



JUNIOR PAN DISABILITY FOOTBALL

6 - 16
years

SESSIONS

Carlisle Reivers JFC

When : Thursday, 5:30 - 7:30pm

Where : Central Fields, Carlisle

Contact : Paul - 07974149804

Workington Reds Diamonds FC

When : Wednesdays, 5 - 6pm

Where : Workington Academy

Contact : Andy - 07731841818

Penrith JFC

When : Wednesdays, 5 - 6pm

Where : Penrith Leisure Centre

Contact : Chris - 07900608085

Whitehaven AFC

When : Wednesdays, 6 - 7pm

Where : Whitehaven AFC 3G

Contact : Craig - 07898998077

Cumbria Frame Football

Where: St James Parish Centre,
Carlisle

Contact : Jackie - 07739533910



For more disability football opportunities visit:
www.cumberlandfa.com/players/disability

Or contact : Ray.Sempill@CumberlandFA.com • 07807665543

