



CORNWALL FA NEWSLETTER

Welcome to the Cornwall FA Summer newsletter!

Welcome to the latest edition of Cornwall FA's E-Newsletter bringing you all the latest news, stories, football reports and much more from around the County.



On Sunday 7th July we held our summer Walking Football Festival at Hayle football club.

A fantastic 13 teams took part on the wonderful new 3G surface, the teams involved were; Lanivet Pandas A and B, Morwenstow, Newquay, Penwith Nomads A and B, Roseland, Saint St Austell A and B, St Agnes, St Austell and Troon A and B. As the teams are becoming more established the competition is growing and the level of performance is getting better with each festival!

On the day the games were self-refereed by players, this meant games ran smoothly with the players having full understanding of the rules and aspects of walking football that differ to that of mainstream football.

As it was a trophy event, the top two teams from each pool progressed to a semi-final, the first semi-final saw Troon A take on Newquay, with Newquay coming out as 0-2 winners. The other semi-final between Lanivet Pandas B and Lanivet Pandas A was another close game ending 0-2 which saw Lanivet A progressing to the final along with Newquay.

The final was nail biting, both defences stood strong making it difficult to get the ball into the back of the net but it was Lanivet who came out on top with a 1-0 win crowning them champions of the Summer Walking Football Festival!

A big thank you to Hayle AFC for allowing us to host our event, the hospitality and organisation was fantastic.

Make sure you follow Cornwall FA on Facebook and Twitter for all the latest news including details of upcoming walking football events.

As one of the fastest growing formats of football across the Duchy now is the time to get your boots back on and get involved, to find out more details visit the website at: <http://po.st/yFBnla> or contact Football Development Officer, Phil Cardew on phil.cardew@cornwallfa.com



VOLUNTEERS CELEBRATED AT GRASSROOTS AWARDS

On Friday 28th June Cornwall FA welcomed almost 100 volunteers and County FA members to The Waterside Resort in Lanivet, Bodmin for our annual FA Grassroots Football Awards Evening. This year we had a record number of nominations across all categories and in order to recognise as many volunteers as possible, each award had a number of nominees shortlisted and invited along to the ceremony.

Attendees enjoyed a two course meal followed by tea and coffee as they were treated to a live question and answer session with Chris Morris, former professional footballer and County Coach Developer. Chris was asked a number of questions about his playing career with Middlesbrough, Sheffield United, Celtic and Republic of Ireland by CCFA Board Member, Nick Oswald. Chris gave a real insight into the lifestyle of a professional footballer at that time, what it was like playing in major competitions and some of the more amusing sides of the job- including an unfortunate incident with the post-game shirt swapping. It was a real pleasure to invite so many of our grassroots volunteers and celebrate another fantastic season of football in Cornwall.

Congratulations to this year's winners and runners up, all of who do a wonderful job within their teams, clubs and league;

Grassroots Club of the Year

St Agnes AFC (WINNERS)

Falmouth Community FC (RUNNERS UP) and Cornwall Powerchair FC (RUNNERS UP)

Grassroots Coach of the Year

Drew Symons-Falmouth United (WINNER)

Kate Todd-Torpoint Athletic Juniors (RUNNER UP) and Paul Knight-St Day AFC (RUNNER UP)

Grounds Team of the Year

Helston AFC (WINNERS)

Wendron United FC (RUNNERS UP)

Volunteer of the Year

Dave Bartlam-Trelawny League (WINNER)

Zach Maunders-Falmouth Athletic/ Sunday League (RUNNER UP), Nikki Ellacott

Launceston AFC (RUNNER UP) and Dave Hitchens-Charlestown (RUNNER UP)

Rising Star of the Year

Mollie Dring-St Agnes AFC (WINNER)

Sam Brown-Camelford FC (RUNNER UP) and Piran Simmons-Troon AFC (RUNNER UP)

We Only Do Positive Respect Award

St Agnes AFC (WINNERS)

Josh Galvin-Bodmin Youth (RUNNER UP) and Colin Phillips-Saltash United (RUNNER UP)

Grassroots Project of the Year

Cornwall Girls League (WINNER)

Newquay AFC Youth (RUNNERS UP) and Looe Town FC (RUNNERS UP)

Grassroots Match Official of the Year

Darren Winkworth (WINNER)

Paul Minns (RUNNER UP)

Grassroots League of the Year

East Cornwall Youth League (WINNERS)

Cornwall dis-Ability League (RUNNERS UP) and Trelawny League (RUNNERS UP)

Administrator of the Year

Denzil Lobb- Cornwall Womens League (WINNER)

Hayley Champion-Dobwalls AFC (RUNNER UP) and Sue Rowe-Ludgvan FC (RUNNER UP)

Outstanding Services to Cornish Football

Kevin Williamson- Wendron United (Presented Posthumously as the winner to his wife and Peter Thorne from Wendron United)

Colin Phillips-Saltash United (RUNNER UP) and Richard Pinkus-Bude Town (RUNNER UP)

The evening would not have been as successful without the support of a number of people, therefore a big thank you goes out to; Steve Lawrence, CCFA Board Member for once again being our compare on the evening, to Emma Andrews and The Waterside Resort for the wonderful venue and delicious food and finally to Joe Corton and Benjamin Eyrie from Falmouth University who helped with the collection and creation of the nominee videos presented on the evening.

We sincerely hope all of our volunteers who attended enjoyed the evening, the 2020 Grassroots Football Awards will launch again early in 2020, if you know someone who deserves to be recognised for all their hard work make sure you nominate and they could potentially be a winner.



TheFA 

MATCHDAY

Payments by  PayPal

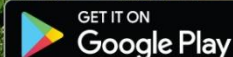
PAYMENT CENTRE



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COURSES, EVENTS AND WORKSHOPS



NEW FA LEVEL 2 COURSE KICKING OFF IN SEPTEMBER

Our next FA Level 2 in Coaching Football Course will be taking place at the start of the next season in Saltash. This is the perfect opportunity for any coaches who are wishing to challenge themselves to move to the next step on their coaching journey.

The main outcomes of the Level 2 are; to develop an understanding of yourself as a coach, your players and the game itself; develop game-like practices which incorporate decision-making while remaining enjoyable; to plan, deliver and evaluate a series of progressive football coaching sessions independently.

The course starts on Thursday 5th September at Saltmill Park Pilgrim Pitch and the cost is £270.00, however, we have a number of bursaries available to grassroots coaches.

FULL COURSE DATES

Block 1-Thurs 5th Sept- 6pm-9.30pm, Fri 6th- 6pm-9.30pm, Sat 7th- 9am-5pm, Sun 22nd- 9am-5pm, Mon 23rd- 6pm-9.30pm Tue 24th- 6pm-9.30pm

Block 2- Fri 1st Nov- 6pm-9.30pm, Sun 3rd- 9am-5pm, Fri 8th- 6pm-9.30pm, Sat 9th- 9am-5pm

Block 3- Sun 2nd Feb - 9am-5pm, Mon 3rd- 6pm-9.30pm, Fri 7th- 6pm-9.30pm, Sat 8th - 9am-5pm

To find out more or to book a place contact Corinne Winkworth on 01208 262985 or email corinne.winkworth@cornwallfa.com

Register your interest . . .

FUTSAL LEVEL 2



FA LEVEL 3 (UEFA B)



FLEXI FOOTBALL - TIME TO LACE UP FOR A NEW SEASON

FLEXI-FOOTBALL IS THE ULTIMATE FOOTBALL EXPERIENCE DESIGNED TO FIT AROUND BUSY LIFESTYLES - LESS TIME. LESS COMMITMENT. SAME GREAT GAME.

What's available in Cornwall?

MONDAYS at Hayle Football Club

Pitch Type: Brand new 3G pitch

£35 a team per game

6.45pm- 8pm

WEDNESDAYS at Penwith College, Penzance

Pitch Type: 3G Pitch

£25 a team per game

6.45pm- 8pm

For further details on the leagues above please contact
Trelawny Flexi-League on flexileague@outlook.com

MONDAYS at Callywith College, Bodmin

Pitch Type: Brand new 3G pitch

Game Duration: 60 Mins

8 games in total

TUESDAYS at Callywith College, Bodmin

Pitch Type: Brand new 3G Pitch

Game Duration: 60 Mins

12 games in total

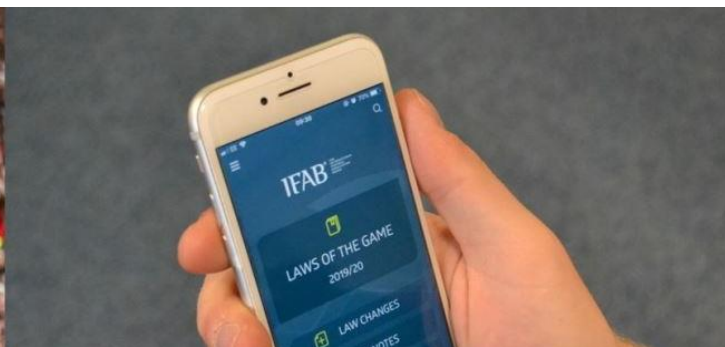
September 2019 - March 2020

For further details on the two leagues above contact us
on 01208269010 or phil.cardew@cornwallfa.com

WHY GET INVOLVED? CASE STUDY VIDEO

Cornwall FA recently visited the Flexi-League Finals and spoke to those involved around the benefits of playing this format of football. Check out our video to find out more about the league

[HERE](#)



GET TO GRIPS WITH THE NEW LAWS FOR THE 2019-20 SEASON

To ensure that our football community is aware of and understands the changes to the IFAB Laws of the Game for the 2019-20 season we have arranged three meetings. The sessions at Bodmin and Launceston will be delivered by Premier League Assistant Referee, Simon Long who will also be doing a Question and Answer session at the end of the presentation, this is a great opportunity to gain an insight into his role and general refereeing matters.

We are also welcoming clubs to attend these meetings as it is important that they also understand the changes which will impact their players and managers.

Already during pre-season we have seen a number of examples where referees are applying the new laws with clubs not understanding what the referee has correctly been applying. Allowing clubs to attend these meetings will ensure everyone within local football understands the changes this season.

Please see below for the dates and details;

Tuesday 23rd July – Cornwall FA HQ 7pm-9pm

Thursday 25th July – Launceston Football Club – 7pm-9pm

Thursday 25th July – Helston Athletic Football Club – 7pm -9pm

Please contact Richard Pallot to confirm your attendance indicating which session you will be going to. 01208 262983/

Richard.pallot@cornwallfa.com

NEW 'CHARITY OF THE YEAR' FOR THE 2019-20 SEASON

The new Charity of the Year for the 2019/20 Season is The Merlin MS Centre. The Centre provides affordable therapies and support for anyone in Cornwall living with a long-term neurological condition to improve their health and well-being and to help reduce isolation and loneliness.

They provide financial support for those whose lives are affected by Multiple Sclerosis (MS) in the way of subsidies and grants. Other conditions which they also support include Stroke, Parkinson's, ME, Chronic Fatigue Syndrome (CFS) and Fibromyalgia.

The Merlin MS Centre are an amazing organisation who rely on donations, charity events and initiatives to carry out their fantastic work, and Cornwall FA are thrilled to be able raise funds through the Durning Lawrence Charity Cup Competition this season with the addition of a company donation at the Cup final in May 2020.

Community Fundraiser at The Merlin MS Centre, Lucy Chappell said this; "We are so grateful to everyone from Cornwall FA for choosing to support Merlin MS Centre. This support will in turn help us as a charity to continue making a difference to the lives of those living with Multiple Sclerosis and other neurological conditions."

Cornwall FA Chief Executive Dawn Aberdeen had this to say; "Choosing our 'Charity of the Year' is always a difficult decision with so many local worthy causes desperately needing financial help. We are delighted to this year support the incredible work of the Merlin MS Centre and through the restructure of our charity competition this year raise the profile and hopefully generate more income for this dedicated organisation."

This year 16 teams from the South West Peninsular league will be invited to take part and play mid-week fixtures under lights with the first round kicking off on 24th and/ or 25th September.



FROM PENZANCE TO SEVILLE: MEET THE CORNISH FOOTBALLER WHO IS PLAYING IN A WORLD CUP THIS SUMMER...



We caught up with local player, Matt Robinson before he headed to the 2019 IFCPF World Cup in Seville with the England CP Squad. Whilst the focus has been on the Womens World Cup in France so far this summer, Cornwall has its very own England player who is wear the badge in a World Cup. Matthew Robinson from Penzance has joined up with the England CP squad who are in Spain at the 2019 IFCPF World Cup, they made it all the way to the semi-finals before a 3-0 defeat to Russia knocked them out! Before Matt jettied off he took the time to answer some questions for us;

Who has been there to support you the most throughout your journey from a youth footballer in Penzance to England player going to the World Championships next month?

Easy Answer... My parents.

Obviously there have been a lot of people like teachers, coaches, medical professionals who have helped me along the way. But my mum and dad have done everything they possibly could to get me where I am today.

Tell us a bit about your plans for the World Championship which start next month?

Since being selected, my plans have only been to try and be as fit and ready as I possibly can. I have trained

every day and reported my progress back to the England team via a group app. On top of the training I have done a lot of swimming, I have had quite a lot of massages, sports massages and cup therapy.

What are your ambitions for the future?

To play for England as much as I can, and to play football for as long as I can. I'm sure I will return to coaching football one day in the future, but for now I'm just loving what I'm doing and training hard to keep doing it.

Finally Matt, have you got any messages to other young footballers across Cornwall to help inspire them on their journeys?

When you are a young player, football should be fun. As you get older the game gets harder, so to be successful you need to practice as much as you can. I have learnt from football that things don't always go to plan or go the way you think they should have, even when you get close to where you want to be. You need determination to succeed and be prepared to work and train even harder than you have before. But never give up as sometimes dreams do come true!



[**READ THE FULL INTERVIEW WITH MATT HERE**](#)

COUNTY CUP ROUND UP

COUNTY CUP FINAL RESULTS FROM THE 2018-19 SEASON

Cornwall Senior Cup



Saltash United 1 – 2 **Falmouth Town**
Venue: Bodmin Town FC

Cornwall Junior Cup



Mousehole Reserves 2 – 0 Foxhole Stars
Venue: Hayle AFC

Womens Cup



Callington Town 7 – 0 Bude
Venue: Wadebridge Town FC

Charity Cup



St Dennis 4 – 0 Illogan RBL
Venue: St Blazey AFC

Sunday Cup



Falmouth Athletico 3 – 1
Tregony Sports & Social

Cornwall Boys Cups



Rathbone Cup (U18)
Helston Athletic 8 – 1
Culdrose

Luke Cup (U16)
Bude 3 – 0 Rosudgeon

Venue: St Dennis



U15 Cup
Saltash Youth 1 – 2 **Falmouth Utd**

U14 Cup
Looe Town 0 – 1 **St Agnes AFC**

U13 Cup
Saltash United 1 – 0 Grasshoppers
Venue: Wadebridge Town

Cornwall Girls Cups



U15 Cup
Wadebridge 0 – 5 **Bodmin Town**

U14 Cup
Launceston 0 – 4 **St Agnes**

U13 Cup
Padstow 0 – 2 **Helston Halos**
Venue: Wendron United



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