LET'S COPY AND FOLLOW!



Copy and Follow uses the power of demonstration to support children in developing new skills.



How does it work?

Copy and Follow is where someone – you or a child – takes the lead in demonstrating an action, movement or task that the rest of the group then copies and follows.

Children love stories, and they're a great way to bring the Copy and Follow game to life. Keep it fun and imaginative.

What kind of stories can you tell?

Stories based in the ocean, space or jungle work well. As do story themes of animals, pirates, or aliens and astronauts. You can take it anywhere you like.

Why use a story?

It gets the children's attention, and keeps them interested as you link all kinds of skills and movements including football skills, to your story. Remember you can use storytelling across all the basic games, to make them exciting.

How do you tell a story?

Make it exciting and fun, and always be enthusiastic:

- Use different voices for different characters.
- Match children's actions to your story. For example, if you have a jungle story, introduce a snake and ask: "who can show us how a snake would move?" and "who's the fastest slithering snake?".
- Think about whether music or props will help you, and have them ready.

What's the aim of the game?

Encouraging children to try new skills and movements, brought to life through storytelling. It's great for mixed groups, because each child can work at their own level.

Storytelling is a great way for children to increase their vocabulary - so add words that might be new to them.



WHERE CAN YOU TAKE THE GAME?



You can mix the Copy and Follow Game up in lots of ways:



Ask the children for their suggestions – stories, skills, movements, what happens next and how it ends.



Use STEP – Space, Task, Equipment, People – to add to your story, or to take it somewhere new.



Ask children to reach a destination, avoid danger, save their teammates, grab treasure – you can link these to football skills but they can be any kind of movement.



Weave lots of things the children have been practicing into your story – it's a fun way to build on all kinds of skills and movements!







See more ways to take the Copy and Follow Game somewhere new with the Idea Generator in your Play Book or with the Play Phase Activity Cards. Find them at Learn.EnglandFootball.com.