

Apex football tournament

1. The date of the tournament will be the 6th July 2019, with the U7's and U8's playing in the morning and U9's and U10's playing in the afternoon
2. The matches shall be contested between two teams with a maximum of 5 players plus 3 substitutes. A team shall not start the game with less than 5 players.
3. The duration of the games shall be 10 minutes straight for the U7's and U8's and for the U9's and U10's the duration will be 12 minutes straight
4. All children must wear the correct uniform of their team and must wear shin pads when their team is playing
5. There will be no offside.
6. All free kicks are direct.
7. Start and Restart of Play Procedure - A kick-off is taken at the centre of the playing area to start the game and after a goal has been scored. Opponents must be 5 yards away from the ball and in their own half of the field.
8. Goal Kicks - Opponents must retreat to their own half until the ball is in play. The defending team does not have to wait for the opposition to retreat and has the option to restart the game before should they choose to. The ball is in play when it is kicked directly out the penalty area.
9. Kick-ins - If the ball goes off on the side line the team will restart play with a 'kick in' where the ball went out. Opponents will have to be 2 yards away.
10. Penalties - Normal rules apply, as per Laws of Association Football.
11. Corners - Normal rules apply, as per Laws of Association Football.
12. A goal may not be scored by a direct kick from a kick-off / kick in / Goal Kick.
13. Substitutes may only enter when the player being replaced has left the field of play and there is a stoppage in play. The referee shall be informed of the substitution. There will be rolling substitutions.
14. In the event of a colour clash the first named team shall change shirts or wear bibs.
15. If a game becomes 'one-sided' teams are encouraged to rotate players.
16. All players will receive a medal for attending.
17. If a child receives 2 yellow cards in a game they will miss one game, if a child receives a straight red card then they shall be banned for two games.