



CORNWALL FA FEMALE NEWSLETTER

Welcome to the second edition of Cornwall FA's Female E-Newsletter, a monthly publication bringing you all the latest news, stories, football reports and much more from around the County.

MINCE PIES AND MENTORING EVENT CELEBRATES YEAR OF SUCCESS

The final FA Coach Mentor 'Female Game' CPD event of the year took place on Monday 17th December at the Cornwall FA office. With the theme of 'Mince Pies & mentoring' the evening gave the opportunity to review the programme so far, bringing together like minded coaches to share their ideas and experiences.

Coaches were grouped to allow specific outcomes based on the ages and needs of the players they are working with. With three working groups tasks were based on working with beginner girls, what are their needs and how can we support them. Group 2 looked at key themes of the game including build & retain, progress and penetrate and create and score. These were mapped onto areas of the pitch and then broken down to consider the key technical components of each theme to create session topics and focuses. The final group looked at player profiling based on the 11 a side game, using the four corner model to identify attributes and traits of players based upon position.

Following group tasks the coaches then helped shape the design of the programme moving forward into the New Year choosing CPD topic themes based on their own needs. Throughout 2018 the female game mentoring programme has engaged with nearly 40 coaches and continues to grow with every event, it's always great to meet with new coaches and this event was no different.

Delivered by FA Coach Mentors Natasha Mills and Vicky Fisher the programme is open to all female coaches in Cornwall along with any coach working within the female / women's game or with an interest in doing so. Along with regular CPD events the coach mentors also offer individual support to coaches within their own club environments. For anyone wishing to get involved in the programme in the 2019 please get in touch by emailing vicky.fisher@cornwallfa.com



THE FA PEOPLE'S CUP IS COMING TO CORNWALL

For the first time EVER the FA People's Cup is coming to Cornwall in February 2019! This year we are delighted to be hosting a Womens qualifier on Saturday 23rd February at a fantastic facility in Bodmin, Callywith College.

Registration for teams opens in early January so make sure you follow us on Facebook and Twitter to keep up to date with how to enter your team.



CORNWALL WOMENS CUP QUARTER FINAL DRAW

The draw for the quarter finals of Cornwall Womens Cup sponsored by [MH Goals Ltd](#) can be found below!

The games will take place on Sunday 24th February 2019, 2pm KO's



Callington Town Ladies FC -v- St Agnes AFC Ladies

Helston Athletic Ladies -v- Charlestown Ladies

St Stephens Borough Ladies -v- Bude Town Ladies

Newquay Celtic Ladies -v- Penryn Ladies FC

WOMENS LEAGUES ROUND UP...



It's been great to see our Women's teams starting the seasons so well. With Callington taking promotion this year into the South West Womens Premier League (SWWFL) they are the highest Cornwall based women's side.

After a successful start they finish the first half of the season in 4th place ready to continue their challenge in the New Year.

Bude and St. Agnes also play within the SWWFL, a division below Callington in the Western division. Bude go into the New Year in 7th place in their second season back in the SWWFL. St. Agnes took promotion this year and have faced a tough challenge with their results not always reflecting their performances. However it's been great to see the club embracing the opportunity and expanding to run two teams to ensure an opportunity for all squad members by also having a team playing the Cornwall Womens League.

The Cornwall Womens league grew again this year and made a positive decision to split the league into two divisions. This has resulted in some fantastic competitive matches and although the divisions are currently small the opportunity to play in county cup and league cup competitions allow the opportunity for further competition and challenges. The league welcomed FXU as a new team and Newquay who have returned to play in the Cornwall Womens League after several seasons in the South West League. The league looks set to grow again next season with youth players reaching an age to play Womens football and further new teams being created. A huge thank you to all the coaches, managers, volunteers and those on the league committees give up their time to ensure the leagues to operate every week. I have enjoyed watching some of the games and will be out again in the New Year to see some more action!





Futsal County Cup

Sunday 3rd February 2019
Under 10's, 12's, 14's & 16's





5 aside (Squads up to 10)
Team entry £15
Regrettably only one team per age group
Venue: Sir Ben Ainslie Centre, Truro School
Time: age group times tbc
Entries by 1pm Friday 18th January 2019 to
corinne.winkworth@cornwallfa.com



The application window for clubs to apply to become a WILDCATS centre has been extended; if you would like to find out more please contact our Womens & Girls Development Officer, Vicky Fisher on vicky.fisher@cornwallfa.com

COMPETITION: HELP DESIGN OUR NEW SAFEGUARDING PAGE

In order to support and listen to our young players we will be launching a new area on our website designed specifically for young people offering support and information, including Safeguarding and how to stay safe in football.

We are asking young players to design a poster for the new page which will give information on; anti-bullying, staying safe online, who to talk to if you need help, videos and much more!

As part of the competition there is a fantastic prize on offer for the winner- a brand new pair of NIKE FOOTBALL BOOTS provided by [Pro:Direct Soccer](#)

Your poster will feature on the new page and needs to include;

1. A name for the page (ie kid's corner)
2. Lots of colour
3. A football themed design

Entries can be submitted by post or by email to;

POST: Cornwall FA, 15 Callywith Gate, Launceston Road, Bodmin, PL31 2RQ

EMAIL: claire.summers-evans@cornwallfa.com

**YOUTH PLAYERS IN CORNWALL,
WOULD YOU LIKE TO WIN A NEW
PAIR OF NIKE FOOTBALL BOOTS?**



Design a poster for a new page on Cornwall FA's website which will be just for youth players giving information on;

- Anti-Bullying
- Staying safe online
- Who to talk to if you need help
- Videos
- Plus much more!



HOW TO GET INVOLVED...

Your poster will feature on the new page and needs to include;

1. A name for the page (ie kid's corner)
2. Lots of colour
3. A football themed design

Entries can be submitted by post or by email to;

POST: Cornwall FA, 15 Callywith Gate, Launceston Road, Bodmin, PL31 2RQ

EMAIL: claire.summers-evans@cornwallfa.com



THE DEADLINE TO ENTER IS MONDAY 7TH JANUARY

Boots kindly provided by

PRO:DIRECT

Vicky Fisher (Womens, Girls & Disability Football Development Officer)

vicky.fisher@cornwallfa.com

01208 262986

<http://www.cornwallfa.com/players/women>



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