Females
Age Group	From aged 6 to 16 years
Teams within the Inclusive League	Juniors
Contact Details	Leanne Naudusevics E: <a href="mailto:wigstonfoxes@outlook.com">wigstonfoxes@outlook.com</a>



OADBY & WIGSTON



# Aylestone Park FC

## Information

Training Venue	Aylestone Park FC, Linwood, Saffron Lane, LE2 6TG
Day and time	Fridays 7.00pm to 8:00pm
Gender	Both Males and Females
Age Group	From aged 6 to adults
Teams within the Inclusive League	Juniors / Youth / Adult Female / Adult Male Green (league), Adult Male Red (championship) and Adult Male Blue (premiership)
Contact Details	Kerrie Loomes E: <a href="mailto:kerrieloomes@outlook.com">kerrieloomes@outlook.com</a>
Website	<a href="http://www.aylestoneparkfc.org.uk/index.php">http://www.aylestoneparkfc.org.uk/index.php</a>







# Beaumont Town FC



## Information

Training Venue	Mowmacre Hill Primary School, Tedworth Green, Leicester LE4 2NG
Day and time	Wednesday 6.50pm to 8pm
Gender	Both males and Females
Age Group	From 6 years to 16 years
Teams within the Inclusive League	Juniors
Contact Details	Jonathan Fitches M:07882 509319 E: <a href="mailto:btfcwfo@yahoo.co.uk">btfcwfo@yahoo.co.uk</a>



# Leicester City Woodgate FC

## Information

### Juniors/Youth – from 6 to 16 years

Training Venue	New College Sports hall, Greencoat Road, Off Glenfield Road, Leicester, LE3 6RN
Day and Time	Thursdays - 5pm to 6pm
Gender	Males and Females
Contact Details	Paul Gibson M: 07970180346 E: <a href="mailto:pablogibbo66@gmail.com">pablogibbo66@gmail.com</a>

### Adults – Females and Males – 16 plus years

Training Venue	St. Margaret's Pastures Sports Centre, St. Margaret's Way, Leicester, LE1 3EA
Day and Time	Thursdays - 4.30pm to 6pm
Gender	Males and Females
Contact Details	Helen Sugarman E: <a href="mailto:HelenSugarman@outlook.com">HelenSugarman@outlook.com</a> Beth Jackson E: <a href="mailto:bethjackson2011@hotmail.co.uk">bethjackson2011@hotmail.co.uk</a> Rachel Tasker E: <a href="mailto:rachel.tasker1995@gmail.com">rachel.tasker1995@gmail.com</a>
Teams within the Inclusive League	Juniors/Youth/Adult Female Adult Male Green/Red and Blue
Website	<a href="http://www.lclfc.co.uk">http://www.lclfc.co.uk</a> - click onto Inclusive Football for All





# England Talent Day

To identify and signpost talented players from England talent days to the right environment, whether that be a local community club, or within The FA identification programmes at the East Midlands Regional Talent Hubs. This is the entry point to the England Disability Talent Pathway.

What we are looking for:

- **Cerebral Palsy**
- **Deaf**
- **Partially Sighted**
- **Amputee**
- **Blind**

The England Talent day will be held in June 2018, with two age groups; 7-11 years and 12-16 years.



For more information on the England Talent Day –

**Philippa Bass | Disability Football Development Officer**

E: [Philippa.Bass@LeicestershireFA.com](mailto:Philippa.Bass@LeicestershireFA.com)

T: 0116 2867828 | M: 07944 194252

# Blind Talent Hub Centre

Leicestershire and Rutland County FA has been granted an FA's license to run a Regional Blind Talent Hubs programme, which is designed to progress 'potential' blind players through the England talent pathway to the England Development and Seniors squad with group work and more 1:1 support.

## Aim of the Centres -

To identify and recruit Blind (B1) Players both locally and across the East Midlands who are interested in playing blind football that possess the potential to move up the pathway.



Focus of the Programme is on:

- Control
- Passing
- Dribbling
- Defending
- Shooting and Finishing
- Goalkeeping

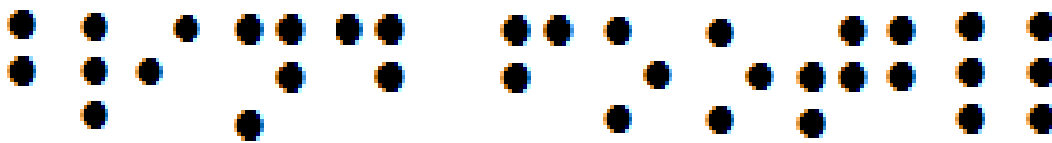
**For more information on Blind Regional Hub please contact**

**Philippa Bass | Disability Football Development Officer**

E: [Philippa.Bass@LeicestershireFA.com](mailto:Philippa.Bass@LeicestershireFA.com)

T: 0116 2867828 | M: 07944 194252





**Blind Football for Males and Female, all ages, to participate and enjoy the game**



Sessions will be held on Saturdays at Holmes Park and delivered by coaches with a wealth of experience of the game.

Players can then (when ready) play within the National Blind League based in Hereford (6 fixtures per month).

This session is for players brand new to the game, or those that have played before, all are welcome.

Contact Philippa for more details:  
E: [Philippa.Bass@LeicestershireFA.com](mailto:Philippa.Bass@LeicestershireFA.com)  
T: 0116 2867828 | M: 07944 194252



**This league offers the local clubs the chance to use there skills and progression from training and place that in to regular matches, putting there hard work into practice.**

The Inclusive League, provides opportunities for male and female players in the categories below:

Mini's U10's

Juniors U14's

Youth U16's

Female

Male Green (League)

Male Red (Championship)

Male Purple (Premiership)

As monthly fixture programme (with some competitive fixtures) all hosted by the local inclusive clubs around Leicestershire or at a central venue.



All matches will be small sided (in a 5v5 ((Junior/youth and adult female)); or 5v5 or 6v6 format ((Adult Male)).

Playing time will be at the discretion of the league but no more than 20 minutes, one way per match.



There are no different rules or regulations to refereeing disability matches.  
The League is always looking for qualified referees to officiate at the monthly league events.  
The play by the small sided laws of the game.

For more information on the inclusive league

**League Secretary**

**[LRIFL@outlook.com](mailto:LRIFL@outlook.com)**





## **Player Divisions – The Inclusive League has 6 main divisions –**

### **Mini's U10's (Mixed Gender) For ages – 6/7/8/9**

(4 year age banding)

For those aged 9 and under on the 31<sup>st</sup> of August at the start of the season

### **Juniors U14's (Mixed Gender) For ages 10/11/12/13**

(4 year age banding)

For those ages 10 to 13 years and under on the 31<sup>st</sup> of August at the start of the season

### **Youth U16's (Mixed Gender) For ages 12/13/14/15**

(4 year age banding)

For those ages 12 to 15 years and under on the 31<sup>st</sup> of August at the start of the season

### **Adult Female –**

For females 16 years old and over as of the 31<sup>st</sup> August of the current season.

### **Adult Male –**

For males 16 years old and over as of the 31<sup>st</sup> August 2017

Please see below all three playing banding grading's.

### **Player Grading**

#### **Adult Green (League)**

Players with limited mobility, spatial awareness and fitness

#### **Adult Red (Championship)**

Players that are mobile, have spatial and tactile awareness, knowledge of the laws of the game and a good level of fitness

#### **Adult Purple (Premiership)**

Players with good mobility, good level of spatial awareness, excellent ability to understand tactics and good level of physical strength and fitness as well as good knowledge of the laws of the game.

**FEMALE PLAYERS ARE NOT PERMITTED TO PLAY WITHIN THE ADULT MALE DIVISIONS.**



There are no different rules or regulations to refereeing disability matches.

The League is always looking for qualified referees to officiate at the monthly league events and those with a good understanding of inclusive needs are a must in order to help all players develop and grow within the game.

For more information on the Inclusive League, Please contact [LRIFL@outlook.com](mailto:LRIFL@outlook.com)



REFEREE DEVELOPMENT



# Level One Award in Coaching Football –

**Course Description:** This course provides an introduction to the organisation and delivery of safe and enjoyable coaching sessions for players. The course will introduce practical drills to develop players' technical skills such as shooting, turning with the ball and heading. It is ideally suited to those working with groups of young players.

**Course Aims and Objectives:**

To provide learners with an introduction to offering the principles/practice of safe, ethical and effective management and coaching of football to adults and young people.

**Pre requisites:** Minimum age of 16

## Coaching Disabled Footballers –

**Course Description:** This course teaches coaches to apply coaching skills to meet the needs of players with different impairments. The course establishes basic communication skills for coaching disabled footballers, using appropriate terminology. Coaches are also advised on appropriate medical and safety considerations.

**Course Aims and Objectives:** The course is designed to give football coaches and teachers ideas and practices for the inclusion of disabled players in football sessions whether in mainstream or impairment specific sessions.

**Pre requisites:** 1st4sport Level 1 Award in Coaching



# Coaching Blind Footballers –

**Course Description:** The FA Coaching Blind Footballers (CBF) Course is designed to provide football coaches with an introduction to working effectively and confidently with blind footballers. The course will provide an introduction to the organisation and delivery of safe and appropriate coaching sessions for blind players.

## **Course Content:**

- Apply and extend existing coaching skills and experience to meet the needs of blind footballers
- Establish effective communication skills when coaching blind footballers
- Identify appropriate and safe methods of supporting and working with blind footballers
- Recognise the need to deliver relevant coaching sessions to effectively meet the developmental needs of the blind footballer
- Understand the characteristics blind footballers require to perform at a performance level of the game
- Recognise the Player Pathway and competition structure available for blind footballers.

Pre requisites: 1st4sport Level 1 Award in Coaching

# Coaching Deaf Footballers –

**Course Description:** This course is designed to provide football coaches with ideas and practices for the inclusion of deaf players in football sessions within mainstream or impairment specific sessions.

## **Course Content:**

- Apply and extend their existing coaching skills and experience to meet the needs of players;
- feel confident in coaching deaf footballers;
- have improved their awareness of deafness and provide better understanding of the needs of deaf footballers;
- use basic communication skills for coaching deaf footballers;

Pre requisites: 1st4sport Level 1 Award in Coaching

Philippa Bass  
Disability Football Development Officer  
E: [Philippa.Bass@LeicestershireFA.com](mailto:Philippa.Bass@LeicestershireFA.com)  
T: 0116 286 7828  
M: 07944 194252

Leicestershire &  
Rutland County Football  
Association,  
Holmes Park,  
Dog & Gun Lane,  
Whetstone, Leicester,  
LE8 6FA  
T: 0116 286 7828



# LEICESTERSHIRE & RUTLAND INCLUSIVE FOOTBALL PROGRAMME

