

# Cumberland FA

YOUR GAME, YOUR COUNTY FA...

## CUMBERLAND CUP FINAL 2021-22



**Tuesday 26 April 2022**

**Carlisle City FC**

**v**

**Wetheriggs United FC**



**ENGLAND  
FOOTBALL**



# Cumberland FA

## County Cups

### A Message from the Chairman of Cumberland FA

#### Season 2021-22

##### **Chairman**

Fred Conway

##### **Vice Chairman**

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##### **Directors**

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John Taylor

Ian Parker

Adam Pattison

Jackie Hayhow

Ben Snowdon

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Fred Dandy, Andrew Jenkins,

Albert Murphy, John Taylor, John

Twentyman, Geoff Turrell, Jack

Williamson, Tommy Jackson, Tony

Barnett, Brian Taylor

##### **FA Representative**

Fred Conway

##### **Chief Executive**

Ben Snowdon

Cumberland Football Association  
Limited

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Email: [info@CumberlandFA.com](mailto:info@CumberlandFA.com)

[www.CumberlandFA.com](http://www.CumberlandFA.com)

On behalf of Cumberland Football Association, I would like to welcome you to the 2021-22 Senior County Cup Finals.

With no Cup competitions since the 2019-20 season and with the phased return of football over the last 18 months, we have seen how important the return of football across the County has been to everyone, from players, volunteers, referees and supporters.

Our sincere thanks are also due to the volunteers of the host venue Penrith AFC, who's continued support has enabled us to provide the County Cup Final match day experience for all three Senior Finals this season.

Special mention to the match officials who we wish good luck for the Finals. We hope all those in attendance give them support and show respect throughout.

We're expecting some entertaining and quality football to be played in this evening's Final.

Both finalists are making their first appearance for a number of years. We wish both teams the best of luck and hope you enjoy the occasion.

Mr Fred Conway  
Chairman, Cumberland FA

# Cumberland FA Cup Finals

## Season 2021-22

DATE	COMPETITION / VENUE	FIXTURE	OFFICIALS
Sunday 20 March	<b>Under 16 County Cup</b> Penrith AFC	Cleator Moor Celtic U16 - 7 Crusaders U15 - 0	Referee: Austen Davidson Assistant Referees: Georgia Vyse & Geoff Ellison 4th Official: Jake Davidson
Sunday 20 March	<b>Under 16 Girls County Cup</b> Penrith AFC	Northbank 1970 U16 Girls – 2 Cockermouth U16 Girls - 1	Referee: Georgia Vyse Assistant Referees: Jake Davidson & Austen Davidson 4th Official: Geoff Ellison
Sunday 1 May 11:00am	<b>Sunday Cup</b> Penrith AFC	AFC Scotby v Inter Pirelli	Referee: Mark Hunter Assistant Referees: Dan Forbes & Barney Pannone 4th Official: Colin Varty
Friday 6 May 7:00pm	<b>Women's Cup</b> Penrith AFC	Stanwix FC Ladies v Penrith AFC Ladies	
TBC	<b>Under 18 County Cup</b>	Penrith AFC U18 v Whitehaven AFC U18 Yellow	
Saturday 14 May 11:00 am	<b>Under 12 County Cup</b> Keswick FC	Stanwix U12 v Warwick Wanderers U12 Reds	
Saturday 14 May 2:00pm	<b>Under 14 County Cup</b> Keswick FC	Seaton FC U14 Utd v Unisun Athletic U14	
Sunday 15 May 11:00am	<b>Under 12 Girls County Cup</b> Keswick FC	Unisun Athletic JFC v Whitehaven AFC U12 Yellows	
Sunday 15 May 2:00pm	<b>Under 14 Girls County Cup</b> Keswick FC	Whitehaven AFC U14 v Stanwix U14 Girls Hornets	





# Who encourages respect for players and supporters on your match days?



Although the Government has now removed all remaining COVID-19 Protocols, there are still steps we can all take to reduce the risk of catching and spreading COVID-19.

Click [HERE](#) to see The FA's latest information on this and the latest government guidance issued 23<sup>rd</sup> February on 'Covid-19 Response: Living with Covid-19' can be found [HERE](#)

**No alcohol or pyrotechnics or flares are allowed and in line with FA regulations action will be taken against clubs if this occurs at the final.**



Thanks to Penrith Lions who have donated £100 to sponsor the Match Balls for the Senior Finals.



**SHOW SOME**

**RESPECT**

**# SHOW SOME RESPECT**



ENGLAND  
FOOTBALL

**RESPECT**



Building society with mutual respect



GRASSROOTS  
FOOTBALL  
AWARDS

# NOMINATE YOUR HERO NOW



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## GRASSROOTS FOOTBALL AWARDS

It's time to celebrate the people who make grassroots football in Cumberland great for everyone. Nominate before 16 May 2022!

Visit [www.CumberlandFA.com](http://www.CumberlandFA.com) for more details

### THE CATEGORIES

Grassroots Coach for Youth  
Grassroots Coach for Adults  
Grassroots Club of the Year  
Grassroots League  
Grassroots Volunteer  
Rising Star (25 and under)  
Grassroots Grounds Team  
Grassroots Project  
Grassroots Match Official  
The Spirit of Grassroots  
Football Award



## GREAT SAVINGS FOR CUMBERLAND FA CLUBS

When it comes to making goalposts, we are one of the industry leaders. Our goals are built, tested and delivered by our team of experts, guaranteeing you a perfect product, every time.

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& ACCESSORIES

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PROUD TO SUPPORT **CUMBERLAND FA**  
VISIT **MHGOALS.COM** OR CALL **01502 711 298**



## REFEREE ARMBAND INITIATIVE

The armbands act as a visual reminder to Coaches, Players and Spectators that the Match Official is New to Refereeing or a Child.

Ben Snowdon, Cumberland FA CEO commented on what the new armband initiative brings to Cumberland Football:

“The armbands were devised as part of our commitment to Safeguarding. They act as a visual reminder to coaches, players and spectators that the individual wearing them are new to refereeing, have less experience and, like everyone else learning something new, will make mistakes.

**They support the FA Respect programme and our responsibility to creating the safe and positive environment that in turn leads to an enjoyable experience for all.”**



## RESPECT NEEDS YOU



**The FA's Respect Programme is based on a collective responsibility to promote what is good about football and deal with anything that diminishes the nation's favourite game.**

**Whether you're a Referee, a Player, a Coach, a Parent, a Spectator or a Club or League Official we all have a responsibility to create a fair, safe and enjoyable environment in which children can play football.**

**For more information visit**  
**<https://www.englishfootball.com/explore/inclusive-football/Respect>**

# CUMBERLAND CUP FINALIST

2021 / 22

## CARLISLE CITY FC



### Route to the Final

Round One	Alston Moor FC	A-W	Carlisle City FC
Round Two	Carlisle City FC	2 – 2 AET 4-2	Windscale AFC
Q/Final	Carlisle City FC	2 – 0	Workington AFC
Semi Final	Carlisle City FC	2 – 1	Carlisle United

**SQUAD:** Peter Allison, Samuel Atkinson, Harry Atkinson, Tyler Bowman, Aaron Bradbury, Jack Brannan, Alexander Cairns, Kieron Foster, Kingsley Grandison, Matthew Hartley, Thomas Hickey, Jordan Holt, Jordan Irving, Nathan Johnstone, Jay Kelly, Keighran Kerr, Daniel Kirkup, Brandon Longcake, Craig Murray (GK), Thomas Newton (GK), Kieron Olsen, Jordan Palmer, Aaron Roberts, David Seggie, Marc Shiel, Josh Simpson (C), Liam Studholme, Ryan Swailes, Stephen Townsley (GK)



Formed in 1975, the Club now supports five senior teams and 14 Youth Teams competing across Cumberland and beyond.

Runners Up three times from 1997/8 to 2005/6, the team will be looking to go one further and lift the Cumberland Cup for the first time since 2003/4!

On Easter Monday Carlisle City made it a fifth straight win as they climbed to third in Northern League Division Two. The team will be full of confidence heading into their first County Cup Final since the 2005/6 season.



# CUMBERLAND CUP FINALIST

2021 / 22

## WETHERIGGS UNITED FC



### Route to the Final

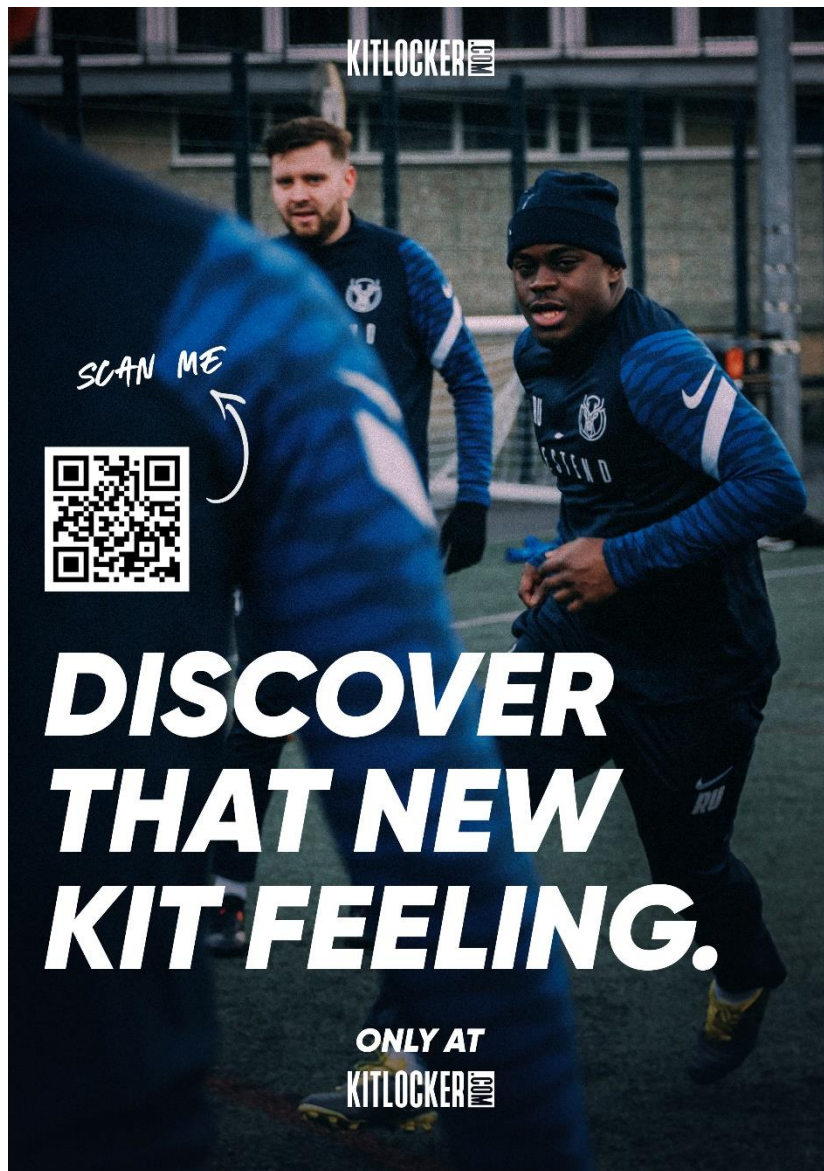
Round One	Wetheriggs United	10 – 2	Silloth FC
Round Two	Wetheriggs United	4 – 0	Cockermouth FC
Quarter Final	Kirkoswald FC	1 – 3	Wetheriggs United
Semi Final	Pirelli	1 – 4	Wetheriggs United

**SQUAD:** Kyle Strand, Stu Forrester, Callum Burton, Andy Mills, Lamin Cham, Joe Walton, Greg Key, Andy Murray-Jones, Joe Oliver, Jordan Lawson, Ronan Humphrey, Alex Johnson, Kieran Wallace, Sam Oliver, Luke Housby, Cam Prokas, Jonny Murray, Lewis Windle, Ryan Gate, Brandon Robertson, Tom Turner, Martyn Coleman

The 2021/22 Cumberland Cup Final will be the first appearance for Wetheriggs United since 1987/88.

Formed in 1963, the Penrith based team are currently second in the Westmorland Football League with 6 games in hand over the leaders.





Formed in 2011, the Ability Counts League offers regular playing opportunities to disabled players aged 16 and over. Fixtures are held once a month between March and October, with teams from across Cumberland taking part at a central venue in Carlisle.

With continued support from Cumberland Building Society the League has been renamed 'The Cumberland Ability Counts League'

The Cumberland  
In partnership with



The Cumberland Walking Football League began across Cumberland in 2019 with players aged 50+ playing regular festival and league fixtures at central venues.

Contact [Ray.Sempill@CumberlandFA.com](mailto:Ray.Sempill@CumberlandFA.com) for more details or 07807 665543





# Every life matters...

[www.every-life-matters.org.uk](http://www.every-life-matters.org.uk)

For the past couple of seasons, Cumberland FA have been working in partnership with Every Life Matters who promote suicide safer communities and provide bereavement support across Cumbria.

We're asking Cumberland Teams to help raise awareness of Every Life Matters, Cumbria amongst players and volunteers as well as having the open conversations which could ultimately support someone in need.

## Every Life Matters Training Courses Summer 2022

**FREE Bitesize Online Training**

### Suicide Awareness

Learn more about suicide and what we can all do to help

- 1 Getting informed
- 2 Being Aware
- 3 Asking Directly
- 4 Listening Carefully
- 5 Building Support

**FREE 1 Hour Information session**

### Supporting childrens mental health and wellbeing

#### For Parents & Carers

- 1 Mental Health
- 2 Self-harm
- 3 Suicide

**FREE Half Day Online Training**

### Self-harm Alertness

- 1 Getting informed
- 2 Cycle of self harm
- 3 Coping Strategies
- 4 Safe Plan

**FREE Half Day Online Training**

### Emotional Resilience

Develop and enhance your own emotional literacy as a way to support others

A Continuing With People Training Module

Delivered by:  
**Every life matters...**

**FREE Half Day Online Training**

### Suicide First Aid

Understanding Suicide Interventions

#### For people living or working in South Cumbria

Delivered by:  
**Every life matters...**

**FREE Half Day Online Training**

### Suicide Alertness

- 1 Getting informed
- 2 Being Aware
- 3 Asking Directly
- 4 Listening Carefully
- 5 Building Support
- 6 Checking in
- 7 Looking after Yourself

**FREE Two Hour Online Training**

### Safety Planning

- 1 My Reasons for Living
- 2 Making my Situation Safer
- 3 My Warning Signs
- 4 Lifting My Mood
- 5 My Emotional Support
- 6 My Distractions
- 7 Professional Support

**Orange Button Training**

### Orange Button Training

Healthier Lancashire & South Cumbria

All these courses are fully funded for people living or working in Cumbria (except Youth MHFA which is heavily subsidised) and can be booked via:

[Every Life Matters Events | Eventbrite](#)

Almost £2000 has been raised by the grassroots football community across the county to support the local charity.

Find out more on how you can support your Club members and donate by clicking [HERE](#).



Our partners at  
Koolpak UK

have extended our ongoing  
partnership, meaning #Cumberland  
#Clubs can continue to benefit from  
their specially discounted first aid  
supplies

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for the 2021/22 Season

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& Infection  
Control Products  
Reduced

**“ IS YOUR FIRST AID KIT RESTOCKED FOR  
THE START OF THE NEW SEASON? ”**

Koolpak has once again teamed up with your County FA to offer you special  
discounted prices for our best-selling First Aid essentials so that you are  
prepared for when you need to treat an injured player

**Koolpak Original Ice Pack**  
- As low as 59p per pack

**BEST  
SELLER**

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include  
VAT.

**Alcohol Hand  
Gel - £4.24**

**Multi Surface Disinfectant  
Wipes - £7.33**

**Team Sports First Aid Kit  
- £20.45**

Visit the Koolpak Web Portal via the link on the County FA website, to see  
the full range of products available at great discounted prices

**RECORD | ANALYSE |** The Veo Camera enables football clubs, (big & small) to record & analyse their matches automatically!

## Veo Cam and Analysis Platform

**£25/month\***

+ Veo Cam from £699



\*billed annually

**veo**

With the football season drawing to a close our partners Veo Camera are already getting ready for next season!

Veo are launching a new lower cost subscription as well as offering £200\* off the camera for any new customers and a whopping 50%\* off for current users.

\*Valid until the end of May 2022

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# Cumberland FA

## County Cups

### TEAMS STATS

No.		Sub	Goal	No.		Sub	Goal

OFFICIALS	CUMBERLAND CUP
Referee	Scott Henry
Assistant Referee	Kevin Mulraine
	Tommy Linford
Fourth Official	John Mulligan

Visit us at [www.CumberlandFA.com](http://www.CumberlandFA.com)

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