



For ALL



**STAYING CONNECTED WITH YOUR PLAYERS
IN LOCKDOWN 3.0**

HOUSEKEEPING

Please turn microphones off for now

Use 'Raise Hand' function if you want to ask a question or make a point

Use 'Chat Box' to ask questions, make points or answer any questions that we pose

This evening's presentation will be shared with you after the session

Our session this evening will not be providing CoVid specific information, so please continue to follow Government, CFA, league and your club's own guidance

CORNWALL COUNTY FA & FA GRASSROOTS DEVELOPMENT TEAM



Daniel Greenough
Senior FDO
Cornwall County FA

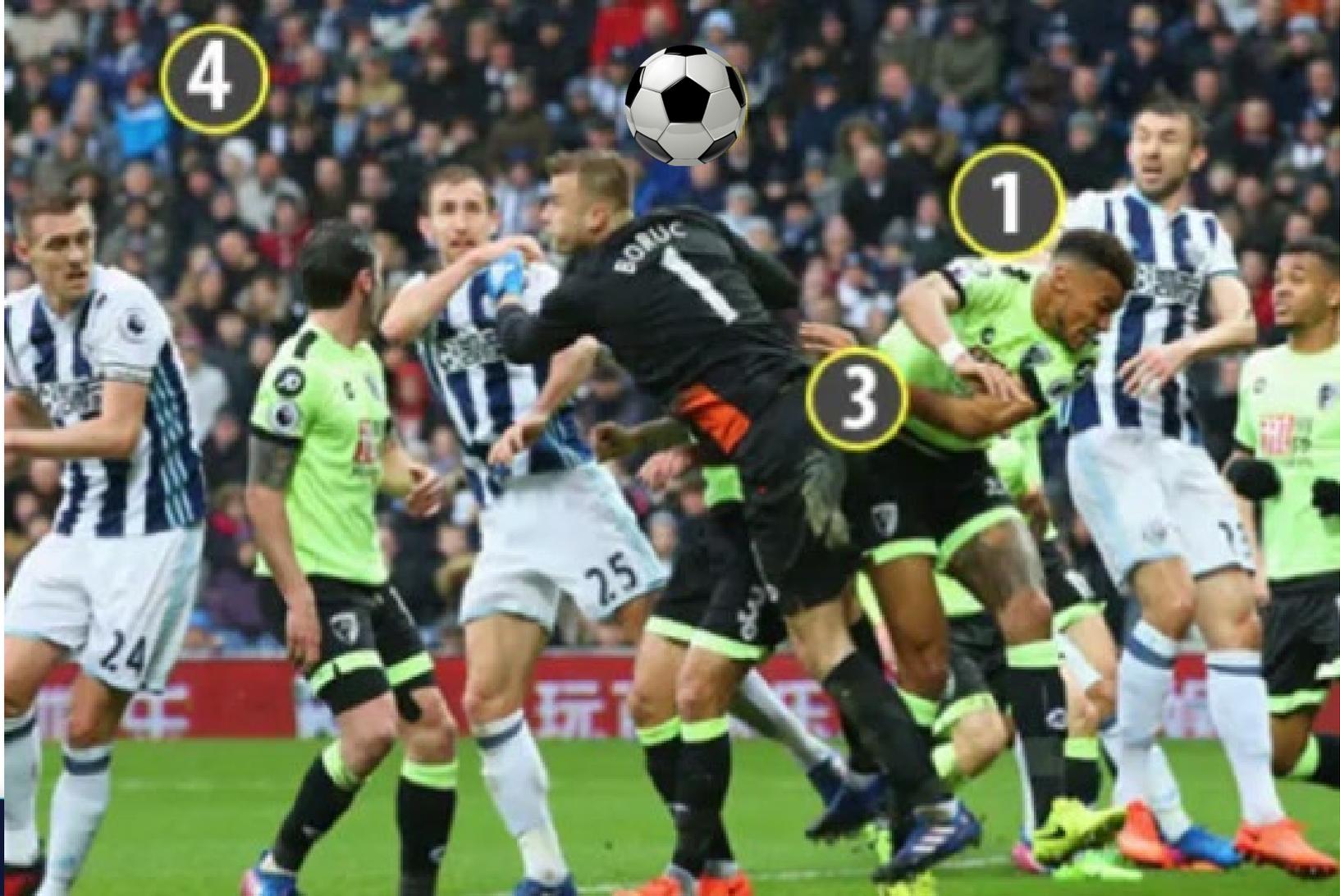


Martin Dighton
Coach Development Officer
(Women & Girls)



Vinny Halsall
PE Officer

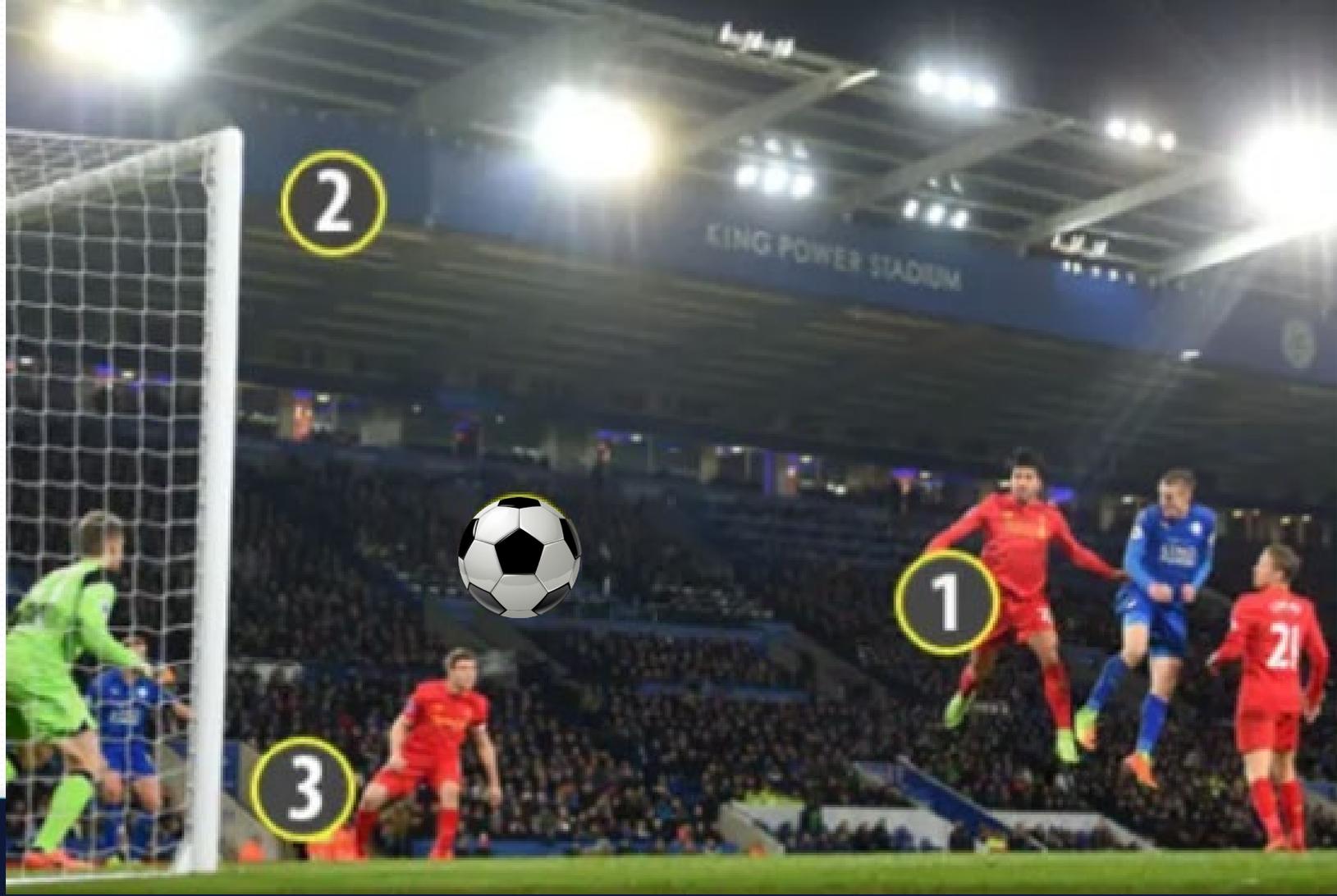














FA
RESPECT:
21 DAYS
OF
POSITIVITY



www.peaceplayers.org/about-ppi/



Note: When using any of these ideas, always follow safeguarding best practice. E.g., include parents and carers in all communication and get consent to use any imagery or video. To find out more, **click here.**

VIDEO CALLS WITH CHILDREN - SPECIFIC GUIDANCE FOR COACHES/MANAGERS

Online video calls are a great way for coaches/managers to keep in touch with players and other coaches, by providing training ideas, tips on keeping fit and skills challenges online. As a coach/manager, it's really important to keep appropriate boundaries in your digital space.

Please ensure you continue to apply the principles of your code of conduct and remember that as a coach/manager even when encouraging players/coaching online you remain in a 'relationship of trust'. Follow the procedures outlined below to help keep you and those you are supporting safe online.

Setting up

- Always work with groups, ensure you are inclusive when engaging with players;
- Wherever possible involve a second coach/manager or club official;
- All sessions online must be observable and interruptible;
- Where players are aged under 18, communications must go to parents/

carers to accept or decline the player's participation.

- Are there any individual player circumstances which may mean their involvement may not be possible? How might you ensure they still feel included as part of the team/club?

The environment when using video facilities

- The setting for the background should be in a neutral area, avoiding anything inappropriate being heard or seen. Some apps may offer customisation of avatars, usernames and customised virtual backgrounds. What you may use for personal use may be inappropriate to represent your club – so think about this and make any changes, before contacting anyone;
- Do not host the session from a bedroom;
- The background must not be blurred or obscured;
- Coaches/managers and players must wear suitable clothing, as should anyone else in the household. Ideally other members of the household should not be in view when running your session(s).

Session content

- The purpose of the session and what it will involve must be clearly outlined to all involved;
- All communication provided must have an educational or supportive purpose, or both;
- Language must be professional and appropriate. Please ensure any family members or others in the background also behave appropriately, if it is not possible for them to be out of view, and for them not to be heard during the session;
- Under no circumstances should any part of the session be recorded as this may create a potential risk of hacking by child sex offenders accessing recordings of sessions. The National Crime Agency (NCA), the NCA has identified the potential for an increase in online child sexual abuse during the Covid-19 pandemic;
- The session should be kept to a reasonable length of time, or the streaming may prevent the family 'getting on' with their day.

[Section 6 -
safeguarding in
the digital world
- Safeguarding |
The Football
Association
\(thefa.com\)](#)

[6-2-digital-
communications
-with-children-
colour-
version.pdf](#)

17 YEAR OLD SCORES FOR ASTON VILLA IN FA CUP

Monday Night Football

- Arrange a Zoom/Teams/WhatsApp call with the team**
- Find some footage on YouTube that demonstrates something you want the players to learn
- Share it with them before the call and ask for the players thoughts
- Run the call and ask the players to share and discuss their thoughts





Wonder Goal of The Week

- Set the challenge – create, score and celebrate the best goal possible at home or at the park
- Think big! Make use of sheds, walls, trees, family members, pets, fences etc.
- Get mum or dad to share** it on the team's group
- Players vote for the best one of the week
- The winner sets the skill for next week



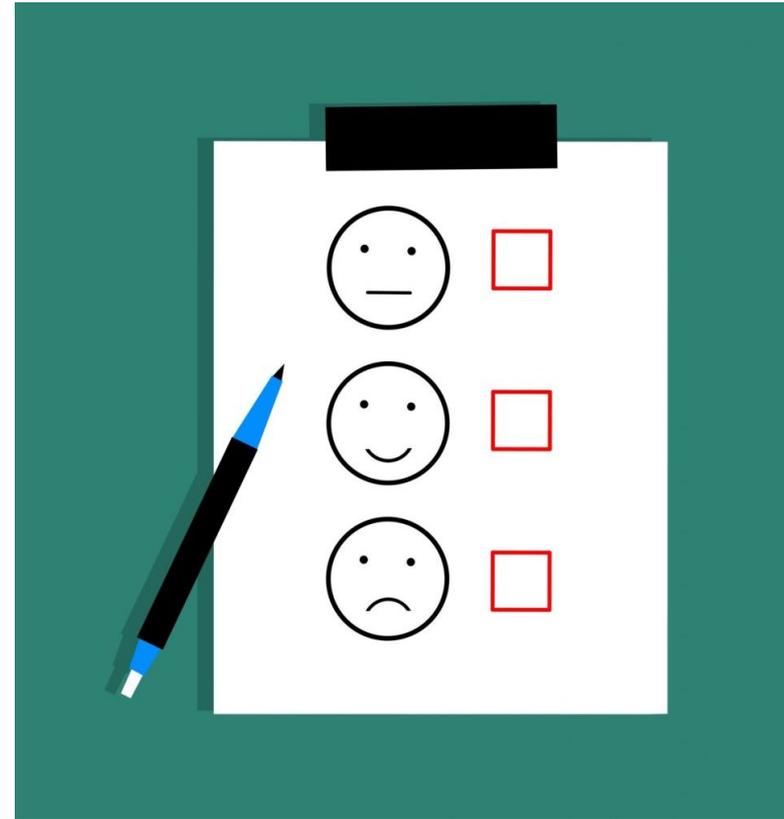
Skill of The Week

- Get them on YouTube
- Find a skill that they haven't done before and learn it at home or at the park
- Get mum or dad to video it (and their progress along the way)
- Get mum or dad to share** it on the team's group
- Players vote for the best one of the week
- The winner sets the skill for next week



Top 10 Challenge

- Create a list of 10 challenges for the players to do through the week
- Be creative and imaginative. No boring stuff!
- Ask the kids to complete as many as they can through the week. Could they create some of their own too?



Player Mastermind

- Create an online questionnaire to learn more about your players
 - What do they love about football?
 - What do they think of you as their coach?
 - What do they want to get better at?
- How do they want you to help them?
- Follow up the questionnaire with a Zoom call** with them and their parents to chat through their thoughts



Promoting Exercise

- This is not about issuing fitness sessions!
- It is about encouraging children to exercise
 - Put the players in groups and see which can walk or run the furthest each week – can they beat the coaches?!
 - Encourage them to create a fun footie activity, record and share next week

[HALSALL: 1v1 - 3 WAYS TO WIN](#)

In Summary...

- We may need the connection as much as the players
- Make sure you follow safeguarding good practice at all times
 - Use your imagination, be creative and exciting
- Do what's right for your players' age and stage of development

FA GRASSROOTS DEVELOPMENT TEAM CONTACT DETAILS



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NEXT STEPS

Be brave and have a go!

Keep learning whilst lockdown stops you working with your players:

<https://thebootroom.thefa.com/>

Sign up to FA Respect '21 Days of Positivity':

<https://www.thefa.com/get-involved/respect/21-days-of-positivity>

Contact Cornwall FA if you need any support with football matters:

<https://www.cornwallfa.com/about/meet-the-team>

Contact Lawrence, Martin or Vinny if you would like more information around how they might support you moving forward



[TheFA.com/Coach](https://www.thefa.com/Coach)