

BE A **POSITIVE PARENT**



What **Not** to Say



Did you win?

You played rubbish

Why did you do that?

You're so talented

False praise

You were so much better than X

It doesn't matter

What to Say



Did you have fun?

How did you play?

What did you learn?

What would you do differently?

Did you try your best?

I'm proud of you

I love you