

**HITCHIN TOWN LADIES FC**  
**7's TOURNAMENT RULES**  
**SUNDAY 30<sup>th</sup> June 2019**

1. Before commencement of play, all teams must register at 9.30am
2. The laws of the Football Association will apply with exception of the offside rule; there will be no offside offences.
3. Goal keepers can come out of the box. The goal kicks need to be taken from the back line. Kicking from goal keepers is only permitted from the floor not out of hands. However goalkeepers may throw the ball from hands either over arm or under arm.
4. Players are also allowed in the box.
5. Each team will consist of 7 players and up to 3 substitutes. Players can only play for one team and roll on/roll off substitutions will apply. Substitutions can only be made whilst the ball is out of play and with the referees consent.
6. The first named team will supply the match ball and choose ends. The second team will kick off. In the event of a colour clash the second named team will change colour.
7. 3 points for a win, 1 point for a draw, and 0 for a loss.
8. In the event of any team failing to fulfil a fixture or is not ready to start at the designated time, the result will be given to the opposing team as a 1-0 win, as we are tight on time and need quick changeovers.
9. Within the field of play the referee's decision is final.
10. In the situation where the teams have the same number of points, goal difference will be considered. If still the same, the team scoring the greater number of goals will determine who qualifies for the knockout stages. If still the same, then their results against the other top 3 teams in their age group will be considered. In the event of all the above being equal a penalty shoot-out will take place.
11. 7 teams in a group the duration of each game will be 10 minutes straight play, NO half time.
12. If the quarter or semi-finals or finals result in a draw, 5 minutes of extra time will be played, if the score is still a draw, each team will take 3 penalties (1 per nominated player); if the result is still a draw the remaining players will take penalties in a sudden death situation until there is a result. If the result is still a draw after all the players have taken penalties, players will continue to take penalties in the same order as before until there is a result. Penalties can only be taken by the players on the field at the end of the game. In the event of unequal teams ie. 1 team has had a player sent off, or a player taken off injured and no substitute were available, the team that has the greater number of players can nominate one or more of their players to stand down from the taking of penalties.

13. The quarter finals will be 12 minutes one way.
14. The semi-finals will be 15 minutes one way.
15. The final will be 20 minutes, with two 10 minutes halves.
16. A player sent off for violent conduct, serious foul play or foul and abusive language, will take no further part in the tournament. A player cautioned twice or sent off for any other offence not listed above, will miss the next match. The match referee will determine the status of the offence. All Cautions, sendings off and misconduct will be reported to the relevant County FA
17. The result card must be taken to the coordinator at the end of the game by the referees.
18. The tournament committee whose decision is final will decide any dispute.
19. Any person who in the opinion of the tournament committee is seen displaying anti-social behaviour will be asked to leave the site. Failure to do so may result in the team the said individual is connected with (in whatever capacity, managing, supporting etc) being removed from the competition. If this applies no refund of any money will be due.
20. HTLFC reserve the right to change any rules if necessary.

***GOOD LUCK TO EVERYONE AND WE HOPE***

***YOU HAVE A GOOD TOURNAMENT!!!***