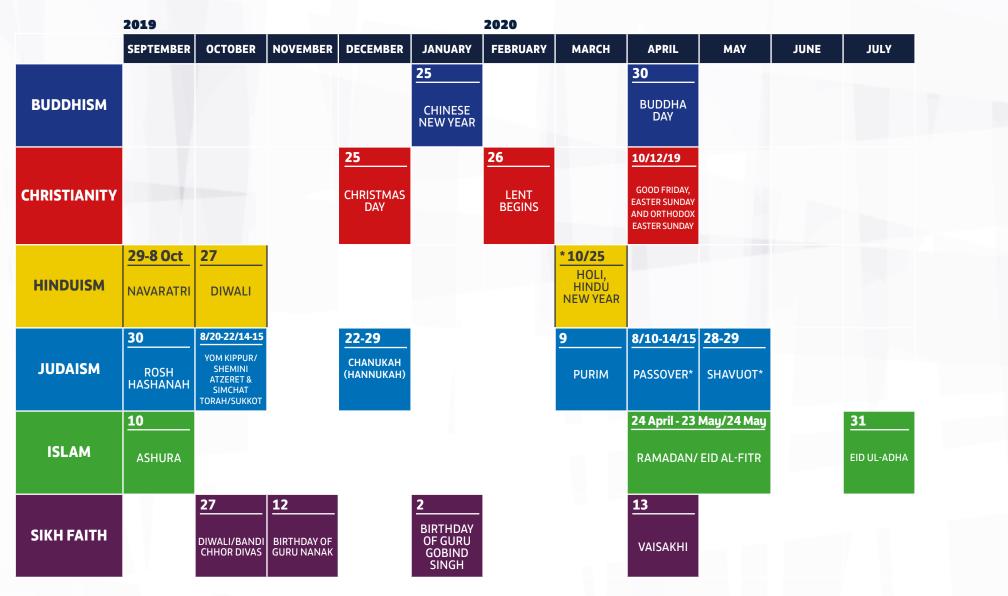




KEY RELIGIOUS DATES FOR THE 2019/20 SEASON



Some dates are provisional, based on the lunar calendar and/or sighting of the moon. The FA recognise that in the case of most of the faiths concerned there are various ways of spelling the same word. This is because of the range of languages (and alphabets) of the original terms. Some dates may also vary and the date of local celebrations may differ. We therefore recommend anyone using this calendar to arrange fixtures and events only after consultation with local representatives of the faith communities concerned. In this calendar we have only highlighted the six largest faiths in England by population and recognise there will be other faiths not mentioned.



*All these festivals are observed for two days. All Jewish Festivals start the night before.

GUIDANCE TO GRASSROOTS FOOTBALL AROUND FIXTURES AND RELIGIOUS OBSERVANCE

THE FOOTBALL ASSOCIATION

As part of The Football Association's commitment to providing equal opportunities for all to participate in football, Rule B5 was amended at the 2005 AGM in order to include all religions.

RULE B5 FOOTBALL & RELIGIOUS OBSERVANCE

(a) A Participant cannot be compelled to play football on bona fide occasions where religious observance precludes such activity, save where the Participant:
(i) has consented to do so on such occasions;
or

(ii) is registered as a player under written contract, which shall be taken as consent to play on such occasions unless otherwise provided for in the contract.
(b) Annually, when planning programmes,
Competitions shall define and notify agreed dates of such occasions.

GUIDANCE

In order to support you with your planning this guidance has been written to provide you with the most significant dates for religious observance together with some information on them. It is not intended that you avoid all these dates, and the list is by no means exhaustive, but you are advised to consult with your clubs and communities as to the most relevant dates to consider for your locality as this will vary considerably. A calendar of these dates will be provided by The FA annually. You should note that some religions work on a lunar calendar (10/11 months) rather than the Gregorian (12 months) which means dates will vary from year to year. In addition some dates can only be confirmed by the sighting of the moon so are sometimes expressed as two or three dates and confirmed nearer the time of the festival. Some dates also have alternative spellings.

FAITH DATES BY RELIGION

Buddhism

- Chinese New year
- Buddha Day

Christianity

- Christmas Day
- Good Friday
- Easter Sunday
- Sundays unless the League is a Sunday League (membership of or participation in Sunday football shall be taken as consent to play on Sundays, except when Christmas Day be on a Sunday)

Hinduism

- Diwali (or Divali)
- Navaratri this is nine nights but usually finishes quite late, not ideal when playing matches
- Raksha Bandhan
- Holi Only for evening fixtures as Holi is celebrated in late afternoon/evenings

Judaism

- Rosh Hashanah
- Yom Kippur
- Passover the first and last two days of the festival
- Sukkot the first two days of the festival
- Friday evening to Saturday evening (Sabbath) unless the League is a Saturday League (membership of, or participation in, Saturday football shall be taken as consent to play on Saturdays)

Islam

- Eid-al-Fitr (occurs at the end of Ramadan)
- Eid-al-Adha
- Al-Hijra/Muharram

Sikh Faith

- Diwali (Divali or Bandi Chhor Divas)
- Vaisakhi (Baisakhi)
- Birthday of Guru Nanak

"Faith and pastoral care can be important to both players and staff at any club. It helps them create perspective under the pressure of the professional game."

Angy Club Chaplain, Reading FC Women & Sports Chaplaincy UK





EXPLANATION OF KEY RELIGIOUS OBSERVANCES

Al-Hijra/Muharram

Islamic New Year and the first of the month of Muharram, where Muslims celebrate the Prophet Muhammad's migration from Mecca to Medina. For Shi'as the first ten days are a period of mourning culminating in Ashura Day, commemorating the martyrdom of Imam Husayn.

Birthday of Guru Nanak

Birthday of founder of Sikhism. This is one of the holiest of the Sikhs which is celebrated over a three day period.

Buddha Day

Birthday of the founder of the Sikh faith. This is one of the holiest Sikh festivals which is celebrated over a three day period. 2019 is the 550th birth anniversary.

Chinese New Year

The most important day in the traditional Chinese calendar and marks the beginning of the first Lunar month.

Christmas

Celebrates the birth of Jesus who Christians believe to be the Son of God. Christians focus on the incarnation of God becoming a man in this major festival.

Diwali (or Divali) – (Hindu/Sikh)

Festival of Lights. Celebration of good over evil. Victory of Lord Rama over demon Ravana and end of over 14 years of exile of Lord Rama. Prayers are said for Goddess Laxmi for prosperity at the beginning of financial year. For Sikhs this has a special significance because the sixth Guru was released from prison on Diwali. Sikhs also call this festival 'Bandi Chhor Divas'.

Easter Sunday

Christians celebrate the resurrection of Jesus from the dead.

Eid-al-Adha

This Muslim festival marks Day Three of Hajj (pilgrimage to Mecca) and also commemorates the Prophet Abraham's willingness to sacrifice his own son Ishmael.

Eid-al-Fitr

This day marks the end of the month of fasting for Muslims (Ramadan). The day is marked with prayers and festivity and presents for children.

Good Friday

This day commemorates the crucifixion of Jesus.

Hindu New Year

Often thought of as more important that Diwali, many Hindus celebrate this in the spring but some on the day following Diwali.

Holi

Spring Festival of Colours for Hindus which symbolises the triumph of good over evil. The event celebrates the death of the evil demoness Holika who was consumed by fire while her nephew Prahlad, who was a devotee of Vishnu, survived. These days the event is signified by burning large bonfires, dancing and spraying coloured powder and water on each other.

Lent

A period of preparation including prayer, fasting and reflection lasting six weeks up to Easter Sunday.

Navaratri

Nine days of dance (Garba) and celebration when the Goddess Laxmi is worshipped by Hindus.



'Football is a game where people from all background and faiths are able to come together and represent one team, whilst still being true to themselves.'

Ashvir Singh Johal

Academy Coach Leicester City FC



EXPLANATION OF KEY RELIGIOUS OBSERVANCES

Passover

A Jewish festival recalling the Exodus of the Israelites from Egypt and celebrating the barley harvest. Unleavened bread is eaten with a special meal (Seder), with food, prayers, games and song.

Raksha Bandhan

Sisters tie holy thread onto brothers wrists for protection. Brothers in return give sisters presents and also offer the sisters protection.

Ramadan

The Islamic month of fasting from before dawn to sunset every day, normally 30 days ending with Eid-Al-Fitr.

Rosh Hashanah

Two-day religious observance that marks the start of the Jewish New Year. It is traditionally announced by blowing a shofar, a ram'shorn trumpet. It is the first of the high holy days, or 'days of awe', and celebrates the creation of the world, the repentance of sins, and the renewal of God's relationship with the Jewish people.

Sukkot

Jewish harvest festival commemorating the forty years spent in the wilderness on the way to Israel. Sukkot 2019 runs from 13-20 October but the religious restrictions on working, carrying, driving only apply from sunset 13 to sunset 15 October.

Vaisakhi (Baisakhi)

This date is celebrated as the birth of the religion itself. The founding of the Khalsa (Sikh) order by Guru Gobind Singh who initiated five disciples known as the Five Beloved Ones.

Yom Kippur

Day of Atonement (Jewish). The last day of 10 days of repentance and the holiest day of the year with fasting and prayer.



"We are fellow Israelis who follow two different faiths but still have so much in common. Above all we are brothers on and off the pitch, the power of football keeps our friendship strong."

Tomer Hemed & Beram Kayal Charlton Athletic & Israel



SUGGESTED FAITH RELATED SOCIAL MEDIA MESSAGES

ISLAM **EID-AL-ADHA**

Eid Mubarak to all our Muslim followers! 10-14 AUGUST 2019 Image of moon or lantern

MUHARRAM (ISLAMIC NEW YEAR)

Wishing all Muslims who are commemorating Muharram peace and blessings

SEPT 1, 2019 - SEPT 30, 2019 AUG 20, 2020 - SEPT 20, 2020

Solemn holiday so no appropriate image

RAMADAN

#RamadanMubarak from everyone at to all those preparing to fast

during the holy month.

24 APRIL - 23 MAY 2020

Tweet

for you...

#HappyDiwal from

Arsenal O @Arsenal - 07/71/2018 -

If you're celebrating Diwali today,

then we've got a special message

@Mesut0zi1068 and everyone at

Image of a new moon, silver/gold bowl of dates, prayer beads

EID-AL-FITR

#EidMubarak to all our Muslim followers celebrating around the world! 24 MAY 2020

Image of a new moon

JUDAISM **ROSH HASHANAH**

Wishing all our Jewish followers a Shana Tova today! **1 SEPTEMBER 2019**

Image of apple dipped in honey

YOM KIPPUR

Wishing all our Jewish followers well over the fast of Yom Kippur **9 SEPTEMBER 2019** Solemn holiday so no

CHANUKAH

Happy Chanukah to all our Jewish friends and followers who begin their celebrations today! 23-30 DECEMBER 2019

Image of Menorah

appropriate image

PURIM

We would like to wish a #HappyPurim to all those celebrating this evening! 21 MARCH 2020 Image of Hamantaschen.

traditional pastry

PASSOVER

Chag Kasher Vesameach! We would like to send our best wishes to everyone in the Jewish community as #Passover begins this evening. 8-16 APRIL 2020 Image of Matzvah, wine, crackers



CHRISTIANITY

CHRISTMAS

Merry Christmas to all our followers! **25 DECEMBER 2019**

Image of Christmas tree, snow, nativitu scene

EASTER

Happy Easter to everyone celebrating over the extended weekend!

10-12 APRIL 2020

Image of something that represents Christs Resurrection e.g. an empty tomb. A Happy Easter message should go out on Easter Sundau rather than Good Fridau



SUGGESTED FAITH RELATED SOCIAL MEDIA MESSAGES

SIKH FAITH DIWALI/BANDI CHHOR

Happy Diwali and Bandi Chhor to all our Hindu, Sikh and Jain followers!

27 OCTOBER 2019

Image of people celebrating with light or fireworks. If Sikh specific, an image of the Golden Temple with fireworks

BIRTHDAY OF GURU NANAK

Happy Guru Nanak Gurpurb to everyone celebrating the birth of the founder of the Sikh faith 550 years ago! #GuruNanak550 **12 NOVEMBER 2019**

Image of Ik Onkar, a Sikh symbol

BIRTHDAY OF GURU GOBIND SINGH

Happy Guru Gobind Singh Gurpurab to all our Sikh followers - he stood for the universal values of freedom, equality and justice for all!

or

Wishing Sikhs everywhere a very happy Guru Gobind Singh Gurpurb. Gurpurb di lakh lakh vidaye! (The last part of the message means "Many many good wishes for the gurpurb") **2 JANUARY 2020** Image of Anandpur Sahib (the birthplace of the Khalsa) or

the Takht Sri Patna Sahib (Gurdwara where he was born) or A Khanda (Sikh symbol)

VAISAKHI

#HappyVaisakhi to everyone from the Sikh community celebrating the birth of the Khalsa over the coming days! 13 APRIL 2020 Image of the triangular flag with the Sikh insignia of the Khanda

BUDDHISM **CHINESE NEW YEAR**

Happy #ChineseNewYear to all our followers who this weekend celebrate the start of the Year of the Pig! **25 JANUARY 2020**

Image of a pig

BUDDHA DAY/VESAK

Happy Buddha Day. Best wishes for Vesak to all those celebrating across the world!

30 APRIL 2020

Image of the Dharma Wheel or a silhouette of the Dharmader

HINDUISM/JAINISM

DIWALI

Happy Diwali to all our followers celebrating today! **27 OCTOBER 2019**

HOLI FESTIVAL

Image of people celebrating with light or fireworks

We'd like to wish a #HappyHoli to anyone celebrating the festival of colours today! 10 MARCH 2020

> Image of people celebrating the festival with lots of colour







"As a manager, I'm responsible for both my players and myself at the club. My faith is a constant source of support and helps me try to be the leader and role model that my team needs."

Riteesh Mishra Manager **Charlton Athletic FC Women**



The Football Association

Telephone: 0844 980 8200 Email: Equality@TheFA.com Visit: www.TheFA.com



Hindu Forum of Europe

Email: info@hinduforum.eu Visit: www.hinduforum.eu



Kick It Out

Telephone: 020 3967 8989 Email: info@kickitout.org Visit: www.kickitout.org



www.citysikhs.org.uk

City Sikhs

Email: media@citysikhs.org.uk Visit:www.citysikhs.org.uk



The Premier League

Visit: www.premierleague.com



Professional Footballers Association

Email: info@thepfa.co.uk Visit: www.thepfa.com



EFL, English Football League

Tel: 01772 325800 Email: enquiries@EFL.com Visit: EFL.com



Community Security Trust

Email: enquiries@cst.org.uk Visit: www.CST.org.uk



The Carob Tree Project

Email: alex.goldberg@carobtree.org Visit: www.carobtree.org



Faiths Forum 4 London

Email: info@faithsforum4london.org Visit: www.faithsforum.com



Muslim Chaplains in Sport

Email: info@mcst.org.uk

Visit: www.mcst.org.uk



Ramadan Tent Project

Email: info@RamadanTentProject.com Visit: www.faithsforum.com



Maccabi GB

Email: enquiries@maccabigb.org Visit: www.maccabigb.org



Sports Chaplaincy

Email: admin@sportschaplaincy.org.uk Visit: www.ramadantentproject.com